

MARCH 2023



SAINT PATRICK'S



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- AR** Activity Room
- DR** Dining Room
- CS** Country Store
- LOB** Lobby
- Apt.** Apartment
- RR** Resident's Room
- O** Outing
- w.o.** White Oaks

*If you would like an activity/service that's not reflected on the calendar, please see the RSC/Administrator.

*Activities subject to change.

*Monthly wellness checks conducted the 1st-5th.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>March Birthdays:</u></p> <p>Bill B. 3/1</p> <p>Mary S. 3/5</p> <p>Raymond K. 3/17</p>	<p><u>Come Join Us:</u></p> <p>14th: Live Music by Randy</p> <p>17th: St. Patrick's Day Happy Hour</p>		<p>01</p> <p>09:45 Chair Exercise</p> <p>10:30 Manicures</p> <p>02:00 Ice Cream Social</p> <p>03:00 Jeopardy</p> <p>06:00 Independent Adult Coloring</p>	<p>02</p> <p>09:45 Chair Exercise</p> <p>10:30 Country Store</p> <p>10:30 Catholic Communion</p> <p>01:00 Pet Visit Cooper</p> <p>02:30 Baking Club</p> <p>05:00 Crafty Corner</p>	<p>03</p> <p>09:45 Chair Exercise</p> <p>10:30 Walking Club</p> <p>01:45 Dance Party</p> <p>02:00 Bingo</p> <p>03:00 Happy Hour and Music</p> <p>06:00 Independent Dice Games</p>	<p>04</p> <p>All Day Activity Pack-pick up at front desk</p> <p>10:30 Exercises</p> <p>01:00 Saturday Movie w/ Snack</p> <p>06:00 Independent Card Games</p>
<p>05</p> <p>All Day Activity Pack-pick up at front desk</p> <p>10:30 Exercises</p> <p>11:00 Mass on Ch. 119</p> <p>02:00 Bingo with Sam</p> <p>03:00 Live Instrumental Music by Leggee Students</p>	<p>06</p> <p>09:45 Chair Exercise</p> <p>10:15 Wheel of Fortune</p> <p>10:30 Country Store</p> <p>01:15 Physical Game-Balloon Volleyball</p> <p>02:30 New Resident Meet & Greet</p> <p>06:00 Independent Board Games</p>	<p>07</p> <p>08:30 Doctor appt- sign up</p> <p>09:45 Chair Exercise</p> <p>01:00 Pet Visit Cooper</p> <p>02:00 Confession (Sign Up @ Front Desk)</p> <p>02:00 Dollar Bingo</p> <p>06:00 Socialize Central</p>	<p>08</p> <p>09:45 Chair Exercise</p> <p>10:00 Discovery Series</p> <p>10:30 Manicures</p> <p>01:30 Outing-Goodwill</p> <p>06:00 Independent Adult Coloring</p>	<p>09</p> <p>09:45 Chair Exercise</p> <p>10:30 Country Store</p> <p>10:30 Catholic Communion</p> <p>01:00 Pet Visit Cooper</p> <p>02:00 Dice Games</p> <p>05:00 Crafty Corner</p>	<p>10</p> <p>09:45 Chair Exercise</p> <p>10:30 Walking Club</p> <p>01:45 Dance Party</p> <p>02:00 Bingo</p> <p>03:00 Happy Hour and Music</p> <p>06:00 Independent Dice Games</p>	<p>11</p> <p>All Day Activity Pack-pick up at front desk</p> <p>10:30 Exercises</p> <p>01:00 Saturday Movie w/ Snack</p> <p>06:00 Independent Card Games</p>
<p>12</p> <p>All Day Activity Pack-pick up at front desk</p> <p>10:30 Exercises</p> <p>11:00 Mass on Ch. 119</p> <p>02:00 Bingo with Marie</p> <p>03:00 Live Instrumental Music by Leggee Students</p>	<p>13</p> <p>09:45 Chair Exercise</p> <p>10:15 Wheel of Fortune</p> <p>10:30 Country Store</p> <p>01:00 Wii Games</p> <p>02:30 Crafty Corner</p> <p>06:00 Independent Board Games</p>	<p>14</p> <p>08:30 Doctor appt- sign up</p> <p>09:45 Chair Exercise</p> <p>01:00 Pet Visit Cooper</p> <p>02:00 Live Music by Doc