

FEBRUARY 2024

SUNDAY

MONDAY

TUESDAY








WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual

Meeting Places

- AR

Activity Room
- ML

Main Lobby
- CS

Country Store
- EB

Entire Building
- DR

Dining Room

If you would like to see an activity/ service not reflected, please see RSC or Administrator. Activities are subject to change!

Wellness checks will be conducted the 1st thru the 10th of every month


Open to public-


Glo bingo-2/16 @ 6:30pm


Birthday Party-2/29 @ 2pm



01

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$


1:00  Walmart trip


AR


AR


ML

02

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$

1:30  Valentines day craft \$\$


3:00  Country Store


AR

AR

CS

03


12:00  Independent Games and puzzles


7:00  Independent TV of Choice

AR

EB

04


7:00  Independent Games and puzzles


12:00  Independent TV of Choice


AR

EB

05

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$


2:00  Bingo \$\$


AR


AR


DR


06

9:30  Dr appointments

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$

1:00  Dr. Appointmnents

2:00  Communion with Presbyterian chuch

ML


AR


AR


ML


AR


07

10:00  Exercise \$\$

10:00  Public library will be here

11:00  Explore the IN2L system! \$\$

1:30  Painting \$\$

6:00  Bible Study with Curt

AR


ML


AR


AR

AR

08

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$


12:30  Thrift store in Flora, (weather permitting)


AR


AR


ML

09

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$

2:00  Bingo \$\$

3:00  Country Store

AR

AR

CS

10


12:00  Independent Games and puzzles


7:00  Independent TV of Choice


AR

EB

11

7:00  Independent Games and puzzles

12:00  Independent TV of Choice


6:30  Super Bowl Party!!


AR


EB


DR

12

8:00  Find Cupid!

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$

2:00  Bingo \$\$


EB


AR


AR


DR


13


12:00  Make a King cake for Mardi Gras, (Times will be Posted)

8:00  Find Cupid!

9:30  Dr appointments

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$

1:00  Dr. Appointmnents

AR

EB


ML


AR


AR

ML


Valentine's Day 14


8:00  Find Cupid!

10:00  Exercise \$\$

10:00  Public library will be here

11:00  Explore the IN2L system! \$\$

2:00  Valentines party/Happy hour(King & Queen)

6:00  Bible Study with Curt

EB

AR


ML


AR


DR


AR

15

8:00  Find Cupid!

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$

1:00  Kroger Trip

EB

AR

AR

ML

16

8:00  Find Cupid!

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$

1:30  Indoor Games \$\$

3:00  Country Store

6:30  Glo Bingo

EB

AR

AR

AR

CS

DR

17

12:00  Independent Games and puzzles

7:00  Independent TV of Choice

AR

EB

18


7:00  Independent Games and puzzles


12:00  Independent TV of Choice


AR

EB

President's Day 19

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$


2:00  Bingo \$\$


AR


AR


DR

20

9:30  Dr appointments

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$

1:00  Dr. Appointmnents


ML


AR


AR


ML


21


10:00  Exercise \$\$

10:00  Public library will be here

11:00  Explore the IN2L system! \$\$

1:00  Cross Roads Cardiology Dept. (here)

2:00  Food Council Meeting

6:00  Bible Study with Curt

AR

ML


AR


AR


DR


AR

22

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$

1:00  Dollar Tree Trip

6:30  Bingo with the Presbyterian church


AR


AR


ML


DR

23

10:00  Exercise \$\$

11:00  Make your own lunch. (pizza & Calzones) must sign up to participate

11:00  Explore the IN2L system! \$\$

3:00  Country Store

AR

AR

AR

CS

24

12:00  Independent Games and puzzles

7:00  Independent TV of Choice

AR

EB

25

7:00  Independent Games and puzzles

12:00  Independent TV of Choice

AR

EB

26

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$

2:00  Bingo \$\$

3:00  Country Store


AR


AR


DR


CS

27

9:30  Dr appointments

10:00  Exercise \$\$

11:00  Explore the IN2L system! \$\$

1:00  Dr. Appointmnents


ML


AR


AR

ML


28


10:00  Exercise \$\$

10:00  Public library will be here

11:00  Explore the IN2L system! \$\$

1:00  Resident Council Meeting

2:00  New found Ministries

6:00  Bible Study with Curt

AR

ML


AR


AR


ML


AR

29

10:00  Exercise \$\$

10:30  Dollar General Trip

11:00  Explore the IN2L system! \$\$

2:00  Birthday party and Raffle Drawing!

AR

ML

AR

DR



29

12:00  Independent Games and puzzles

7:00  Independent TV of Choice

AR

EB