



# April 2021

Heritage Woods of Moline

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MEETING PLACES</b> lby - Lobby YA - Your Apartment DR- Dining room AR- Activity Room If you would like to request and activity/service not reflected on the calendar, please notify the RSC or Administrator. Activities are subject to change.		<p><b>Please remember you must wear mask to all activities and no food or drinks. Thank you</b></p>		<b>1</b> 9:00am Transport Doctor Day, <i>lby</i> 10:00am Country Store, <i>Activity Room</i> 1:45pm Bingo, <i>Dining Room</i>	<b>2</b> 8:00am Wear Easter Shirt Day, <i>YA</i> 1:45pm Coloring Easter Eggs, <i>Dining Room</i> 3:00pm Exercise Class, <i>Activity Room</i>	<b>3</b> 9:00am Easter Basket Drive Thru pick-up, <i>LBY</i> 1:30pm Adult Coloring, <i>YA</i>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
10:00am Heritage Church Service Channel 6, <i>YA</i> 10:00am Resident Choice, <i>Activity Room</i>	10:00am Yoga Class with Amy, <i>Dining Room</i> 2:00pm Bingo, <i>Dining Room</i> 3:00pm Exercise Class, <i>Activity Room</i>	9:00am Transport Doctor Day, <i>lby</i> 10:00am Country Store, <i>Activity Room</i> 1:30pm Smart Buck Walk, <i>lby</i>	10:00am Resident Council, <i>Dining Room</i> 1:45pm Bingo, <i>Dining Room</i> 3:00pm National Walking Day, <i>lby</i>	9:00am Transport Doctor Day, <i>lby</i> 10:00am Country Store, <i>Activity Room</i> 1:45pm Bingo, <i>Dining Room</i>	10:00am Donut's & Coffee, <i>Activity Room</i> 1:45pm Happy Hour & Music, <i>Dining Room</i> 3:00pm Exercise Class, <i>Activity Room</i>	9:30am Word Search, <i>YA</i> 1:30pm Adult Coloring, <i>YA</i>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
10:00am Heritage Church Service Channel 6, <i>YA</i> 10:00am Resident Choice, <i>Activity Room</i>	10:00am High Low Game, <i>Activity Room</i> 2:00pm Bingo, <i>Dining Room</i> 3:00pm Exercise Class, <i>Activity Room</i>	9:00am Transport Doctor Day, <i>lby</i> 10:00am Country Store, <i>Activity Room</i> 1:30pm Smart Buck Walk, <i>lby</i>	10:00am Food Committee, <i>Dining Room</i> 1:45pm National Gardening Day, <i>Activity Room</i> 3:00pm Exercise Class, <i>Activity Room</i>	9:00am Transport Doctor Day, <i>lby</i> 10:00am Country Store, <i>Activity Room</i> 1:45pm Bingo, <i>Dining Room</i>	10:00am Cinnamon Rolls and Coffee, <i>Activity Room</i> 1:45pm Happy Hour & Music, <i>Dining Room</i> 3:00pm Exercise Class, <i>Activity Room</i>	9:30am Word Search, <i>YA</i> 1:30pm Adult Coloring, <i>YA</i>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
10:00am Heritage Church Service Channel 6, <i>YA</i> 10:00am Resident Choice, <i>Activity Room</i>	10:00am Yoga Class with Amy, <i>Dining Room</i> 2:00pm Bingo, dining room 3:00pm Exercise Class, <i>Activity Room</i>	9:00am Transport Doctor Day, <i>lby</i> 10:00am Country Store, <i>Activity Room</i> 1:30pm Smart Buck Walk, <i>lby</i>	10:00am Wellness Checks, <i>Dining Room</i> 1:45pm Bingo, <i>Dining Room</i> 3:00pm Exercise Class, <i>Activity Room</i>	9:00am Transport Doctor Day, <i>lby</i> 10:00am Country Store, <i>Activity Room</i> 1:45pm Bingo, <i>Dining Room</i>	10:00am Turnover's & Coffee, <i>Activity Room</i> 1:45pm Happy Hour & Music, <i>Dining Room</i> 3:00pm Exercise Class, <i>Activity Room</i>	9:30am Word Search, <i>YA</i> 1:30pm Adult Coloring, <i>YA</i>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>DIMENSIONS OF WELLNESS</b>
10:00am Heritage Church Service Channel 6, <i>YA</i> 10:00am Resident Choice, <i>Activity Room</i>	10:00am Name that Tune, <i>Dining Room</i> 1:30pm National Pretzel Day, <i>Activity Room</i> 3:00pm Exercise Class, <i>Activity Room</i>	9:00am Transport Doctor Day, <i>lby</i> 10:00am Country Store, <i>Activity Room</i> 1:30pm Smart Buck Walk, <i>lby</i>	9:45am Bingo, <i>Dining Room</i> 1:30pm Smore's on the patio, 3:00pm Exercise Class, <i>Activity Room</i>	9:00am Transport Doctor Day, <i>lby</i> 10:00am Country Store, <i>Activity Room</i> 1:45pm Bingo, <i>Dining Room</i>	10:00am Yogurt Parfaits, <i>Activity Room</i> 1:45pm Happy Hour & Music, <i>Dining Room</i> 3:00pm Exercise Class, <i>Activity Room</i>	Physical Social Nutritional Spiritual Intellectual Purposeful