Diamond</p> <p>06:00 Socialize Central</p>	<p>15</p> <p>09:45 Chair Exercise</p> <p>10:30 Manicures</p> <p>11:00 Outing-Jameson's Charhouse</p> <p>02:00 Card Game-Uno</p> <p>06:00 Independent Adult Coloring</p>	<p>16</p> <p>09:45 Chair Exercise</p> <p>10:30 Country Store</p> <p>10:30 Catholic Communion</p> <p>01:00 Pet Visit Cooper</p> <p>02:00 Resident Council Meeting</p> <p>05:00 Crafty Corner</p>	<p>17 St. Patrick's Day</p> <p>09:45 Chair Exercise</p> <p>10:30 Walking Club</p> <p>01:45 Dance Party</p> <p>02:00 Bingo</p> <p>03:00 St. Patrick's Day Happy Hour</p> <p>06:00 Independent Dice Games</p>	<p>18</p> <p>All Day Activity Pack-pick up at front desk</p> <p>10:30 Exercises</p> <p>01:00 Saturday Movie w/ Snack</p> <p>06:00 Independent Card Games</p>
<p>19</p> <p>All Day Activity Pack-pick up at front desk</p> <p>10:30 Exercises</p> <p>11:00 Mass on Ch. 119</p> <p>02:00 Bingo with Sam</p> <p>03:00 Live Instrumental Music by Leggee Students</p>	<p>20</p> <p>09:45 Chair Exercise</p> <p>10:15 Wheel of Fortune</p> <p>10:30 Country Store</p> <p>01:15 Physical Game-Bowling</p> <p>02:00 Food Council Meeting</p> <p>06:00 Independent Board Games</p>	<p>21</p> <p>08:30 Doctor appt- sign up</p> <p>09:45 Chair Exercise</p> <p>01:00 Pet Visit Cooper</p> <p>02:00 Dollar Bingo</p> <p>02:00 Live Music by Randy W.</p> <p>06:00 Socialize Central</p>	<p>22</p> <p>09:45 Chair Exercise</p> <p>10:30 Manicures</p> <p>01:30 Outing-Gingers Gaming Café</p> <p>06:00 Independent Adult Coloring</p>	<p>23</p> <p>09:45 Chair Exercise</p> <p>10:30 Country Store</p> <p>10:30 Catholic Communion</p> <p>01:00 Pet Visit Cooper</p> <p>02:00 Dice Games</p> <p>05:00 Crafty Corner</p>	<p>24</p> <p>09:45 Chair Exercise</p> <p>10:30 Walking Club</p> <p>01:45 Dance Party</p> <p>02:00 Bingo</p> <p>03:00 Happy Hour and Music</p> <p>06:00 Independent Dice Games</p>	<p>25</p> <p>All Day Activity Pack-pick up at front desk</p> <p>10:30 Exercises</p> <p>01:00 Saturday Movie w/ Snack</p> <p>06:00 Independent Card Games</p>
<p>26</p> <p>All Day Activity Pack-pick up at front desk</p> <p>10:30 Exercises</p> <p>11:00 Mass on Ch. 119</p> <p>02:00 Bingo with Marie</p> <p>03:00 Live Instrumental Music by Leggee Students</p>	<p>27</p> <p>09:45 Chair Exercise</p> <p>10:15 Wheel of Fortune</p> <p>10:30 Country Store</p> <p>01:00 Wii Games</p> <p>02:30 Crafty Corner</p> <p>06:00 Independent Board Games</p>	<p>28</p> <p>08:30 Doctor appt- sign up</p> <p>09:45 Chair Exercise</p> <p>01:00 Pet Visit Cooper</p> <p>02:00 Dollar Bingo</p> <p>06:00 Socialize Central</p>	<p>29</p> <p>09:45 Chair Exercise</p> <p>10:30 Manicures</p> <p>01:30 Wine & Cheese Social</p> <p>03:00 Jeopardy</p> <p>06:00 Independent Adult Coloring</p>	<p>30</p> <p>09:45 Chair Exercise</p> <p>10:30 Country Store</p> <p>10:30 Catholic Communion</p> <p>01:00 Pet Visit Cooper</p> <p>02:30 Baking Club</p> <p>05:00 Crafty Corner</p>	<p>31</p> <p>09:45 Chair Exercise</p> <p>10:30 Walking Club</p> <p>01:45 Dance Party</p> <p>02:00 Bingo</p> <p>03:00 Happy Hour and Music</p> <p>06:00 Independent Dice Games</p>	<p>Dimensions of Wellness</p> <p>International Council on Active Aging®</p>

