

Heritage Woods of Minooka

DECEMBER 2023

SUNDAY

MONDAY

TUESDAY







WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dec 31

All Day  Daily Chronicles & Daily Puzzle
9:00a  Crochet Club 3rd
10:00a  Bus Trip - Families of Faith Senior Church Service L
1:00p  Walking Club L
1:30p  Yahtzee! AR
7:00p  Poker Night! AR





Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual






Meeting Places

- DR Dining Room
AR Activity Room
CS Country Store
3rd Living Room 3rd Floor
L Lobby
Lib. Library








01

All Day  Daily Chronicles & Daily Puzzle
8:50a  Morning Stretch AR
10:00a  Fascinating Moments in History! AR
1:30p  Chair Exercise AR
2:00p  Resident Council AR
3:00p  Tech Time! AR
3:30p  Country Store CS










02

All Day  Daily Chronicles & Daily Puzzle
1:00p  Walking Club L
1:30p  Bunco and Card Games! 3rd
2:00p  Conversation Time! L
6:00p  Catholic Mass with Father Hilt AR







03

All Day  Daily Chronicles & Daily Puzzle
9:00a  Crochet Club 3rd
10:00a  Bus Trip - Families of Faith Senior Church Service L
1:00p  Walking Club L
1:30p  Yahtzee! AR
3:30p  Girl Scout Troop75233 Craft Time! AR
7:00p  Poker Night! AR










04

All Day  Daily Chronicles & Daily Puzzle
8:30a  Coffee with Kevin! AR
8:50a  Morning Stretch AR
10:00a  Piano Melodies AR
1:30p  Chair Exercise AR
2:00p  BINGO! DR
3:00p  Bible Teaching with David 3rd
3:30p  Country Store CS
7:00p  Trivial Pursuit! AR







05

All Day  Daily Chronicles & Daily Puzzle
9:30a  Shopping Trip - Jewel/Walgreens/Dollar General L
10:00a  Creative Coloring Lib.
1:00p  Pass the Pig! AR
1:30p  Scrabble! Lib.
3:00p  Brain Teasers! AR

06

All Day  Daily Chronicles & Daily Puzzle
8:30a  Morning News! AR
8:50a  Morning Stretch AR
9:15a  Communion with Jim AR
9:30a  Bible Study with Mary Jane AR
10:30a  UMC Senior Lunch and Bingo L
Outing!
2:00p  BINGO! DR
3:30p  Country Store CS
6:00p  Cards with Friends! AR






07

All Day  Daily Chronicles & Daily Puzzle
9:00a  Medical Appointment 9-4 p.m. L
12:00p  Bus Trip - Families of Faith Senior Church Service L
2:00p  HealthPro Discovery Series! AR
2:00p  Wii Bowling AR
6:30p  Motorcycle Ministry - Families of Faith AR







08

All Day  Daily Chronicles & Daily Puzzle
8:50a  Morning Stretch AR
10:00a  Community Coffee Klatsch! AR
1:00p  Current Events AR
1:30p  Chair Exercise AR
2:00p  Birthday Month Celebration! DR
3:30p  Country Store CS
6:00p  Girl Scout Holiday Sing-a -Long! L










09

All Day  Daily Chronicles & Daily Puzzle
1:00p  Walking Club L
1:30p  Bunco and Card Games! 3rd
2:00p  Conversation Time! L
6:00p  Catholic Mass with Father Hilt AR









10

All Day  Daily Chronicles & Daily Puzzle
9:00a  Crochet Club 3rd
10:00a  Bus Trip - Families of Faith Senior Church Service L
1:00p  Walking Club L
1:30p  Yahtzee! AR
7:00p  Poker Night! AR










11

All Day  Daily Chronicles & Daily Puzzle
8:30a  Coffee with Kevin! AR
8:50a  Morning Stretch AR
10:00a  Piano Melodies AR
1:30p  Chair Exercise AR
2:00p  BINGO! DR
3:00p  Bible Teaching with David 3rd
3:30p  Country Store CS
7:00p  Trivial Pursuit! AR






12

All Day  Daily Chronicles & Daily Puzzle
9:30a  Shopping Trip - Walmart! L
10:00a  Creative Coloring Lib.
1:00p  Current Events AR
1:30p  Scrabble! Lib.
2:00p  Three Rivers Library Visit with Debbie! AR
2:00p  Visit with Beany! L
3:00p  Karaoke! AR

13

All Day  Daily Chronicles & Daily Puzzle
8:30a  Morning News! AR
9:15a  Communion with Jim AR
9:30a  Bible Study with Mary Jane AR
10:15a  Exercise with Therapy! AR
11:00a  Lunch Outing! L
2:00p  BINGO! DR
3:30p  Country Store CS
6:00p  Cards with Friends! AR






