



HAPPY NEW YEAR



JANUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- DR** Dining Room
- AR** Activity Room
- LOB** Lobby
- RR** Resident's Room
- CS** Country Store
- Apt.** Apartment
- L** Lounge
- w.o.** White Oaks
- O** Outing

*If you would like an activity/service that's not reflected on the calendar, please see the RSC/Administrator.

*Activities subject to change.

*Monthly wellness checks conducted the 1st-5th.



New Year's Day 01

10:00 Chair Exercise **AR**
10:30 NYD Trivia **AR**
6:00 Independent Board Games **AR**

02

8:30 Doctor appt- sign up **LOB**
9:45 Chair Exercise **AR**
1:00 Pet Visit Cooper **LOB**
2:00 Bingo **DR**
2:00 Confession (Sign Up @ Front Desk) **RR**

03

9:45 Chair Exercise **AR**
10:30 Manicures **AR**
2:00 Ice Cream Social **AR**
3:00 Jeopardy **AR**
5:15 Craft with Girl Scouts **AR**
6:00 Independent Adult Coloring **AR**

04

8:30 Doctor appt- sign up **LOB**
9:45 Chair Exercise **AR**
10:30 Country Store **CS**
10:30 Catholic Communion **AR**
1:00 Pet Visit Cooper **LOB**
2:00 Craft **AR**
6:00 Independent Card Games **AR**

05

9:45 Chair Exercise **AR**
10:30 Walking Club **AR**
1:45 Dance Party **DR**
2:00 Bingo **DR**
3:00 Happy Hour and Music **DR**
6:00 Independent Dice Games **AR**

06

All Day Activity Pack-pick up at front desk IND,DR \$
10:30 Exercises **AR**
1:00 Saturday Movie w/ Snack **AR**
6:00 Independent Card Games **AR**

07

All Day Activity Pack-pick up at front desk IND,DR \$
10:30 Exercises **AR**
11:00 Mass on Ch. 119 **Apt.**
2:00 Bingo with Marie **DR**
5:00 Sunday Movie **L**

08

9:45 Chair Exercise **AR**
10:30 Country Store **CS**
1:30 Baking Club **AR**
2:00 Live Music by Michael **w.o.**
3:00 Wheel of Fortune **AR**
6:00 Independent Board Games **AR**

09

8:30 Doctor appt- sign up **LOB**
9:45 Chair Exercise **AR**
1:00 Pet Visit Cooper **LOB**
2:00 Bingo **DR**

10

9:45 Chair Exercise **AR**
10:00 Discovery Series **AR**
10:30 Manicures **AR**
1:30 Outing-Millie's **O**
4:00 Family Holiday Party **DR**
6:00 Independent Adult Coloring **AR**

11

8:30 Doctor appt- sign up **LOB**
9:45 Chair Exercise **AR**
10:30 Country Store **CS**
10:30 Catholic Communion **AR**
1:00 Pet Visit Cooper **LOB**
2:00 Lutheran Church Service-St. Peter **AR**

12

9:45 Chair Exercise **AR**
10:30 Walking Club **AR**
1:45 Dance Party **DR**
2:00 Bingo **DR**
3:00 Happy Hour and Music **DR**
6:00 Independent Dice Games **AR**

13

All Day Activity Pack-pick up at front desk IND,DR \$
10:30 Exercises **AR**
1:00 Saturday Movie w/ Snack **AR**
6:00 Independent Card Games **AR**

14

All Day Activity Pack-pick up at front desk IND,DR \$
10:30 Exercises **AR**
11:00 Mass on Ch. 119 **Apt.**
1:30 Games w/ Leggee Students **DR**
2:00 Bingo **DR**
5:00 Sunday Movie **L**

15

Birthday of Martin Luther King, Jr.
All Day Activity Packets @ Front Desk
6:00 Independent Board Games **AR**

16

8:30 Doctor appt- sign up **LOB**
9:45 Chair Exercise **AR**
1:00 Pet Visit Cooper **LOB**
2:00 Live Music by Charles **DR**

