



# HAPPY NEW YEAR



JANUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- AR** Activity Room
- CS** Country Store
- L** Lounge
- DR** Dining Room
- PDR** Private Dining Room
- Lobby** Lobby
- IA** In-Apartment
- DR** Dining Room

\*Activities are subject to change.

\*Independent activity drawers available.

\*If you would like to see an activity not reflected on the calendar, see Janet

You're Invited

Tuesday, Jan. 16th at 2:00  
January Tea Party

Tuesday, Jan. 23rd at 2:00  
Cream Puff Big Bingo

01

All Day Happy New Year  
10:00 Adult Holiday Coloring Pages AR  
10:00 Sit and Stretch AR

02

10:00 Country Store CS  
1:00 Wii Bowling L  
2:00 Food Committee DR

03

10:00 Animal Devotions w/Cathy PDR  
10:00 Sit and Stretch AR  
2:00 Shop Sparrows Nest Resale Lobby

04

1:00 Put The Music On w/Don AR  
1:00 Wii Bowling L  
2:00 Country Store CS  
2:00 Rosary AR

05

10:00 Shop Walmart Lobby  
2:00 Bingo AR

06

All Day Ni2L Interactive Computer available  
12:00 Independent Activity Drawers AR  
9:00 Bible Study AR

07

All Day iN2L Interactive Computer  
All Day Independent Activity Drawers  
9:30 Catholic Mass on WGN 9 IA

08

10:00 Sit and Stretch AR  
1:30 Education Series: (Understanding Diabetes) AR

09

10:00 Country Store CS  
10:00 Flavored Coffee/Trivia Cart Lobby  
1:00 Wii Bowling L  
2:00 Play Wheel of Fortune Lobby

10

10:00 Animal Devotions w/Cathy PDR  
10:00 Sit and Stretch AR  
2:00 Catholic Mass AR

11

1:00 Put The Music On w/Don AR  
1:00 Wii Bowling L  
2:00 Country Store CS  
2:00 Rosary AR

12

10:00 Shop Dollar Tree Lobby  
2:00 Bingo AR

13

All Day Ni2L Interactive Computer available  
12:00 Independent Activity Drawers AR  
9:00 Bible Study AR  
1:30 Key Club Bingo AR

14

All Day iN2L Interactive Computer  
All Day Independent Activity Drawers  
9:30 Catholic Mass on WGN 9 IA

15

10:00 Sit and Stretch AR  
2:00 Bingo AR

16

10:00 Country Store CS  
10:00 Have Janet Paint Your Nails AR  
1:00 Wii Bowling L  
2:00 January Tea Party AR

17

10:00 Animal Devotions w/Cathy PDR  
10:00 Sit and Stretch AR  
2:00 Shop Walgreens Lobby

18

1:00 Put The Music On w/Don AR  
1:00 Wii Bowling L  
2:00 Country Store CS  
2:00 Rosary AR

19

10:00 Shop Aldi's Lobby  
2:00 Happy Hour AR

20

All Day Ni2L Interactive Computer available  
12:00 Independent Activity Drawers AR  
9:00 Bible Study AR

21

All Day iN2L Interactive Computer  
All Day Independent Activity Drawers  
9:30 Catholic Mass on WGN 9 IA

22

10:00 Sit and Stretch AR  
2:00 Bingo AR

23

10:00 Country Store CS  
10:00 Hot Cocoa Cart Lobby  
1:00 Wii Bowling L  
2:00 Cream Puff Big Bingo DR

24

10:00 Animal Devotions w/Cathy PDR  
10:00 Sit and Stretch AR  
2:00 Fly Swatter Volleyball Lobby

25

1:00 Put The Music On w/Don AR  
1:00 Wii Bowling L  
2:00 Country Store CS  
2:00 Rosary AR

26

10:00 Shop Meijer Lobby  
2:00 Life is a Journey (Scandinavia) AR

27

All Day Ni2L Interactive Computer available  
12:00 Independent Activity Drawers AR  
9:00 Bible Study AR  
1:30 Key Club Bingo AR

28

All Day iN2L Interactive Computer  
All Day Independent Activity Drawers  
9:30 Catholic Mass on WGN 9 IA

29

10:00 Sit and Stretch AR  
2:00 Flavored Popcorn Cart Lobby

30

10:00 Country Store CS  
10:00 Morning Treat Cart Lobby  
1:00 Wii Bowling L  
2:00 Resident Council DR

31

10:00 Animal Devotions w/Cathy PDR  
10:00 Sit and Stretch AR  
2:00 Shop Jewel Lobby

\*Health Screening are at the beginning of every month.

\*Rides to doctor appts. are on Thursdays, please see Janet.

