






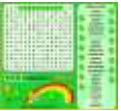








March 2021

Heritage Woods of McHenry

*If you would like to see an activity not reflected on the calendar, please see Janet.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<p>Activities are subject to change. All group activities have limited seating. Masks and social distancing are required</p>	<p>Family Visitations</p> <p>* 10:00 Sit and Stretch AR</p> <p>* 2:00 Small Group Bingo AR</p>	<p>Family Visitations</p> <p>10:00 Country Store</p> <p>* 1:30 Life's A Journey (Travel the UK) AR</p> 	<p>Family Visitations</p> <p>10:00 Sit and Stretch</p> <p>2:00 Food Committee 1st Fl. DR</p> <p>2:30 Food Committee 2nd Fl. DR</p> 	<p>Help Yourself Puzzles Table</p> <p>Family Visitation</p> <p>Bus Service to doctor appointments</p> 	<p>Family Visitations</p> <p>10:00 Activity Cart L</p> <p>* 2:00 Small Group Bingo AR</p> 	<p>Activity Locations</p> <p>AR=Activity Room L=Lobby DR=Dining Room</p> <p>Independent Puzzles, Games & Cards</p>
7	8	9	10	11	12	13
<p>Independent Activity Drawers available</p> <p>9:30am Catholic Mass on WGN Channel 9</p>	<p>Family Visitations</p> <p>* 10:00 Sit and Stretch AR</p> <p>* 2:00 Small Group Bingo AR</p> 	<p>Family Visitations</p> <p>10:00 Country Store</p> <p>2:00 Nerf Shooter Target Practice L</p>	<p>Family Visitations</p> <p>* 10:00 Sit and Stretch AR</p> <p>2:00 Carmel Sundae Cart</p> 	<p>Help Yourself Puzzles Table</p> <p>Family Visitations</p> <p>Bus Service to doctor appointments</p> <p>St. Patrick's Day Coloring Contest (Pick-up in Lobby)</p>	<p>Family Visitations</p> <p>10:00 Mini Donut Cart</p>  <p>* 2:00 Small Group Bingo AR</p>	<p>Independent Puzzles, Games & Cards</p> 
14	15	16	17	18	19	20
<p>Independent Activity Drawers available</p> <p>9:30am Catholic Mass on WGN Channel 9</p>	<p>Family Visitations</p> <p>* 10:00 Sit and Stretch AR</p> <p>* 2:00 Small Group Bingo AR</p>	<p>Family Visitations</p> <p>10:00 Country Store</p> <p>* 2:00 Small Group Craft AR</p>	<p>Family Visitations</p> <p>* 10:00 Sit and Stretch AR</p> <p>2:00 Lu Lu Leprechaun Visits</p>  <p>Coloring Contest Judging</p>	<p>Help Yourself Puzzles Table</p> <p>Family Visitations</p> <p>Bus Service to doctor appointments</p>	<p>Family Visitations</p> <p>* 10:00 See It to Believe It Videos AR</p> <p>* 2:00 Small Group Bingo AR</p>	<p>Independent Puzzles, Games & Cards</p> 
21	22	23	24	25	26	27
<p>Independent Activity Drawers available</p> <p>9:30am Catholic Mass on WGN Channel 9</p>	<p>Family Visitations</p> <p>* 10:00 Sit and Stretch AR</p> <p>* 2:00 Small Group Bingo AR</p> 	<p>Family Visitations</p> <p>10:00 Country Store</p> <p>2:00 Happy Hour Cart</p> 	<p>Family Visitations</p> <p>* 10:00 Sit and Stretch AR</p> <p>1:30 Janet's Ability Course 1st Floor L</p> <p>2:30 Janet's Ability Course 2nd Floor L</p>	<p>Help Yourself Puzzles Table</p> <p>Family Visitations</p> <p>Bus Service to doctor appointments</p>	<p>Family Visitations</p> <p>* 10:00 Coffee Talk AR</p> <p>* 2:00 Small Group Bingo AR</p> 	<p>Independent Puzzles, Games & Cards</p> 
28	29	30	31			
<p>Independent Activity Drawers available</p> <p>9:30am Catholic Mass on WGN Channel 9</p>	<p>Family Visitations</p> <p>* 10:00 Sit and Stretch AR</p> <p>* 2:00 Small Group Bingo AR</p>	<p>Family Visitations</p> <p>10:00 Country Store</p> <p>1:30 Resident Council 1st Floor DR</p> <p>2:30 Resident Council 2nd Floor DR</p>	<p>Family Visitations</p> <p>* 10:00 Sit and Stretch AR</p> <p>2:00 Bean Bag Toss L</p> 	<p>* Sign-up is required for all small group activities. See Pam at the front desk to reserve your seat.</p>	<p>Individual wellness checks are at the beginning of every month. Your CNA will assist you.</p>	<p>St. Patrick's Day March 17th</p> 