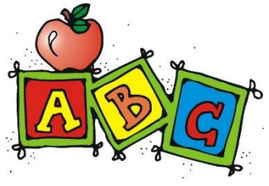
September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Oaks at Huntley A Memory Care Community for the Older Adult		**Monthly Family Event** **Chocolate & Gold with Debbie Goff** Sept. 4 6-7 PM **Family Day** Sept. 15 1:30-3:30 PM **Dementia Support Group** Sept. 19 10:30-11:30 AM **Taming The Family Zoo with Debbie Goff** Sept. 20 6-7 PM	Football Season Begins- Go Bears!!	***Monthly Birthdays*** 9/11-Ralph (Nurse)		**1** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Movement with Music **11:00** Morning Chat/News **1:00** Our Time **2:30** Bingo **3:30** Junkyard Detectives **4:00** Sing-a-long **6:00** Cubs Game
2 **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Hymn Music **10:30** Movement with Music **11:00** Morning Chat/News **1:00** Our Time **2:30** Lets Laugh!!! **3:00** Balloon Noodles **4:00** Short Stories **6:30** Sunday Night at the Movies	**3 Labor Day** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Exercise Fun **10:30** Lutheran Service (HW) **11:00** Morning Chat/News **1:00** Cubs Game **3:00** Name That Animal **6:30** Music Through the Ages	**4** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Exercise Fun **10:30** Communion/Rosary (HW) **11:00** Morning Chat/News **1:00** Our Time **2:30** Bingo **3:30** Price is Right Game **6:00** Chocolate & Gold with Debbie Goff	**5** **8:30** Wellness Check **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Sing-a-long **10:30** Exercise Fun **11:00** Morning Chat/News **12:30** Salon **1:00** Our Time **2:30** Make It & Take It **3:30** Wii Bowling **6:30** TV Classic	**6** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** **Golden Nail Salon** **10:30** Exercise DVD **11:00** Morning Chat/News **1:00** Our Time **2:00** Neighborhood Walk **2:15** Community Sing-a-long(HW) **3:00** Big Word **6:30** Wheel of Fortune Trivia	**7** **8:30** Wellness Check **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Gourmet Class **10:30** Exercise Fun **11:00** Morning Chat/News **1:00** Our Time **2:00** Resident Birthday Party & Entertainment **3:30** Reminiscing **6:30** Movie-Comedy	**8** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Movement with Music **11:00** Morning Chat/News **1:00** Our Time **2:00** Piano Recital (HW) **3:00** Neighborhood Walk-(HW) **3:45** Ball Toss **6:30** Fireplace Chat-Getting to Know You
9 Grandparent's Day **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Grandparents Song & Poems **10:30** Movement with Music **11:00** Morning Chat/News **1:00** Neighborhood Walk-(HW) **1:30** Sing-a-long with Bonnie **3:00** Grandparents Are A Hoot **6:30** Sunday Night at the Movies	**10** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** **Site Seeing Trip** **10:30** Exercise Fun **10:30** Lutheran Service (HW) **11:00** Morning Chat/News **1:00** Neighborhood Walk-(HW) **1:30** Bingo (HW) **2:30** Benefits of Exercise **3:45** Name That Animal **6:30** Music Through the Ages	**11** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Exercise Fun **10:30** Communion/Rosary (HW) **11:00** Morning Chat/News **1:00** Our Time **1:30** Neighborhood Walk-(HW) **2:00** Magician **3:30** Pictionary **6:30** Bean Bag Toss	**12** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Sing-a-long **10:30** Exercise Fun **11:00** Morning Chat/News **12:30** Salon **1:30** Biography of Betty Grable **2:30** Ice Cream Social (HW) **4:00** Neighborhood Walk **6:30** TV Classic	**13** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Rosary **9:30** Independent Activities **10:30** Exercise DVD **11:00** Morning Chat/News **11:00** **Lunch at Tommy's** **1:00** Our Time **2:00** A Zoo to You **3:30** Big Word **6:30** Wheel of Fortune Trivia 	**14** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Gourmet Class **10:30** Exercise Fun **11:00** Morning Chat/News **1:00** Our Time **1:30** Neighborhood Walk **2:00** Entertainment: Joe Sakowski **3:30** Reminiscing **6:30** Movie-Comedy	**15** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Movement with Music **11:00** Morning Chat/News **1:30** Family Day **4:00** Trivia **6:30** Fireplace Chat-Getting to Know You
