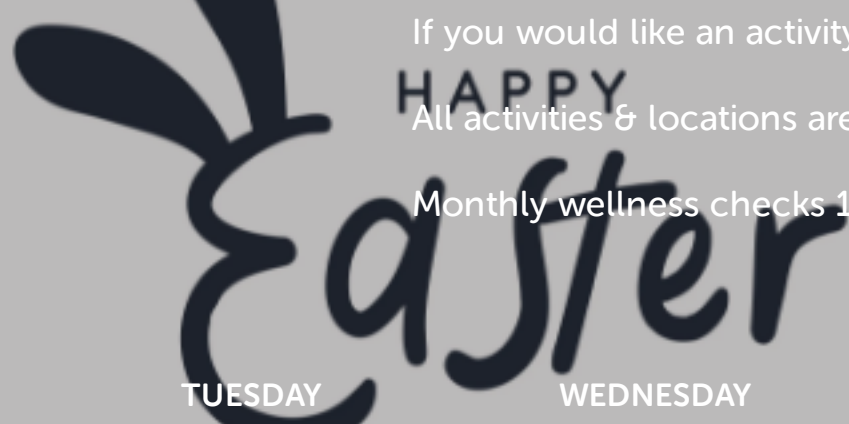




If you would like an activity/service not reflected on the calendar, please see the RSC/Administrator."

All activities & locations are subject to change:

Monthly wellness checks 1st thru the 7th



APRIL 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual



Open to the Public

- April 1 Coffee & Donuts 830a
- April 9 Easter Egg Hunt 2p
- April 13 Business after Business 2p-4
- April 11 Jellybean Guess (April 11-15)



- 01**
- 08:30 Coffee & Donuts with Friends ACT
  - 10:15 Country Store S
  - 01:00 Sittercise ACT
  - 02:00 Bingo ACT

- 02**
- 09:00 Heriage Woods Weekend Puzzle Packets ACT
  - 02:00 Resident Choice "Movie" 3rd
  - 03:00 Senior Steppers /Stay 6 feet apart OS

Meeting Places

- S Store
- CA Computer Area
- L Lobby
- ACT Activity Room
- 3rd Heritage Woods Theater 3rd Floor
- OS Outside
- RTR Room to Room
- O Outing
- LB Library

- 03**
- 07:00 Catholic Mass/TV CH 3 RTR
  - 11:00 Church Services /TV Ch 11 ACT
  - 02:00 Church Services with Paul ACT

- 04**
- 10:00 Camilla's Closet(Sign up) O
  - 02:30 Easter Crafts ACT
  - 04:00 Milk and Bread Delivery (sign up for delivery) RTR
  - 06:30 Wheel of Fortune/TV L

- 05**
- 10:15 Country Store S
  - 01:00 Sittercise ACT
  - 02:00 AseraCare Hospice Bingo ACT
  - 06:30 Wheel of Fortune/TV L

- 06**
- 10:00 Nail Care (Bring your own Clippers ) ACT
  - 11:00 Golden Corral O
  - 02:15 Computer/Tablet Class CA
  - 06:30 Wheel of Fortune/TV L

- 07**
- All Day Doctor's Appointments
  - 01:30 Menu Chat ACT
  - 02:00 Sittercise ACT
  - 03:00 Bible Study with Friends ACT
  - 06:30 Wheel of Fortune/TV L

- 08**
- 10:00 The Home Good Store S
  - 01:00 Sittercise ACT
  - 02:00 Bingo ACT
  - 03:15 Country Store S
  - 06:30 Wheel of Fortune/TV L

- 09**
- 09:00 Heriage Woods Weekend Puzzle Packets ACT
  - 02:00 Easter Egg Hunt OS
  - 03:00 Senior Steppers /Stay 6 feet apart OS

- 10**
- 07:00 Catholic Mass/TV CH 3 RTR
  - 11:00 Church Services /TV Ch 11 ACT
  - 02:00 Church Services with Paul ACT

