

September 2021

Heritage Woods of Moline

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Open to the public:</p> <p>9/6- 2:00pm- Red, White and Blue Bingo</p> <p>9/29- 2:00pm- Party on the Patio</p>	<p style="color: red; font-weight: bold; font-size: 1.2em;">HAPPY</p> <p style="font-size: 3em; color: blue; font-family: cursive;">Labor Day</p>		<p style="text-align: center;">1</p> <p> 10:00am Resident Council, Dining Room</p> <p> 1:30pm Drive & Ice-cream, Iby</p> <p> 3:00pm Yoga, Dining Room</p> <p> 5:45pm Backwater Gamblers Ski Show, Iby</p>	<p style="text-align: center;">2</p> <p>9:00am Transport Doctor Day, Iby</p> <p> 10:00am Country Store, Activity Room</p> <p> 2:00pm Bingo, Dining Room</p>	<p style="text-align: center;">3</p> <p> 10:00am Dollar Tree Store "must sign-up", Iby</p> <p> 2:00pm Happy Hour, Dining Room</p> <p> 3:00pm Exercise Class, Activity Room</p>	<p style="text-align: center;">4</p> <p> 9:30am Word Search, YA</p> <p> 1:30pm Adult Coloring, YA</p>
5	6	7	8	9	10	11
<p> 10:00am Heritage Church Service Channel 6, YA</p> <p> 10:00am Resident Choice, Activity Room</p>	<p> 10:00am Labor Day Word Search, Activity Room</p> <p> 2:00pm Red, White and Blue Bingo, Dining Room</p> <p> 3:00pm Exercise Class, Dining Room</p>	<p>9:00am Transport Doctor Day, Iby</p> <p> 10:00am Country Store, Activity Room</p> <p> 1:30pm Smart Buck Walk, Iby</p>	<p> 10:00am Food Committee, Dining Room</p> <p> 2:00pm Line Dancing Class "Cowboy Hustle", Dining Room</p> <p> 3:00pm Yoga, Dining Room</p>	<p>9:00am Transport Doctor Day, Iby</p> <p> 10:00am Country Store, Activity Room</p> <p> 2:00pm Bingo, Dining Room</p>	<p> 12:00am Picnic by the Mississippi River "must sign-up", Iby</p> <p> 9:30am Cinnamon Rolls and Coffee, Activity Room</p> <p> 3:00pm Exercise Class, Activity Room</p>	<p> 9:30am Word Search, YA</p> <p> 1:30pm Adult Coloring, YA</p>
12	13	14	15	16	17	18
<p> 10:00am Heritage Church Service Channel 6, YA</p> <p> 10:00-11:00- Grand Parents Day Celebration, Activity Room</p>	<p> 10:00am Manicures with Amy, Activity Room</p> <p> 1:30pm Movie & Popcorn "Dennis the Menace", Dining Room</p> <p> 3:00pm Exercise Class, Dining Room</p>	<p>9:00am Transport Doctor Day, Iby</p> <p> 10:00am Country Store, Activity Room</p> <p> 1:30pm Smart Buck Walk, Iby</p>	<p> 10:00am Cranium Crunches, Activity Room</p> <p> 12:00pm Chinese Lunch-in \$5.00 per person must sign-up, Activity Room</p> <p> 3:00pm Yoga, Dining Room</p>	<p>9:00am Transport Doctor Day, Iby</p> <p> 10:00am Country Store, Activity Room</p> <p> 2:00pm Bingo, Dining Room</p>	<p> 10:00am Hy-Vee "outing" must sign-up, Iby</p> <p> 2:00pm Happy Hour, Dining Room</p> <p> 3:00pm Exercise Class, Activity Room</p>	<p> 9:30am Word Search, YA</p> <p> 1:30pm Adult Coloring, YA</p>
19	20	21	22	23	24	25
<p> 10:00am Heritage Church Service Channel 6, YA</p> <p> 10:00am Resident Choice, Activity Room</p>	<p> 10:00am Manicures with Amy, Activity Room</p> <p> 2:00pm Autumn Craft project, Activity Room</p> <p> 3:00pm Exercise Class, Dining Room</p>	<p>9:00am Transport Doctor Day, Iby</p> <p> 10:00am Country Store, Activity Room</p> <p> 1:30pm Smart Buck Walk, Iby</p>	<p> 10:00am Blackjack, Activity Room</p> <p> 2:00pm Ice-cream Cone Day, Dining Room</p> <p> 3:00pm Yoga, Dining Room</p>	<p>9:00am Transport Doctor Day, Iby</p> <p> 10:00am Country Store, Activity Room</p> <p> 2:00pm Bingo, Dining Room</p>	<p> 10:00am Donut's & Coffee, Activity Room</p> <p> 2:00pm Bags Game, PA</p> <p> 3:00pm Exercise Class, Activity Room</p>	<p> 9:30am Word Search, YA</p> <p> 1:30pm Adult Coloring, YA</p>
26	27	28	29	30	MEETING PLACES	DIMENSIONS OF WELLNESS
<p> 10:00am Heritage Church Service Channel 6, YA</p> <p> 10:00am Resident Choice, Activity Room</p>	<p> 10:00am Manicures with Amy, Activity Room</p> <p> 2:00pm Candy Game, Activity Room</p> <p> 3:00pm Exercise Class, Dining Room</p>	<p>9:00am Transport Doctor Day, Iby</p> <p> 10:00am Country Store, Activity Room</p> <p> 1:30pm Smart Buck Walk, Iby</p>	<p> 10:00am Wellness Checks & Exercise, Activity Room</p> <p> 2:00pm Party on the Patio with Entertainment "open to public", PA</p> <p> 3:00pm Yoga, Dining Room</p>	<p>9:00am Transport Doctor Day, Iby</p> <p> 10:00am Country Store, Activity Room</p> <p> 2:00pm Bingo, Dining Room</p>	<p>Iby - Lobby</p> <p>YA - Your Apartment</p> <p>PA - Patio</p> <p>If you would like to request a activity/service not reflected on the calendar, please notify the RSC or Administrator. Activities are subject to change.</p>	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> Physical Social Nutritional </div> <div style="text-align: center;"> Spiritual Intellectual Purposeful </div> </div>