

May 2021

Heritage Woods of Moline

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						Please bring your own supplies for manicures. Thank you!! Please remember you must wear a mask to all activities.
2	3	4	5	6	7	8
10:00am Heritage Church Service Channel 6, YA 10:00am Resident Choice, Activity Room	10:00am Manicures, Activity Room 2:00pm Bingo, Dining Room 3:00pm Exercise Class, Dining Room	9:00am Transport Doctor Day, lby 10:00am Country Store, Activity Room 1:30pm Smart Buck Walk, lby	10:00am Resident Council, Dining Room 2:00pm Cinco de Mayo Party, Dining Room 3:00pm Yoga Class, Dining Room	9:00am Transport Doctor Day, lby 10:00am Country Store, Activity Room 1:45pm Bingo, Dining Room	10:00am Donut's & Coffee, Activity Room 2:00pm Milky Way Day Shakes, Dining Room 3:00pm Exercise Class, Activity Room	9:30am Word Search, YA 1:30pm Adult Coloring, YA
9	10	11	12	13	14	15
10:00am Mother's Day Celebration, Dining Room 10:00am Heritage Church Service Channel 6, YA	10:00am High Low Game, Activity Room 2:00pm Bingo, Dining Room 3:00pm Exercise Class, Dining Room	9:00am Transport Doctor Day, lby 10:00am Country Store, Activity Room 1:30pm Smart Buck Walk, lby	10:00am Manicures, Activity Room 2:00pm Planning the Calendar, Activity Room 3:00pm Yoga Class, Dining Room	9:00am Transport Doctor Day, lby 10:00am Country Store, Activity Room 1:45pm Bingo, Dining Room	10:00am Cinnamon rolls & coffee, Activity Room 1:45pm Happy Hour & Music, Dining Room 3:00pm Exercise Class, Activity Room	9:30am Word Search, YA 1:30pm Adult Coloring, YA
16	17	18	19	20	21	22
10:00am Heritage Church Service Channel 6, YA 10:00am Resident Choice, Activity Room	10:00am Manicures, Activity Room 2:00pm National "A Berry Nice Day", Dining Room 3:00pm Exercise Class, Dining Room	9:00am Transport Doctor Day, lby 10:00am Country Store, Activity Room 1:30pm Smart Buck Walk, lby	10:00am Food Committee, Dining Room 2:00pm Ice-cream in the House Day, Dining Room 3:00pm Yoga Class, Dining Room	9:00am Transport Doctor Day, lby 10:00am Country Store, Activity Room 1:45pm Bingo, Dining Room	10:00am Fresh Fruit Parfaits, Activity Room 2:00pm Planting Flowers on back Patio, Dining Room 3:00pm Exercise Class, Dining Room	9:30am Word Search, YA 1:30pm Adult Coloring, YA
23	24	25	26	27	28	29
10:00am Heritage Church Service Channel 6, YA 10:00am Resident Choice, Activity Room	10:00am Manicures, Activity Room 1:30pm Back Yard Games, lby 3:00pm Exercise Class, Dining Room	9:00am Transport Doctor Day, lby 10:00am Country Store, Activity Room 1:30pm Smart Buck Walk, lby	10:30am Wellness Checks, Activity Room 1:45pm National Senior Health & Fitness Day, lby 3:00pm Yoga Class, Dining Room	9:00am Transport Doctor Day, lby 10:00am Country Store, Activity Room 1:45pm Bingo, Dining Room	10:00am Turnover & coffee, Activity Room 2:00pm Happy Hour & Music, Dining Room 3:00pm Exercise Class, Activity Room	9:30am Word Search, YA 1:30pm Adult Coloring, YA
30	31			MEETING PLACES YA - Your Apartment lby - Lobby AR- Activity Room DR- Dining Room		DIMENSIONS OF WELLNESS 
10:00am Heritage Church Service Channel 6, YA 10:00am Resident Choice, Activity Room	10:00am Manicures, Activity Room 2:00pm Red, White & Blue Bingo, Dining Room 3:00pm Exercise Class, Dining Room	If you would like to request and activity/service not reflected on the calendar, please notify the RSC or Administrator. Activities are subject to change.				