

Heritage Woods of Minooka JANUARY 2024



HAPPY NEW YEAR



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	New Year's Day 01 All Day Daily Chronicles & Daily Puzzle 8:30a Coffee with Kevin! AR 8:50a Morning Stretch AR 10:00a Piano Melodies AR 1:30p Chair Exercise AR 2:00p BINGO! DR 3:00p Bible Teaching with David 3rd 3:30p Country Store CS 7:00p Trivial Pursuit! AR	02 All Day Daily Chronicles & Daily Puzzle 9:30a Shopping Trip - Jewel/Walgreens/Dollar General L 10:00a Creative Coloring Lib. 1:00p Pass the Pig! AR 1:30p Scrabble! Lib. 3:00p Brain Teasers! AR	03 All Day Daily Chronicles & Daily Puzzle 8:30a Morning News! AR 8:50a Morning Stretch AR 9:15a Communion with Jim AR 9:30a Bible Study with Mary Jane AR 10:30a UMC Senior Lunch and Bingo L Outing! 2:00p BINGO! DR 3:30p Country Store CS 6:00p Cards with Friends! AR	04 All Day Daily Chronicles & Daily Puzzle 9:00a Medical Appointment 9-4 p.m. L 12:00p Bus Trip - Families of Faith Senior Church Service L 2:00p HealthPro Discovery Series! AR 2:00p Wii Bowling AR 6:30p Motorcycle Ministry - Families of Faith AR	05 All Day Daily Chronicles & Daily Puzzle 8:50a Morning Stretch AR 10:00a Fascinating Moments in History! AR 1:30p Chair Exercise AR 2:00p Resident Council AR 3:00p Tech Time! AR 3:30p Country Store CS	06 All Day Daily Chronicles & Daily Puzzle 1:00p Walking Club L 1:30p Bunco and Card Games! 3rd 2:00p Conversation Time! L 6:00p Catholic Mass with Father Hilt AR
07 All Day Daily Chronicles & Daily Puzzle 9:00a Crochet Club 3rd 10:00a Bus Trip - Families of Faith Senior Church Service L 1:00p Walking Club L 1:30p Yahtzee! AR 7:00p Poker Night! AR	08 All Day Daily Chronicles & Daily Puzzle 8:30a Coffee with Kevin! AR 8:50a Morning Stretch AR 10:00a Piano Melodies AR 1:30p Chair Exercise AR 2:00p Elvis Birthday Bingo! DR 3:00p Bible Teaching with David 3rd 3:30p Country Store CS 7:00p Trivial Pursuit! AR	09 All Day Daily Chronicles & Daily Puzzle 9:30a Shopping Trip - Walmart! L 10:00a Creative Coloring Lib. 1:00p Current Events AR 1:30p Scrabble! Lib. 2:00p Three Rivers Library Visit with Debbie! AR 2:00p Visit with Beany! L 3:00p Karaoke! AR	10 All Day Daily Chronicles & Daily Puzzle 8:30a Morning News! AR 8:50a Morning Stretch AR 9:15a Communion with Jim AR 9:30a Bible Study with Mary Jane AR 10:15a Exercise with Therapy! AR 11:00a Lunch Outing - Teardrop Cafe! L 2:00p BINGO! DR 3:30p Country Store CS 6:00p Cards with Friends! AR	11 All Day Daily Chronicles & Daily Puzzle 9:00a Medical Appointment 9-4 p.m. L 12:00p Bus Trip - Families of Faith Senior Church Service L 2:00p Culinary Adventures with Tammie! AR 2:00p Wii Bowling AR	12 All Day Daily Chronicles & Daily Puzzle 8:50a Morning Stretch AR 10:00a Community Coffee Klatsch! AR 1:30p Chair Exercise AR 2:00p Ukulele Sing-a-Long! AR 3:00p Tech Time! AR 3:30p Country Store CS	13 All Day Daily Chronicles & Daily Puzzle 1:00p Walking Club L 1:30p Bunco and Card Games! 3rd 2:00p Conversation Time! L 2:00p Snack Fun with Shelby AR 6:00p Catholic Mass with Father Hilt AR
