










October 2021

Heritage Woods of Moline

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6
<p>Open to the Public Event: October 27th at 6:00pm- Safe Trick or Treat</p>					<p style="text-align: center;">1</p> <p>👤 10:00am Dollar Tree Store "must sign-up", <i>lby</i> 👤 2:00pm Happy Hour, <i>Dining Room</i> 🏃 3:00pm Exercise Class, <i>Activity Room</i></p>	<p style="text-align: center;">2</p> <p>👤 9:30am Word Search, <i>YA</i> 👤 1:30pm Adult Coloring, <i>YA</i></p>
<p>🕒 10:00am Heritage Church Service Channel 6, <i>YA</i> 👤 10:00am Resident Choice, <i>Activity Room</i></p>	<p>👤 10:00am Manicures with Amy, <i>Activity Room</i> 👤 2:00pm Bingo, <i>Dining Room</i> 🏃 3:00pm Exercise Class, <i>Dining Room</i></p>	<p>🕒 9:00am Transport Doctor Day, <i>lby</i> 🏃 10:00am Country Store, <i>Activity Room</i> 🏃 1:30pm Smart Buck Walk, <i>lby</i></p>	<p>👤 10:00am Resident Council, <i>Dining Room</i> 👤 12:00pm Chinese Lunch-in \$5.00 per person must sign-up, <i>Activity Room</i> 🏃 3:00pm Yoga, <i>Dining Room</i></p>	<p>🕒 9:00am Transport Doctor Day, <i>lby</i> 🏃 10:00am Country Store, <i>Activity Room</i> 👤 2:00pm Bingo, <i>Dining Room</i></p>	<p>👤 12:00am Happy Hour, <i>Dining Room</i> 👤 10:00am Cinnamon Rolls and Coffee, <i>Activity Room</i> 🏃 3:00pm Exercise Class, <i>Activity Room</i></p>	<p>👤 9:30am Word Search, <i>YA</i> 👤 1:30pm Adult Coloring, <i>YA</i></p>
<p>🕒 10:00am Heritage Church Service Channel 6, <i>YA</i> 👤 10:00am Resident Choice, <i>Activity Room</i></p>	<p>👤 10:00am Manicures with Amy, <i>Activity Room</i> 👤 2:00pm Blackjack, <i>Activity Room</i> 🏃 3:00pm Exercise Class, <i>Dining Room</i></p>	<p>🕒 9:00am Transport Doctor Day, <i>lby</i> 🏃 10:00am Country Store, <i>Activity Room</i> 🏃 1:30pm Smart Buck Walk, <i>lby</i></p>	<p>👤 10:00am Food Committee, <i>Dining Room</i> 👤 2:00pm Drive and Ice-cream, <i>lby</i> 🏃 3:00pm Yoga, <i>Dining Room</i></p>	<p>🕒 9:00am Transport Doctor Day, <i>lby</i> 🏃 10:00am Country Store, <i>Activity Room</i> 👤 2:00pm Bingo, <i>Dining Room</i></p>	<p>👤 10:00am Planning the calendar with Amy, <i>Activity Room</i> 👤 1:00pm Shady Knoll Farm Pumpkin Patch Trip, <i>lby</i> 🏃 3:00pm Exercise Class, <i>Activity Room</i></p>	<p>👤 9:30am Word Search, <i>YA</i> 👤 1:30pm Adult Coloring, <i>YA</i></p>
<p>🕒 10:00am Heritage Church Service Channel 6, <i>YA</i> 👤 10:00am Resident Choice, <i>Activity Room</i></p>	<p>👤 10:00am Manicures with Amy, <i>Activity Room</i> 👤 2:00pm Smore's on the Patio 🏃 3:00pm Exercise Class, <i>Dining Room</i></p>	<p>🕒 9:00am Transport Doctor Day, <i>lby</i> 🏃 10:00am Country Store, <i>Activity Room</i> 🏃 1:30pm Smart Buck Walk, <i>lby</i></p>	<p>👤 10:00am Poker Run, <i>Activity Room</i> 👤 2:00pm Pumpkin Painting Contest, <i>Dining Room</i> 🏃 3:00pm Yoga, <i>Dining Room</i></p>	<p>🕒 9:00am Transport Doctor Day, <i>lby</i> 🏃 10:00am Country Store, <i>Activity Room</i> 👤 2:00pm Bingo, <i>Dining Room</i></p>	<p>👤 10:00am Making Homemade Pumpkin Butter, <i>Activity Room</i> 👤 2:00pm Pumpkin Painting Contest Winner Announcement, <i>Dining Room</i> 🏃 3:00pm Exercise Class, <i>Activity Room</i></p>	<p>👤 9:30am Word Search, <i>YA</i> 👤 1:30pm Adult Coloring, <i>YA</i></p>
<p>🕒 10:00am Heritage Church Service Channel 6, <i>YA</i> 👤 10:00am Resident Choice, <i>Activity Room</i></p>	<p>👤 10:00am Manicures with Amy, <i>Activity Room</i> 👤 2:00pm Bagging Halloween Candy, <i>Activity Room</i> 🏃 3:00pm Exercise Class, <i>Dining Room</i></p>	<p>🕒 9:00am Transport Doctor Day, <i>lby</i> 🏃 10:00am Country Store, <i>Activity Room</i> 🏃 1:30pm Smart Buck Walk, <i>lby</i></p>	<p>👤 10:00am Wellness Checks & Exercise, <i>Activity Room</i> 🏃 3:00pm Yoga, <i>Dining Room</i> 👤 6:00pm Safe Trick or Treat "Open to Public", <i>outdoors</i></p>	<p>🕒 9:00am Transport Doctor Day, <i>lby</i> 🏃 10:00am Country Store, <i>Activity Room</i> 👤 2:00pm Halloween Bingo, <i>Dining Room</i></p>	<p>👤 10:00am Donut's & Coffee, <i>Activity Room</i> 👤 2:00pm Halloween/Birthday Party Make sure to dress up, <i>Dining Room</i> 🏃 3:00pm Exercise Class, <i>Activity Room</i></p>	<p>👤 9:30am Word Search, <i>YA</i> 👤 1:30pm Adult Coloring, <i>YA</i></p>
<p>🕒 10:00am Heritage Church Service Channel 6, <i>YA</i> 👤 10:00am Resident Choice, <i>Activity Room</i></p>		<p>If you would like to request a activity/service not reflected on the calendar, please notify the RSC or Administrator. Activities are subject to change.</p>		<p>MEETING PLACES</p> <p><i>lby</i> - Lobby <i>YA</i> - Your Apartment <i>DR</i> - dining room <i>AR</i> - activity room</p>	<p>DIMENSIONS OF WELLNESS</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  Physical  Social  Nutritional </div> <div style="text-align: center;">  Spiritual  Intellectual  Purposeful </div> </div>	