

HAPPY NEW YEAR!!

JANUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- FL Front Lobby
- OTP Open to Public Event
- AR Activity Room
- CS Country Store
- DR Dining Room

Open to the Public Events

January 3rd-Trivia Night!

January 23rd National Pie Day!

Activity and Outing sign-up sheets are located on the table next to reception desk

Activities Subject to Change



01 New Year's Day

- 9:30 Fitness Fun! DR
- 10:00 Bible Study DR
- 1:00 Country Store Open CS
- 2:30 BINGO DR

02

- 9:30 Coffee Talk AR
- 1:00 Journey to Germany with IN2L! DR
- 2:00 Universal Yums from Germany! DR

03

- 9:30 Fitness Fun! DR
- 10:00 Piano Music DR
- 1:00 Boat Building! Men Only! AR
- 2:00 Bell Choir DR
- 7:00 Trivia Night! National Mind & Body Wellness Day! OTP DR

04

- 9:30 Weekly Worksheet Time DR
- 1:00 Physical Fun with Physical Therapy! DR
- 2:30 Resident Council DR

05

- 9:00 Walmart Shopping FL
- 9:30 Fitness Fun! DR
- 1:00 Country Store Open CS
- 2:30 BINGO DR
- 6:30 Movie Night: Fallen Leaves DR

06

- 9:00 Music with Piano DR
- 10:00 Color Me Calm DR
- 1:00 Board Games in Coffee Lounge DR
- 6:30 Movie Night: Resident Choice DR

07

- 10:00 Color Me Calm DR
- 12:00 NFL Football Live on Big screen TV DR
- 2:00 Church Services DR

08

- 9:30 Fitness Fun! DR
- 10:00 Bible Study DR
- 1:00 Country Store Open CS
- 2:30 BINGO DR

09

- 9:30 Coffee Talk AR
- 1:00 German Alphabet on IN2L DR
- 2:00 Universal Yums from Germany! DR

10

- 9:30 Fitness Fun! DR
- 10:00 Piano Music DR
- 1:00 Boat Building! Men Only! AR
- 2:00 Bell Choir DR

11

- 9:30 Weekly Worksheet Time DR
- 1:00 Physical Fun with Physical Therapy! DR
- 2:30 Onion Pie Making Class! AR

12

- 9:00 Dollar Tree/Ruler Foods/Goodwill Shopping FL
- 9:30 Fitness Fun! DR
- 1:00 Country Store Open CS
- 2:30 BINGO DR
- 6:30 Movie Night: "Leo" Netflix DR

13

- 9:00 Music with Piano DR
- 10:00 Color Me Calm DR
- 1:00 Board Games in Coffee Lounge DR
- 6:30 Movie Night: Resident Choice DR

14

- 10:00 Color Me Calm DR
- 12:00 NFL Football Live on Big screen TV DR
- 1:00 Card Club in Dining Room DR
- 2:00 Church Services DR

15 Birthday of Martin Luther King, Jr.

- 9:30 Fitness Fun! DR
- 10:00 Bible Study DR
- 1:00 Country Store Open CS
- 2:30 BINGO DR

16

- 9:30 Coffee Talk AR
- 1:00 German Language Learner on IN2L DR
- 2:00 Universal Yums from Germany! DR

17

- 9:30 Fitness Fun! DR
- 10:00 Piano Music DR
- 1:00 Quilting Class AR
- 2:00 Bell Choir DR

18

- 9:30 Weekly Worksheet Time DR
- 1:00 Physical Fun with Physical Therapy! DR
- 2:30 Create Healthy German Snacks AR

19

- 9:00 Walmart Shopping FL
- 9:30 Fitness Fun! DR
- 1:00 Country Store Open CS
- 2:30 BINGO DR
- 6:30 Movie Night: "Harriet" about Harriet Tubman Netflix DR

20

- 9:00 Music with Piano DR
- 10:00 Color Me Calm DR
- 1:00 Board Games in Coffee Lounge DR
- 6:30 Movie Night: Resident Choice DR

21

- 10:00 Color Me Calm DR
- 12:00 NFL Football Live on Big screen TV DR
- 2:00 Church Services DR

22

- 9:30 Fitness Fun! DR
- 10:00 Bible Study DR
- 1:00 Country Store Open CS
- 2:30 BINGO DR

23

- 9:30 Coffee Talk AR
- 1:00 German Top ten List on Music Charts on IN2L DR
- 2:00 Universal Yums from Germany! DR
- 7:00 National Pie Day Event! OTP DR

24

- 9:30 Fitness Fun! DR
- 10:00 Piano Music DR
- 1:00 Quilting Class AR
- 2:00 Bell Choir DR

25

- 9:30 Weekly Worksheet Time DR
- 1:00 Physical Fun with Physical Therapy! DR
- 2:00 Making Bee Sting Cake! AR

26

- 9:00 Big Lots Shopping FL
- 9:30 Fitness Fun! DR
- 1:00 Country Store Open CS
- 2:30 BINGO DR
- 6:30 Movie Night: "Rocky" DR

27

- 9:00 Music with Piano DR
- 10:00 Color Me Calm DR
- 1:00 Board Games in Coffee Lounge DR
- 6:30 Movie Night: Resident Choice DR

28

- 10:00 Color Me Calm DR
- 12:00 NFL Football Live on Big screen TV DR
- 1:00 Card Club in Dining Room DR
- 2:00 Church Services DR

29

- 9:30 Fitness Fun! DR
- 10:00 Bible Study DR
- 1:00 Country Store Open CS
- 2:30 BINGO DR

30

- 9:30 Coffee Talk AR
- 1:00 Watching "Tatort" Popular German Crime Show DR
- 2:00 Universal Yums from Germany! DR

31

- 9:30 Fitness Fun! DR
- 10:00 Piano Music DR
- 1:00 Senior to Senior Program! DR
- 2:00 Bell Choir DR
- 3:00 Purse Swap AR