14

All Day  Daily Chronicles & Daily Puzzle
9:00a  Medical Appointment 9-4 p.m. L
12:00p  Bus Trip - Families of Faith Senior Church Service L
2:00p  Culinary Adventures with Tammie! AR
2:00p  Wii Bowling AR








15

All Day  Daily Chronicles & Daily Puzzle
8:50a  Morning Stretch AR
10:00a  Armchair Traveler! AR
1:30p  Chair Exercise AR
2:00p  Live Music from the Music People! AR
3:00p  Tech Time! AR
3:30p  Country Store CS
5:00p  Heritage Woods Community Holiday Party! L










16

All Day  Daily Chronicles & Daily Puzzle
1:00p  Walking Club L
1:30p  Bunco and Card Games! 3rd
2:00p  Conversation Time! L
6:00p  Catholic Mass with Father Hilt AR






17

All Day  Daily Chronicles & Daily Puzzle
9:00a  Crochet Club 3rd
10:00a  Bus Trip - Families of Faith Senior Church Service L
1:00p  Walking Club L
1:30p  Yahtzee! AR
2:00p  Live Music with Ken Mottet! L
7:00p  Poker Night! AR











18

All Day  Daily Chronicles & Daily Puzzle
8:30a  Coffee with Kevin! AR
8:50a  Morning Stretch AR
10:00a  Piano Melodies AR
1:30p  Chair Exercise AR
2:00p  BINGO w/Greg from Salem Village! DR
3:00p  Bible Teaching with David 3rd
3:30p  Country Store CS
7:00p  Trivial Pursuit! AR






19

All Day  Daily Chronicles & Daily Puzzle
9:30a  Shopping Trip - Dollar Tree L
10:00a  Creative Coloring Lib.
1:30p  Scrabble! Lib.
3:00p  Crafts with Kevin! AR








20

All Day  Daily Chronicles & Daily Puzzle
8:30a  Morning News! AR
8:50a  Morning Stretch AR
9:15a  Communion with Jim AR
9:30a  Bible Study with Mary Jane AR
11:30a  St. Mary's Senior Luncheon L
2:00p  Bingo! DR
3:30p  Country Store CS
5:30p  Carols&Crafts with the Girl Scouts! L
6:00p  Cards with Friends! AR






21

All Day  Daily Chronicles & Daily Puzzle
9:00a  Medical Appointment 9-4 p.m. L
12:00p  Bus Trip - Families of Faith Senior Church Service L
2:00p  Wii Bowling AR
6:00p  Movie Night! AR







22

All Day  Daily Chronicles & Daily Puzzle
8:50a  Morning Stretch AR
10:00a  Scenic Drive! L
1:30p  Chair Exercise AR
2:00p  Holiday Sing-a-Long!/Smart Bucks Raffle DR
3:00p  Tech Time! AR
3:30p  Country Store CS

23




All Day  Daily Chronicles & Daily Puzzle
1:00p  Walking Club L
1:30p  Bunco and Card Games! 3rd
2:00p  Conversation Time! L
6:00p  Catholic Mass with Father Hilt AR

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All Day  Daily Chronicles & Daily Puzzle
9:00a  Crochet Club 3rd
10:00a  Bus Trip - Families of Faith Senior Church Service L
1:00p  Walking Club L
1:30p  Yahtzee! AR
7:00p  Poker Night! AR

Christmas Day








25

All Day  Daily Chronicles & Daily Puzzle
10:00a  Piano Melodies AR
3:00p  Bible Teaching with David 3rd




26

All Day  Daily Chronicles & Daily Puzzle
9:30a  Shopping Trip - Walmart! L
10:00a  Creative Coloring Lib.
1:30p  Scrabble! Lib.
2:00p  Three Rivers Library Visit with Debbie! AR
2:00p  Visit with Beany! L
3:00p  Karaoke! AR







27

All Day  Daily Chronicles & Daily Puzzle
9:15a  Communion with Jim AR
9:30a  Bible Study with Mary Jane AR
10:15a  Exercise with Therapy! AR
2:00p  Community Bingo with Sarah! DR
3:30p  Country Store CS
6:00p  Cards with Friends! AR






28

All Day  Daily Chronicles & Daily Puzzle
9:00a  Medical Appointment 9-4 p.m. L
12:00p  Bus Trip - Families of Faith Senior Church Service L
1:30p  Food Committee Meeting AR
2:00p  Wii Bowling AR
6:00p  Men's Club! AR

29

All Day  Daily Chronicles & Daily Puzzle
8:50a  Morning Stretch AR
1:30p  Chair Exercise AR
2:00p  New Year's Eve Celebration! DR
3:00p  Tech Time! AR
3:30p  Country Store CS

30

All Day  Daily Chronicles & Daily Puzzle
1:00p  Walking Club L
1:30p  Bunco and Card Games! 3rd
2:00p  Conversation Time! L
6:00p  Catholic Mass with Father Hilt AR