



VALENTINE'S DAY ?



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	FEBRUARY 2024
Environmental Dimensions of Wellness September of Septemb	SUPER BOWL		MARDI GRASSE	10:00 Universal Yums D 2:00 Bingo D	Day OW 9:30 Exercise Class OW 1:00 Hair Salon By Appointment 2:00 Heritage Pinochle's	National Carrot Cake Day 9:30	Dimensions of Wellness Physical Emotional Spiritual Environmental Vocational Social
11:30 Daily Chronicle at DOW Lunch 6:00 JC & The SONshine Saints UPS	10:00 Food Council UPS 10:00 Manicures UPS	2:00 Bingo DOW	3:00 Mary K on the Piano DOW	9:45 Bingo at Meals on Wheels S 2:00 Bingo	9:30 Exercise Class IG 1:00 Hair Salon By Appointment CO 2:00 Heritage Pinochle's	Vending Machine Bingo Community Welcome 9:30	UPS Upstairs Exercise Room DOW Downstairs Dining Room ACO Activity Office SIG Sign up at Front Desk UPS Upstairs Kitchen
11:30 Daily Chronicle at DOW Lunch	10:00 Resident Council UPS 2:00 Country Drive SIG 3:00 Country store ACO	11:00 Mardi Gras 2:00 Bingo 3:00 Country Store DOW ACO	12:00 Valentines Day King DOW and Queen 1:00 Wii Bowling UPS	9:30 Exercise Class 1:00 Heritage Busy Bees 2:00 Bingo 3:00 Country store	9:30 Exercise Class OW 10:00 Rachel the Comfort Dog 1:00 Hair Salon By Appointment 2:00 Heritage Pinochle's 3:00 Country Store	9:30 Exercise Class 9:45 Social Hour 11:30 Daily Chronicle at Lunch 5:30 Board Games 6:00 Dominoes! Smart Bucks! UPS	UPS Upstairs Kitchen UPS Upstairs TV Lounge UPS Upstairs TV Lounge SIG Sign Up at Information Table SIG Sign up at Front Desk Resident Birthdays
11:30 Daily Chronicle at DOW Lunch	2:00 Country Drive SIG 3:00 Country store ACO	2:00 Bingo DOW 3:00 Country Store ACO	3:00 Mary K on the Piano DOW	12:00 Dr. Chung on the piano! 2:00 Bingo	9:30 Exercise Class OW 1:00 Hair Salon By Appointment OW 2:00 Heritage Pinochle's	Vending Machine Bingo Community Welcome 9:30	Donna M. 2/1 Linda C. 2/6 Sharon B. 2/12 Sandy S. 2/15
11:30 Daily Chronicle at DOW	2:00 Country Drive SIG 3:00 Country store ACO	2:00 Bingo DOW 3:00 Country Store ACO	Public Welcome!	9:30 Exercise Class L 2:00 Bingo D	JPS OW ACO		Audrey W 2/16 Wellness Checks Feb.1-5th! Activites subject to change. 662-4599