17

9:45 Chair Exercise **AR**
10:30 Manicures **AR**
1:30 Outing-Goodwill **O**
3:00 Jeopardy **AR**
6:00 Independent Adult Coloring **AR**

18

8:30 Doctor appt- sign up **LOB**
9:45 Chair Exercise **AR**
10:30 Country Store **CS**
10:30 Catholic Communion **AR**
1:00 Pet Visit Cooper **LOB**
2:00 Resident Council Meeting **DR**

19

9:45 Chair Exercise **AR**
10:30 Chapel Service w/ Gentiva Hospice Chaplin **AR**
10:30 Walking Club **AR**
1:45 Dance Party **DR**
2:00 Bingo **DR**
3:00 Happy Hour and Music **DR**

20

All Day Activity Pack-pick up at front desk IND,DR \$
10:30 Exercises **AR**
1:00 Saturday Movie w/ Snack **AR**
6:00 Independent Card Games **AR**

21

All Day Activity Pack-pick up at front desk IND,DR \$
10:30 Exercises **AR**
11:00 Mass on Ch. 119 **Apt.**
1:30 Show and Tell w/ Leggee Students **DR**
2:00 Bingo with Marie **DR**
5:00 Sunday Movie **L**

22

9:45 Chair Exercise **AR**
10:30 Country Store **CS**
2:00 Food Council Meeting **DR**
3:00 Wheel of Fortune **AR**
6:00 Independent Board Games **AR**

23

8:30 Doctor appt- sign up **LOB**
9:45 Chair Exercise **AR**
1:00 Pet Visit Cooper **LOB**
2:00 Bingo **DR**

24

9:45 Chair Exercise **AR**
10:30 Manicures **AR**
2:00 Craft **AR**
3:00 Jeopardy **AR**
6:00 Independent Adult Coloring **AR**

25

8:30 Doctor appt- sign up **LOB**
9:45 Chair Exercise **AR**
10:30 Country Store **CS**
10:30 Catholic Communion **AR**
1:00 Pet Visit Cooper **LOB**
2:00 Lutheran Church Service-St. Peter **AR**

26

9:45 Chair Exercise **AR**
10:30 Walking Club **AR**
1:45 Dance Party **DR**
2:00 Bingo w/ Amanda from Tower Hill **DR**
3:00 Happy Hour and Music **DR**
6:00 Independent Dice Games **AR**

27

All Day Activity Pack-pick up at front desk IND,DR \$
10:30 Exercises **AR**
1:00 Saturday Movie w/ Snack **AR**
6:00 Independent Card Games **AR**

28

All Day Activity Pack-pick up at front desk IND,DR \$
10:30 Exercises **AR**
11:00 Mass on Ch. 119 **Apt.**
1:30 Craft w/ Leggee Students **DR**
2:00 Bingo **DR**
5:00 Sunday Movie **L**

29

9:45 Chair Exercise **AR**
10:30 Country Store **CS**
1:30 Cornhole/Bags **AR**
3:00 Card Games **AR**
6:00 Independent Board Games **AR**

30

8:30 Doctor appt- sign up **LOB**
9:45 Chair Exercise **AR**
10:15 Hand Massages-Sign up at front desk **AR**
1:00 Pet Visit Cooper **LOB**
2:00 Bingo **DR**

31

9:45 Chair Exercise **AR**
10:30 Manicures **AR**
1:30 Wine & Cheese Social **AR**
3:00 Jeopardy **AR**
6:00 Independent Adult Coloring **AR**

January Birthdays:

Lena W. 1/1, Sandra B. 1/3, Pat B. 1/9, Elaine A. 1/16, Joan S. 1/18, Beverly F. 1/19, Joe E. 1/25, Carol P. 1/25, Rita S. 1/28, Romelle O. 1/28

Come Join Us:

10th: Family Holiday Dinner
16th: Live Music