- 11**
- 10:00 New Dollar Tree(Sign up) O
  - 02:00 Resident Council ACT
  - 06:00 Let's Play Scrambled Eggs ACT

- 12**
- 10:15 Country Store S
  - 01:00 Sittercise ACT
  - 02:00 Horizons Home Health Bingo ACT
  - 06:30 Wheel of Fortune/TV L

- 13**
- 10:00 Dying Easter Eggs ACT
  - 02:00 April Birthday Party ACT
  - 06:30 Wheel of Fortune/TV L

- 14**
- All Day Doctor's Appointments
  - 10:00 Bible Study with Nasayra ACT
  - 02:00 Sittercise ACT
  - 06:30 Wheel of Fortune/TV L

- 15 Night of Passover**
- 09:30 Health Pro -Heritage ACT
  - 10:15 Country Store S
  - 01:00 Sittercise ACT
  - 02:00 Bingo ACT
  - 06:30 Wheel of Fortune/TV L

- 16 Passover**
- 10:00 Easter Egg Toss L
  - 01:30 Walmart (Sign up) L
  - 03:00 Senior Steppers /Stay 6 feet apart OS

- 17 Easter / Passover**
- 07:00 Catholic Mass/TV CH 3 RTR
  - 11:00 Church Services /TV Ch 11 ACT
  - 02:00 Church Services with Paul ACT

- 18 Passover**
- 10:00 Senior Steppers /Stay 6 feet apart L
  - 02:00 Check out a Book (Library 2nd Floor) LB
  - 06:30 Wheel of Fortune/TV L

- 19 Passover**
- 10:15 Country Store S
  - 01:00 Sittercise ACT
  - 02:00 Bingo ACT
  - 04:00 Milk and Bread Delivery (sign up) RTR
  - 06:30 Wheel of Fortune/TV L

- 20 Passover**
- 10:00 April Trivia ACT
  - 11:00 Grand Buffet (sign Up) O
  - 02:30 Left ,Right, Center Game ACT
  - 06:30 Wheel of Fortune/TV L

- 21 Passover**
- All Day Doctor's Appointments
  - 02:00 Southern Care Hospice Sittercise ACT
  - 03:00 Bible Study with Friends ACT
  - 06:30 Wheel of Fortune/TV L

- 22 Passover**
- 10:15 Country Store S
  - 01:00 Sittercise ACT
  - 02:00 Bingo ACT
  - 06:30 Wheel of Fortune/TV L

- 23 Passover**
- 09:00 Heriage Woods Weekend Puzzle Packets ACT
  - 02:00 Resident Choice "Movie" 3rd
  - 03:00 Senior Steppers /Stay 6 feet apart OS

- 24**
- 07:00 Catholic Mass/TV CH 3 RTR
  - 11:00 Church Services /TV Ch 11 ACT
  - 02:00 Church Services with Paul ACT

- 25**
- 10:00 April Hangman ACT
  - 01:30 Walmart (Sign up) O
  - 06:30 Wheel of Fortune/TV L

- 26**
- 10:15 Country Store S
  - 01:00 Sittercise ACT
  - 02:00 Bingo ACT
  - 06:30 Wheel of Fortune/TV L

- 27 Night of Yom Hashoah**
- 10:00 Card Lotto ACT
  - 11:15 Red Lobster(sign Up) O
  - 02:30 Let's Play Keno ACT
  - 06:30 Wheel of Fortune/TV L

- 28 Yom Hashoah**
- All Day Doctor's Appointments
  - 02:00 Sittercise ACT
  - 03:00 Bible Study with Friends ACT
  - 06:30 Wheel of Fortune/TV L

- 29**
- 10:15 Country Store S
  - 01:00 Sittercise ACT
  - 02:00 Bingo ACT
  - 06:30 Wheel of Fortune/TV L

- 30**
- 09:00 Heriage Woods Weekend Puzzle Packets ACT
  - 02:00 Resident Choice "Movie" 3rd
  - 03:00 Senior Steppers /Stay 6 feet apart OS

*Please wear your mask whenever you are out of your apartment.*

*Thank you for your patience at this time!*