14 All Day Daily Chronicles & Daily Puzzle 9:00a Crochet Club 3rd 10:00a Bus Trip - Families of Faith Senior Church Service L 1:00p Walking Club L 1:30p Yahtzee! AR 7:00p Poker Night! AR	15 Birthday of Martin Luther King, Jr. All Day Daily Chronicles & Daily Puzzle 8:30a Coffee with Kevin! AR 8:50a Morning Stretch AR 10:00a Piano Melodies AR 1:30p Chair Exercise AR 2:00p BINGO w/Greg from Salem Village! DR 3:00p Bible Teaching with David 3rd 3:30p Country Store CS 7:00p Trivial Pursuit! AR	16 All Day Daily Chronicles & Daily Puzzle 9:30a Shopping Trip - Dollar Tree L 10:00a Creative Coloring Lib. 1:30p Scrabble! Lib. 3:00p MLK Day Service Project! AR	17 All Day Daily Chronicles & Daily Puzzle 8:30a Morning News! AR 8:50a Morning Stretch AR 9:15a Communion with Jim AR 9:30a Bible Study with Mary Jane AR 11:30a St. Mary's Senior Luncheon L 2:00p Bingo! DR 3:30p Country Store CS 6:00p Cards with Friends! AR	18 All Day Daily Chronicles & Daily Puzzle 9:00a Medical Appointment 9-4 p.m. L 12:00p Bus Trip - Families of Faith Senior Church Service L 2:00p Wii Bowling AR 6:00p Movie Night - Indiana Jones and the Dial of Destiny! AR	19 All Day Daily Chronicles & Daily Puzzle 8:50a Morning Stretch AR 10:00a Armchair Traveler! AR 1:30p Chair Exercise AR 2:00p Birthday Month Celebration! DR 3:00p Tech Time! AR 3:30p Country Store CS	20 All Day Daily Chronicles & Daily Puzzle 1:00p Walking Club L 1:30p Bunco and Card Games! 3rd 2:00p Conversation Time! L 6:00p Catholic Mass with Father Hilt AR
21 All Day Daily Chronicles & Daily Puzzle 9:00a Crochet Club 3rd 10:00a Bus Trip - Families of Faith Senior Church Service L 1:00p Walking Club L 1:30p Yahtzee! AR 7:00p Poker Night! AR	22 All Day Daily Chronicles & Daily Puzzle 8:30a Coffee with Kevin! AR 8:50a Morning Stretch AR 10:00a Piano Melodies AR 1:30p Chair Exercise AR 2:00p BINGO! DR 3:00p Bible Teaching with David 3rd 3:30p Country Store CS 7:00p Trivial Pursuit! AR	23 All Day Daily Chronicles & Daily Puzzle 9:30a Shopping Trip - Walmart! L 10:00a Creative Coloring Lib. 1:30p Scrabble! Lib. 2:00p Three Rivers Library Visit with Debbie! AR 2:00p Visit with Beany! L 3:00p Karaoke! AR	24 All Day Daily Chronicles & Daily Puzzle 7:30a Breakfast Bus to Hardee's! L 9:15a Communion with Jim AR 9:30a Bible Study with Mary Jane AR 10:15a Exercise with Therapy! AR 2:00p Community Bingo! DR 3:30p Country Store CS 6:00p Cards with Friends! AR	25 All Day Daily Chronicles & Daily Puzzle 9:00a Medical Appointment 9-4 p.m. L 12:00p Bus Trip - Families of Faith Senior Church Service L 2:00p Wii Bowling AR 6:00p Men's Club! AR	26 All Day Daily Chronicles & Daily Puzzle 8:50a Morning Stretch AR 10:00a Scenic Drive! L 1:30p Chair Exercise AR 2:00p Happy Hour/Smart Bucks Raffle DR 3:00p Tech Time! AR 3:30p Country Store CS	27 All Day Daily Chronicles & Daily Puzzle 1:00p Walking Club L 1:30p Bunco and Card Games! 3rd 2:00p Conversation Time! L 6:00p Catholic Mass with Father Hilt AR
28 All Day Daily Chronicles & Daily Puzzle 9:00a Crochet Club 3rd 10:00a Bus Trip - Families of Faith Senior Church Service L 1:00p Walking Club L 1:30p Yahtzee! AR 7:00p Poker Night! AR	29 All Day Daily Chronicles & Daily Puzzle 8:30a Coffee with Kevin! AR 8:50a Morning Stretch AR 10:00a Piano Melodies AR 1:30p Chair Exercise AR 2:00p Bingo! DR 3:00p Bible Teaching with David 3rd 3:30p Country Store CS 7:00p Trivial Pursuit! AR	30 All Day Daily Chronicles & Daily Puzzle 10:00a Creative Coloring Lib. 1:30p Scrabble! Lib.	31 All Day Daily Chronicles & Daily Puzzle 8:30a Morning News! AR 8:50a Morning Stretch AR 9:15a Communion with Jim AR 9:30a Bible Study with Mary Jane AR 2:00p Bingo! DR 3:30p Country Store CS 6:00p Cards with Friends! AR	Meeting Places DR Dining Room L Lobby AR Activity Room 3rd Living Room 3rd Floor CS Country Store Lib. Library		Dimensions of Wellness Physical Emotional Spiritual Environmental Vocational Social Intellectual