

If you would like a service/activity not reflected on the calendar, see RSC/Administrator, Activities are subject to change.

Monthly Nursing Wellness Checks 1st-10th



# MERRY CHRISTMAS



DECEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Dimensions of Wellness**

- Physical
- Spiritual
- Social
- Intellectual
- Nutritional
- Purposeful

**Meeting Places**

- ML Main Lobby
- EB Entire Building
- CS Country Store
- AR Activity Room
- DR Dining Room

**December Birthday's**

Phyllis R 12/5

Janet C 12/9

Chris M 12/10

Sharon F 12/18

Kathy G 12/20

Marilyn C 12/7

<p>We would love to see all of our residents families on Christmas Day for our first annual Reindeer Games on Christmas Day! Please bring your smiles and your best Christmas attire!</p>			<p><b>Hanukkah 01</b></p> <p>09:30  Deck the Halls (all day activities) EB</p> <p>01:00  Tree decorating EB</p> <p>03:00  Country Store CS</p>	<p><b>Hanukkah 02</b></p> <p>10:00  Shopping Day ML</p> <p>01:00  Exercise \$\$ AR</p> <p>02:00  Bingo \$\$ DR</p>	<p><b>Hanukkah 03</b></p> <p>09:30  Exercise \$\$ AR</p> <p>02:00  Resident council \$\$ AR</p> <p>03:00  Country Store CS</p>	<p><b>Hanukkah 04</b></p> <p>09:00  Mobile Activity Cart-puzzles &amp; activity packets EB</p> <p>12:00  Independent TV of Choice EB</p>
<p><b>Hanukkah 05</b></p> <p>09:00  Channel 3 "In Touch" EB</p> <p>12:00  Independent TV of Choice EB</p> <p>06:30  Singing with Lori Showers DR</p>	<p><b>Hanukkah 06</b></p> <p>09:30  Exercise \$\$ AR</p> <p>02:00  Bingo \$\$ DR</p> <p>03:00  Country Store CS</p>	<p><b>07</b></p> <p>09:00  Transportation to MD appointments (until 2:00pm) ML</p> <p>01:00  Door decorating EB</p>	<p><b>08</b></p> <p>09:30  Exercise \$\$ AR</p> <p>01:00  Christmas cookie decorating AR</p> <p>03:00  Country Store CS</p>	<p><b>09</b></p> <p>10:00  Shopping Day ML</p> <p>02:00  Bingo \$\$ DR</p> <p>06:30  Christmas Lights ML</p>	<p><b>10</b></p> <p>09:30  Exercise \$\$ AR</p> <p>02:00  Making ornaments AR</p> <p>03:00  Country Store CS</p>	<p><b>11</b></p> <p>09:00  Mobile Activity Cart-puzzles &amp; activity packets EB</p> <p>12:00  Independent TV of Choice EB</p>
<p><b>12</b></p> <p>09:00  Channel 3 "In Touch" EB</p> <p>12:00  Independent TV of Choice EB</p> <p>06:30  Bible Study with Roger AR</p>	<p><b>13</b></p> <p>09:30  Exercise \$\$ AR</p> <p>02:00  Christmas bingo DR</p> <p>03:00  Country Store CS</p>	<p><b>14</b></p> <p>09:00  Transportation to MD appointments (until 2:00pm) ML</p> <p>06:30  Christmas Lights ML</p>	<p><b>15</b></p> <p>09:30  Exercise \$\$ AR</p> <p>02:00  Christmas Cookies and Cocktails AR</p> <p>03:00  Country Store CS</p>	<p><b>16</b></p> <p>10:00  Shopping Day ML</p> <p>01:00  Exercise \$\$ AR</p> <p>02:00  Bingo Sponsored by Nature Trail DR</p>	<p><b>17</b></p> <p>08:00  Wear your Ugly Christmas Sweater! EB</p> <p>09:30  Exercise \$\$ AR</p> <p>02:00  Christmas Sweater Judging ML</p> <p>03:00  Country Store CS</p>	<p><b>18</b></p> <p>09:00  Mobile Activity Cart-puzzles &amp; activity packets EB</p> <p>12:00  Independent TV of Choice EB</p> <p>06:30  Singing with Lori Showers DR</p>
<p><b>19</b></p> <p>09:00  Channel 3 "In Touch" EB</p> <p>12:00  Independent TV of Choice EB</p> <p>06:30  Bible Study with Roger AR</p>	<p><b>20</b></p> <p>09:30  Exercise \$\$ AR</p> <p>02:00  Bingo \$\$ DR</p> <p>03:00  Country Store CS</p>	<p><b>21</b></p> <p>08:00  "I think I hear Santa" EB</p> <p>09:00  Transportation to MD appointments (until 2:00pm) ML</p> <p>02:00  Christmas Party DR</p>	<p><b>22</b></p> <p>09:30  Exercise \$\$ AR</p> <p>02:00  Lets make smoothie's AR</p> <p>03:00  Country Store CS</p>	<p><b>23</b></p> <p>10:00  Shopping Day ML</p> <p>01:00  Exercise \$\$ AR</p> <p>02:00  Bingo \$\$ DR</p>	<p><b>24</b></p> <p>10:00  Memory Lane AR</p> <p>02:00  Christmas Caroling (Central Christian Church) EB</p> <p>03:00  Country Store CS</p>	<p><b>Christmas Day 25</b></p> <p>09:00  Mobile Activity Cart-puzzles &amp; activity packets EB</p> <p>10:00  Reindeer games! AR</p> <p>12:00  Independent TV of Choice EB</p> <p>06:30  "White Christmas" Movie and popcorn DR</p>
<p><b>26</b></p> <p>09:00  Channel 3 "In Touch" EB</p> <p>12:00  Independent TV of Choice EB</p> <p>06:30  Bible Study with Roger AR</p>	<p><b>27</b></p> <p>09:30  Exercise \$\$ AR</p> <p>02:00  Bingo \$\$ DR</p> <p>03:00  Country Store CS</p>	<p><b>28</b></p> <p>09:00  Transportation to MD appointments (until 2:00pm) ML</p> <p>02:00  Holiday Birthday Bash! DR</p>	<p><b>29</b></p> <p>09:30  Exercise \$\$ AR</p> <p>02:00  Crafts with Daisy AR</p> <p>03:00  Country Store CS</p>	<p><b>30</b></p> <p>10:00  Shopping Day ML</p> <p>01:00  Exercise \$\$ AR</p> <p>02:00  Bingo \$\$ DR</p>	<p><b>31</b></p> <p>09:30  Exercise \$\$ AR</p> <p>02:00  Bringing in the New Year (sparkling cinder and snacks) AR</p> <p>03:00  Country Store CS</p>	

