

# May 2021

Heritage Woods of McHenry

If you would like to see an activity not reflected on the calendar, please see Janet.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
<p><b>Activities in RED have limited seating and require sign-up at the front desk.</b></p> 	<p><b>Activities in BLUE are Grab-&amp;-Go in the Lobby.</b></p> 	<p><b>You may sign-up for Activities/Outings one week prior to the scheduled event.</b></p> 	<p style="text-align: center;"><b>Happy Mother's Day</b> MOTHER'S DAY MAY 9TH</p> 	<p><b>Individual Wellness Checks are at the beginning of every month. Your CNA will assist you.</b></p> 	<p><b>ALL RESIDENTS MUST SIGN OUT AND IN WHEN LEAVING AND RETURNING TO THE BUILDING.</b></p>	<p>Independent or Puzzles, Games &amp; Cards</p> 
2	3	4	5	6	7	8
<p>Independent Activity Drawers available</p> <p>9:30am Catholic Mass on WGN Channel 9</p>	<p>10:00 Sit and Stretch AR</p> <p>2:00 Small Group Bingo AR</p>	<p>10:00 Country Store</p> <p>10:00 Mother's Day Nail Salon AR</p> <p>1:30 Wii Bowling L</p> <p>2:00 Janet's Rainbow Sherbet Stand (Lobby)</p>	<p>10:00 Sit and Stretch AR</p> <p>2:00 Catholic Mass AR</p> <p>2:00 Cinco De Mayo Margarita Cart (Lobby)</p>	<p>Bus Service to doctor appointments</p> <p>1:30 Wii Bowling L</p> <p>2:00 Country Store</p>	<p>10:00 Shop Walmart</p> <p>2:00 Small Group Bingo AR</p> 	<p>Independent or Puzzles, Games &amp; Cards</p>
9	10	11	12	13	14	15
<p>Independent Activity Drawers available</p> <p>9:30am Catholic Mass on WGN Channel 9</p> <p>*****</p> <p>HAPPY MOTHER'S DAY</p>	<p>10:00 Sit and Stretch AR</p> <p>2:00 Small Group Bingo AR</p> 	<p>10:00 Country Store</p> <p>10:00 Get Back on Your Feet DR</p> <p>1:30 Wii Bowling L</p> <p>2:00 Life is a Journey AR (Travel Poland)</p>	<p>10:00 Sit and Stretch</p> <p>2:00 Food Committee 1st Fl DR</p> <p>2:30 Food Committee 2nd Fl DR</p>	<p>Bus Service to doctor appointments</p> <p>1:30 Wii Bowling L</p> <p>2:00 Country Store</p>	<p>10:00 Shop Walmart</p> <p>2:00 Small Group Bingo AR</p> 	<p>Independent or Puzzles, Games &amp; Cards</p> 
16	17	18	19	20	21	22
<p>Independent Activity Drawers available</p> <p>9:30am Catholic Mass on WGN Channel 9</p>	<p>10:00 Sit and Stretch AR</p> <p>2:00 Small Group Bingo AR</p>	<p>10:00 Country Store</p> <p>10:00 Coffee Talk AR</p> <p>1:30 Wii Bowling L</p> <p>2:00 Bean Bag Tournament (Lobby)</p>	<p>10:00 Sit and Stretch AR</p> <p>2:00 Happy Hour Cart (Lobby)</p>	<p>Bus Service to doctor appointments</p> <p>1:30 Wii Bowling AR</p> <p>2:00 Country Store</p>	<p>10:00 Shop Dollar Tree</p> <p>10:30 Shop Dollar Tree</p> <p>2:00 Small Group Bingo AR</p>	<p>Independent or Puzzles, Games &amp; Cards</p>
23	24	25	26	27	28	29
<p>Independent Activity Drawers available</p> <p>9:30am Catholic Mass on WGN Channel 9</p> 	<p>10:00 Sit and Stretch AR</p> <p>2:00 Small Group Bingo AR</p> 	<p>10:00 Country Store</p> <p>10:00 See It to Believe It Videos AR</p> <p>1:30 Wii Bowling L</p> <p>2:00 Resident Council 1st Fl DR</p> <p>2:30 Resident Council 2nd FL DR</p>	<p>10:00 Sit and Stretch AR</p> <p>1:30 Moving Forward Celebration 2021 (Lobby)</p> 	<p>Bus Service to doctor appointments</p> <p>1:30 Wii Bowling L</p> <p>2:00 Country Store</p>	<p>10:00 Shop Aldi's</p> <p>10:30 Shop Aldi's</p> <p>2:00 Small Group Bingo AR</p> 	<p>Independent or Puzzles, Games &amp; Cards</p> 
30	31					
<p>Independent Activity Drawers available</p> <p>9:30am Catholic Mass on WGN Channel 9</p>	<p><b>HAPPY MEMORIAL DAY</b></p> <p>Memorial Day BBQ Lunch</p> <p>2:00 Small Group Bingo AR</p>	<p><b>ACTIVITIES ARE SUBJECT TO CHANGE!!</b></p>	<p style="text-align: center;"><b>MAY</b></p> 	<p><b>ALL GROUP ACTIVITIES HAVE LIMITED SEATING!!</b></p> 	<p><b>MASKS AND SOCIAL DISTANCING ARE REQUIRED IN AND OUT OF THE BUILDING.</b></p>	<p>Activity locations</p> <p>AR=Activity Room</p> <p>L=Lounge</p> <p>DR=Dining Room &amp; Lobby</p>