



# VALENTINE'S DAY

FEBRUARY 2024      SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY

**Dimensions of Wellness**

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

**Meeting Places**

- DR Dining Room
- LO Lobby
- AR Activity Room
- ULOU Upstairs Lounge
- CS Country Store
- LR Living Room
- PDR Private Dining Room

**Join Us For:**

**Creative Canvas**

**Sunday February 18th**

**1:30PM - 3:00PM**

**Dining Room**

**Music with the Freeport Art Museum**

**Monday February 19th**

**2:30PM - 3:30PM**

**Dining Room**

		<b>February Birthdays:</b> <b>02/04: Marlene D.</b> <b>02/04: Loretta M.</b> <b>02/05: Debra H.</b> <b>02/07: Patricia B.</b>	<b>February Birthdays:</b> <b>02/08: Daryl S.</b> <b>02/16: Joan H.</b> <b>02/17: Carol J.</b> <b>02/17: Ida M.</b>		<b>01</b> 10:00a The All Aboard Hour AR 1:00p Elenor Wachlin Piano Music \$ LO 2:00p BINGO DR 5:00p Pool 101 AR 6:00p Wii Open Bowling \$ ULOU	<b>02</b> 8:00a Podiatry Visit AR 10:00a Chair Exercise with Music \$ AR 12:30p Country store CS 3:00p Mystery Inc. LR 6:00p Wii Open Bowling \$ ULOU	<b>03</b> All Day Puzzle Packet \$ LR 8:00a Good Morning America ULOU 6:00p Wii Open Bowling \$ LR 6:30p Movie/Resident Choice LR
<b>04</b> 3:00p Bunco \$ AR 6:00p Wii Open Bowling \$ ULOU 6:30p Sunday Mass NBC AR 7:00p Celebrity Family Feud LR	<b>05</b> 9:30a Catholic Communion \$ ULOU 10:00a Exercise with Tess \$ AR 2:00p Resident Council \$ AR 3:00p Readers Corner ULOU 6:00p Wii Open Bowling \$ ULOU	<b>06</b> 10:00a Mobile Library AR 12:30p Country store CS 2:00p BINGO DR 3:00p Tech Talk AR 5:00p Pool 101 AR 6:00p Wii Open Bowling \$ ULOU	<b>07</b> 10:00a Exercise- Ball Toss \$ AR 2:00p Food Committee AR 3:00p Activity Committee Meeting ULOU 3:00p Bible Videos and Music AR 6:00p Wii Open Bowling \$ ULOU 6:30p Bible Study \$ AR	<b>08</b> 10:00a Coloring Mardi Gras Style AR 2:00p Healthy Eating with Rachel DR 3:00p BINGO LO 5:00p Pool 101 AR 6:00p Wii Open Bowling \$ ULOU	<b>09</b> 10:00a Chair Exercise with Music \$ AR 12:30p Country store CS 1:00p Bakers Corner \$ AR 3:00p Mystery Inc. LR 6:00p Wii Open Bowling \$ ULOU	<b>10</b> All Day Puzzle Packet \$ LR 8:00a Good Morning America LR 9:00a MOVIE: 80 for Brady AR 6:00p Wii Open Bowling \$ ULOU 6:30p Movie/Resident Choice LR	
<b>11</b> All Day Super Bowl Sunday All Day Wear Your Favorite Football Team Colors 9:30a WATCH: The Best Super Bowl Commercials of All Time AR 2:00p Marble Chase AR 3:00p Bunco \$ AR 6:00p WATCH: Super Bowl LVIII ULOU 6:30p Sunday Mass NBC AR 7:00p Celebrity Family Feud LR	<b>12</b> 9:30a Catholic Communion \$ ULOU 10:00a Exercise with Tess \$ AR 1:30p Chat Over Coffee \$ DR 3:00p Readers Corner ULOU 6:00p Wii Open Bowling \$ ULOU	<b>13</b> All Day Mardi Gras All Day Wear Purple/Green and or Gold 10:00a FPL Craft AR 12:30p Country store CS 2:00p BINGO Mardi Gras Style DR 3:00p Mardi Gras Cake Walk AR 5:00p Pool 101 AR 6:00p Wii Open Bowling \$ ULOU	<b>14 Valentine's Day</b> All Day Wear Your Favorite Red or Pink Clothes! 