

MAY 2023

MEMORIAL DAY



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



- Dimensions of Wellness
- Physical
 - Emotional
 - Spiritual
 - Environmental
 - Vocational
 - Social
 - Intellectual

- Meeting Places
- AR** Activity Room
 - DR** Dining Room
 - CS** Country Store
 - LOB** Lobby
 - RR** Resident's Room
 - Apt.** Apartment
 - L** Lounge
 - O** Outing
 - w.o.** White Oaks

*If you would like an activity/service that's not reflected on the calendar, please see the RSC/Administrator.

*Activities subject to change.

*Monthly wellness checks conducted the 1st-5th.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|---|--|--|
| <p>01</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>1:15 Physical Game-Balloon Volleyball AR</p> <p>2:30 New Resident Meet & Greet DR</p> <p>6:00 Independent Board Games AR</p> | <p>02</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Confession (Sign Up @ Front Desk) RR</p> <p>2:00 Dollar Bingo DR</p> <p>3:00 Wheel of Fortune AR</p> <p>6:00 Socialize Central DR</p> | <p>03</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Manicures AR</p> <p>2:00 Card Game-Uno AR</p> <p>3:00 Jeopardy AR</p> <p>6:00 Independent Adult Coloring AR</p> | <p>04</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>10:30 Catholic Communion AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Craft-Making Derby Hats AR</p> | <p>05</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Walking Club AR</p> <p>1:45 Dance Party DR</p> <p>2:00 Bingo DR</p> <p>3:00 Cinco De Mayo Happy Hour DR</p> <p>6:00 Independent Dice Games AR</p> | <p>06</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>1:00 Saturday Movie w/ Snack AR</p> <p>5:00 Kentucky Derby DR</p> <p>6:00 Independent Card Games AR</p> | |
| <p>07</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>11:00 Mass on Ch. 119 Apt.</p> <p>2:00 Bingo DR</p> <p>3:00 Live Instrumental Music by Leggee Students DR</p> <p>5:00 Sunday Movie L</p> | <p>08</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>1:00 Wii Games AR</p> <p>2:30 Crafty Corner AR</p> <p>6:00 Independent Board Games AR</p> | <p>09</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Dollar Bingo DR</p> <p>3:00 Wheel of Fortune AR</p> <p>6:00 Socialize Central DR</p> | <p>10</p> <p>9:45 Chair Exercise AR</p> <p>10:00 Discovery Series AR</p> <p>10:30 Manicures AR</p> <p>1:30 Outing-Millie's Gaming Café O</p> <p>6:00 Independent Adult Coloring AR</p> | <p>11</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>10:30 Catholic Communion AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:30 Baking Club AR</p> <p>5:30 Crafty Corner AR</p> | <p>12</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Walking Club AR</p> <p>1:45 Dance Party DR</p> <p>2:00 Bingo DR</p> <p>3:00 Happy Hour and Music DR</p> <p>6:00 Independent Dice Games AR</p> | <p>13</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>1:00 Saturday Movie w/ Snack AR</p> <p>6:00 Independent Card Games AR</p> |
| <p>14</p> <p>All Day Mother's Day Celebration</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>11:00 Mass on Ch. 119 Apt.</p> <p>2:00 Bingo with Sam DR</p> <p>5:00 Sunday Movie L</p> | <p>15</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>1:15 Physical Game-Cornhole AR</p> <p>2:00 Food Council Meeting DR</p> <p>6:00 Independent Board Games AR</p> | <p>16</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Live Music by Doc Diamond DR</p> <p>6:00 Socialize Central DR</p> | <p>17</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Manicures AR</p> <p>1:30 Outing-Best Friends Consignment O</p> <p>6:00 Independent Adult Coloring AR</p> | <p>18</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>10:30 Catholic Communion AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Resident Council Meeting DR</p> <p>5:30 Crafty Corner AR</p> | <p>19</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Walking Club AR</p> <p>1:45 Dance Party DR</p> <p>2:00 Bingo DR</p> <p>3:00 Happy Hour and Music DR</p> <p>6:00 Independent Dice Games AR</p> | <p>20</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>1:00 Saturday Movie w/ Snack AR</p> <p>6:00 Independent Card Games AR</p> |
| <p>21</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>11:00 Mass on Ch. 119 Apt.</p> <p>2:00 Bingo DR</p> <p>3:00 Live Instrumental Music by Leggee Students DR</p> <p>5:00 Sunday Movie L</p> | <p>22</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>1:00 Wii Games AR</p> <p>2:00 Live Music by Rick w.o.</p> <p>2:30 Crafty Corner AR</p> <p>6:00 Independent Board Games AR</p> | <p>23</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Dollar Bingo DR</p> <p>3:00 Wheel of Fortune AR</p> <p>6:00 Socialize Central DR</p> | <p>24</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Manicures AR</p> <p>12:00 Outing-Jameson's Charhouse O</p> <p>3:00 Jeopardy AR</p> <p>6:00 Independent Adult Coloring AR</p> | <p>25</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>10:30 Catholic Communion AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:30 Baking Club AR</p> <p>5:30 Crafty Corner AR</p> | <p>26</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Walking Club AR</p> <p>1:45 Dance Party DR</p> <p>2:00 Bingo DR</p> <p>3:00 Happy Hour and Music DR</p> <p>6:00 Independent Dice Games AR</p> | <p>27</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>1:00 Saturday Movie w/ Snack AR</p> <p>6:00 Independent Card Games AR</p> |
| <p>28</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>11:00 Mass on Ch. 119 Apt.</p> <p>2:00 Bingo with Sam DR</p> <p>5:00 Sunday Movie L</p> | <p>Memorial Day 29</p> <p>10:00 Chair Exercise AR</p> <p>1:00 Memorial Day Treat AR</p> <p>6:00 Independent Board Games AR</p> | <p>30</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Dollar Bingo DR</p> <p>3:00 Wheel of Fortune AR</p> <p>6:00 Socialize Central DR</p> | <p>31</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Manicures AR</p> <p>1:30 Wine & Cheese Social AR</p> <p>3:00 Jeopardy AR</p> <p>6:00 Independent Adult Coloring AR</p> | <p>May</p> | | <p><u>Come Join Us:</u></p> <p>-May 6th: Kentucky Derby Event</p> <p>-May 16th: Live music by Doc Diamond</p> |
| | | | | | | <p><u>May Birthdays:</u></p> <p>Karen B. 5/3</p> <p>Marlene M. 5/6</p> <p>Alan L. 5/16</p> <p>Albert L. 5/19</p> |