



# Heritage Woods

of Centralia

An Affordable Assisted Lifestyle  
Community for the Older Adult

November 19, 2020

Dear Residents and Families,

The Illinois Department of Public Health has imposed additional restrictions which affect the residents of our community. These restrictions impact visits, communal dining, and small group activities. Below is an excerpt of the Press Release from IDPH:

***With a new wave of COVID-19 surging across the state of Illinois, the Midwest and the nation, Governor JB Pritzker and the Illinois Department of Public Health (IDPH) today announced additional COVID-19 resurgence mitigations will take effect in every region across the state in an attempt to slow the spread of the virus. Tier 3 mitigations build on the Resurgence Mitigation Plan released in July to suppress the spread of the virus and prevent hospitals from becoming overrun.***

***The Tier 3 resurgence mitigations will take effect statewide at 12:01 am on Friday, November 20, 2020.***

***"To stop this spread and preserve some semblance of the holidays, all of us need to do more than just wear our masks now - though masks are mandatory throughout the state. The simple fact is that COVID-19 is spreading so quickly and so widely, and our hospitals are beginning to experience real strain and at the current infection rate they will be overwhelmed." said Governor JB Pritzker.***

Our community will fully comply with the new state directive, effective Friday November 20th. Tier 3 mitigation requires the following:

1. All outdoor and indoor visits will be suspended. Only compassionate care visits will be allowed.
2. All communal dining will be suspended
3. All small group activities will be suspended
4. No beauty/barber shop services will be provided

Our community will continue to make every effort to provide enhanced opportunities for socialization, will focus on the importance of our resident's emotional well-being, and will encourage physical exercise, including but not limited to:

1. Virtual visits with family and friends
2. Scheduled exercise including walks outside of apartments
3. Holiday celebrations that are individualized
4. Enhanced dining experiences

We will continue to keep our residents and families informed of any changes to the above Tier 3 mitigation measures, and also steps that our community is taking to meet the needs of our residents during this time. In regard to our recent COVID-19 positive residents, all are recovering and will be coming off of isolation within the next week. All COVID-19 positive employees are all recovering and will be returning work at end of their isolation period. We have been and continue to be highly proactive in taking steps to help ensure the health and welfare of all residents and employees, and limiting possible exposure to COVID-19 or other viruses. Please do not hesitate to reach out to me if you have any questions. Thank you for your continued support and cooperation.

Sincerely,  
Tom Broughton  
Administrator

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