9:00a Ash Wednesday Devotion AR 10:00a Exercise- Ball Toss \$ AR 11:00a Lunch: Valentines Day Theme Lunch with Desert Bar DR 2:00p Valentines Day Party DR 3:00p Bible Videos and Music AR 6:00p Wii Open Bowling \$ ULOU 6:30p Bible Study \$ AR	<b>15</b> 10:00a Coloring with Music AR 1:00p Eleanor Wachlin Piano Music \$ LO 2:00p BINGO DR 5:00p Pool 101 AR 6:00p Wii Open Bowling \$ ULOU	<b>16</b> 10:00a Chair Exercise with Music \$ AR 12:30p Country store CS 1:30p Monthly Walmart Trip LO 3:00p Mystery Inc. LR 6:00p Wii Open Bowling \$ ULOU	<b>17</b> All Day Puzzle Packet \$ LR 8:00a Good Morning America LR 9:30a Bingo Auction/Sale LO 6:00p Wii Open Bowling \$ ULOU 6:30p Movie/Resident Choice LR	
<b>18</b> 1:30p Creative Canvas LO 3:00p Bunco \$ AR 6:00p Wii Open Bowling \$ ULOU 6:30p Sunday Mass NBC AR 7:00p Celebrity Family Feud LR	<b>19 President's Day</b> 9:30a Catholic Communion \$ ULOU 10:00a Exercise with Tess \$ AR 1:30p Chat Over Coffee \$ DR 2:30p Music with Freeport Art Museum DR 3:00p Readers Corner ULOU 6:00p Wii Open Bowling \$ ULOU	<b>20</b> 10:00a Crafting with the Administrator AR 12:30p Country store CS 2:00p BINGO DR 2:00p Meet and Greet Open House LO 3:00p Tech Talk AR 5:00p Pool 101 AR 6:00p Wii Open Bowling \$ ULOU	<b>21</b> 10:00a Exercise- Ball Toss \$ AR 2:00p Coloring with Music AR 3:00p Bible Videos and Music AR 6:00p Wii Open Bowling \$ ULOU 6:30p Bible Study \$ AR	<b>22</b> 10:00a Family Feud \$ AR 11:00a February Birthday/Welcome Lunch PDR 2:00p BINGO LO 5:00p Pool 101 AR 6:00p Mickey Mouse Club AR 6:00p Wii Open Bowling \$ ULOU	<b>23</b> 10:00a Chair Exercise with Music \$ AR 12:30p Country store CS 1:00p Bakers Corner \$ AR 3:00p Mystery Inc. LR 6:00p Elvis Club AR 6:00p Wii Open Bowling \$ ULOU	<b>24</b> All Day Puzzle Packet \$ LR 8:00a Good Morning America LR 6:00p Wii Open Bowling \$ ULOU 6:30p Movie/Resident Choice LR	
<b>25</b> 2:00p Marble Chase AR 3:00p Bunco \$ AR 6:00p Wii Open Bowling \$ ULOU 6:30p Sunday Mass NBC AR 7:00p Celebrity Family Feud LR	<b>26</b> 9:30a Catholic Communion \$ ULOU 10:00a Exercise with Tess \$ AR 11:00a Lunch at Riverside 7 AR 1:30p Chat Over Coffee \$ DR 3:00p Readers Corner ULOU 6:00p Wii Open Bowling \$ ULOU	<b>27</b> 10:00a National Polar Bear Day Trivia AR 12:30p Country store CS 2:00p BINGO DR 3:00p Tech Talk AR 5:00p Pool 101 AR 6:00p Wii Open Bowling \$ ULOU	<b>28</b> 10:00a Exercise- Ball Toss \$ AR 2:00p Leap Frog Race LO 3:00p Bible Videos and Music AR 6:00p Wii Open Bowling \$ ULOU 6:30p Bible Study \$ AR	<b>29</b> 10:00a All Aboard Hour-Board Games AR 2:00p BINGO LO 5:00p Pool 101 AR 6:00p Wii Open Bowling \$ ULOU			