16 **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Hymn Music **10:30** Movement with Music **11:00** Morning Chat/News **1:00** Our Time **2:30** Lets Laugh!!! **3:00** Balloon Noodles **4:00** Short Stories **6:30** Sunday Night at the Movies	**17** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Exercise Fun **10:30** Lutheran Service (HW) **11:00** Morning Chat/News **1:00** Our Time **2:00** **Ice Cream at Dairy Mart** **3:00** Trivia **3:30** Name That Animal **6:30** Music Through the Ages	**18** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Exercise Fun **10:30** Communion/Rosary (HW) **11:00** Morning Chat/News **1:00** Our Time **2:30** Around The World Through Music with Heather **4:00** Pictionary **6:00** Sox Game	**19** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Sing-a-long **10:30** Exercise Fun **11:00** Morning Chat/News **12:30** Salon **1:00** Men's Group **2:30** Make It & Take It **3:30** Wii Bowling **6:30** TV Classic	**20** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Exercise DVD **11:00** Morning Chat/News **11:30** **St Mary's Service & Lunch** **1:00** Our Time **2:00** Neighborhood Walk **2:15** Community Sing-a-long(HW) **3:30** Big Word **6:00** Taming The Family Zoo (HW)-Debbie Goff	**21 Crosstown Classic** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Gourmet Cooking **10:30** Exercise Fun **11:00** Morning Chat/News **1:00** Our Time **2:30** Bocce Ball **3:00** Cubs/Sox Game **3:30** Reminiscing **6:30** Movie-Comedy	**22 Autumn Begins** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Movement with Music **11:00** Morning Chat/News **1:00** Our Time **2:00** Resident Birthday Party with Nicki **3:45** Animal Game **6:00** Cubs/Sox Game
23 **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Hymn Music **10:30** Movement with Music **11:00** Morning Chat/News **1:00** Cubs/Sox Game **2:30** Lets Laugh!!! **3:00** Balloon Noodles **3:30** Bears Game **4:00** Short Stories **6:30** Sunday Night at the Movies	**24** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Exercise Fun **10:30** Lutheran Service (HW) **11:00** Morning Chat/News **11:30** **Lunch at Rookies** **1:00** Our Time **1:30** Neighborhood Walk-(HW) **2:00** Horse Derby -(HW) **3:30** Name That Animal **6:30** Music Through the Ages	**25** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Exercise Fun **10:30** Communion/Rosary (HW) **11:00** Morning Chat/News **1:00** Our Time **2:30** Bingo **3:30** Pictionary **6:30** Bean Bag Toss	**26** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Sing-a-long **10:30** Exercise Fun **11:00** Resident Council **12:30** Salon **1:00** Food Committee (HW) **1:00** Our Time **2:30** Make It & Take It **3:30** Wii Bowling **6:30** TV Classic	**27** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Exercise DVD **11:00** Morning Chat/News **1:00** Our Time **1:30** **Glo Bowl-Marengo** **2:30** Noodle Balloon **3:30** Big Word **6:30** Wheel of Fortune Trivia	**28** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Chicken Soup for the Soul With Rev. Patty **11:00** Morning Chat/News **1:00** Let's Play Ball Social **3:00** Dice Games **3:30** Reminiscing **6:30** Movie-Comedy	**29** **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:30** Movement with Music **11:00** Morning Chat/News **1:00** Our Time **2:30** Bingo **3:30** Junkyard Detectives **4:00** Sing-a-long **6:30** Fireplace Chat-Getting to Know You
30 **9:00** Music Appreciation **9:30** Outdoor Fun **9:30** Independent Activities **10:00** Hymn Music **10:30** Movement with Music **11:00** Morning Chat/News **12:00** Bears Game **2:30** Lets Laugh!!! **3:00** Balloon Noodles **4:00** Short Stories **6:30** Sunday Night at the Movies		**Outings** 9/6-Golden Nail Salon 9/10-Site Seeing 9/13-Lunch at Tommy's 9/17-Ice Cream at Dairy Mart 9/20-St. Mary's Service & Lunch 9/24-Lunch at Rookies 9/27-Glo Bowl-Marengo	**Capture The Moment** Assisted Living Week Sept. 9-15 Come join in on the activities being held throughout the week. 	**Mark Your Calendar** Walking for a Cure Alzheimer's Walk Sunday, October 14 Join the White Oaks of Huntley Warriors http://act.alz.org/goto/huntleywarriors	Cross Town Classic Cubs VS Sox Sept. 21-23 	**Country Store Hours** (Heritage Woods) Monday, Wednesday, Friday 9:30-10:30 AM