





























































































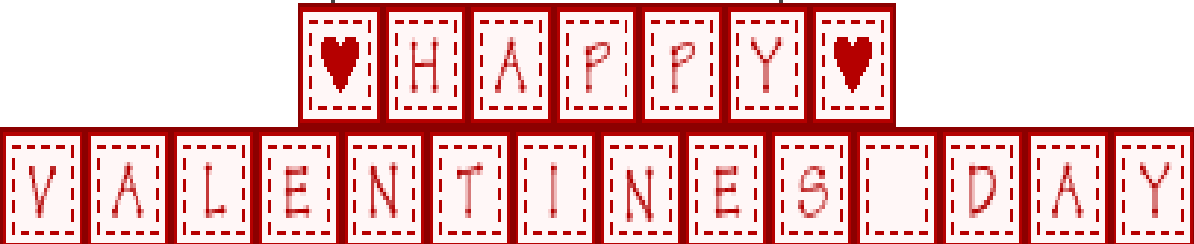


# February 2021

Heritage Woods of Moline

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	1	2	3	4	5	6
	<p> <b>10:00am</b> Country Store, <b>Activity Room</b></p> <p> <b>1:00pm</b> Hallway Bingo Apt. 223-234, <b>YA</b></p> <p> <b>2:00pm</b> Hallway Bingo Apt.113-124, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p><b>9:00am</b> Transport Doctor Day, <b>lby</b></p> <p> <b>10:00am</b> Wild for Animals Activity Pack, <b>YA</b></p> <p> <b>1:30pm</b> Activity Pack Delivery, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>10:00am</b> Activity Pack, <b>YA</b></p> <p> <b>1:30pm</b> Resident Council, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks and mail, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p><b>9:00am</b> Transport Doctor Day, <b>lby</b></p> <p> <b>10:00am</b> Country Store on the Go, <b>Activity Room</b></p> <p> <b>1:30pm</b> Activity Pack Delivery, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>1:30pm</b> Happy Hour on the go, <b>YA</b></p> <p> <b>3:00pm</b> Hallway Exercise, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>9:30am</b> Word Search, <b>YA</b></p> <p> <b>11:00am</b> Lunch Delivery, <b>YA</b></p> <p> <b>1:30pm</b> Adult Coloring, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>
14	8	9	10	11	12	13
<p> <b>10:00am</b> Heritage Church Service Channel 6, <b>YA</b></p> <p> <b>10:00am</b> Resident Choice, <b>Activity Room</b></p> <p> <b>3:00pm</b> Super Bowl LV 2021 Party Cart, <b>YA</b></p>	<p> <b>10:00am</b> Country Store, <b>Activity Room</b></p> <p> <b>1:00pm</b> Hallway Bingo Apt. 223-234, <b>YA</b></p> <p> <b>2:00pm</b> Hallway Bingo Apt.113-124, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p><b>9:00am</b> Transport Doctor Day, <b>lby</b></p> <p> <b>10:00am</b> Bird Watching Activity Pack, <b>YA</b></p> <p> <b>1:30pm</b> Activity Pack Delivery, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>10:00am</b> Activity Pack, <b>YA</b></p> <p> <b>1:30pm</b> Food Committee, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks and mail, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p><b>9:00am</b> Transport Doctor Day, <b>lby</b></p> <p> <b>10:00am</b> Country Store on the Go, <b>Activity Room</b></p> <p> <b>1:30pm</b> Activity Pack Delivery, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>1:30pm</b> Valentine Craft Pack, <b>YA</b></p> <p> <b>3:00pm</b> Hallway Exercise, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>9:30am</b> Word Search, <b>YA</b></p> <p> <b>1:30pm</b> Adult Coloring, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>
21	15	16	17	18	19	20
<p> <b>10:00am</b> Heritage Church Service Channel 6, <b>YA</b></p> <p> <b>10:00am</b> Resident Choice, <b>Activity Room</b></p> <p> <b>10:00am</b> Valentine Delivery, <b>YA</b></p>	<p> <b>10:00am</b> Country Store, <b>Activity Room</b></p> <p> <b>1:00pm</b> Hallway Bingo Apt. 223-234, <b>YA</b></p> <p> <b>2:00pm</b> Hallway Bingo Apt.113-124, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p><b>9:00am</b> Transport Doctor Day, <b>lby</b></p> <p> <b>10:00am</b> U.S. History Activity Pack, <b>YA</b></p> <p> <b>1:30pm</b> Activity Pack Delivery, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>10:00am</b> Birdhouse Painting Pack delivery, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks and mail, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p><b>9:00am</b> Transport Doctor Day, <b>lby</b></p> <p> <b>10:00am</b> Country Store on the Go, <b>Activity Room</b></p> <p> <b>1:30pm</b> Activity Pack Delivery, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>1:30pm</b> Happy Hour on the go, <b>YA</b></p> <p> <b>3:00pm</b> Hallway Exercise, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>9:30am</b> Word Search, <b>YA</b></p> <p> <b>1:30pm</b> Adult Coloring, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>
28	22	23	24	25	26	27
<p> <b>10:00am</b> Heritage Church Service Channel 6, <b>YA</b></p> <p> <b>10:00am</b> Resident Choice, <b>Activity Room</b></p>	<p> <b>10:00am</b> Country Store, <b>Activity Room</b></p> <p> <b>1:00pm</b> Hallway Bingo Apt. 223-234, <b>YA</b></p> <p> <b>2:00pm</b> Hallway Bingo Apt.113-124, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p><b>9:00am</b> Transport Doctor Day, <b>lby</b></p> <p> <b>10:00am</b> Chopped-American Foods Activity Pack, <b>YA</b></p> <p> <b>1:30pm</b> Activity Pack Delivery, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>10:00am</b> Activity Pack, <b>YA</b></p> <p> <b>3:00pm</b> Wellness Checks/Scheduled walks and mail, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p><b>9:00am</b> Transport Doctor Day, <b>lby</b></p> <p> <b>10:00am</b> Country Store on the Go, <b>Activity Room</b></p> <p> <b>1:30pm</b> Activity Pack Delivery, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>1:30pm</b> Happy Hour on the go, <b>YA</b></p> <p> <b>3:00pm</b> Hallway Exercise, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>	<p> <b>9:30am</b> Word Search, <b>YA</b></p> <p> <b>1:30pm</b> Adult Coloring, <b>YA</b></p> <p> <b>3:00pm</b> Scheduled walks/exercise and mail pickup, <b>YA</b></p>
					MEETING PLACES	DIMENSIONS OF WELLNESS
					<p><b>YA</b> - Your Apartment</p> <p><b>lby</b> - Lobby</p>	<p> Physical</p> <p> Social</p> <p> Nutritional</p> <p> Spiritual</p> <p> Intellectual</p> <p> Purposeful</p>
						

If you would like to request and activity/service not reflected on the calendar, please notify the RSC or Administrator. Activities are subject to change.