




-if you would like a service/activity that is not reflected on calendar, please see RSC
-Monthly Wellness checks with Nursing are conducted the 1st thru the 10th of each month (please see Nursing for your Monthly vitals checks)
-Activities are subject to change



HAPPY NEW YEAR



JANUARY 2024		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<div>Dimensions of Wellness</div> <div><div> Physical</div><div> Emotional</div><div> Spiritual</div><div> Environmental</div><div> Vocational</div><div> Social</div><div> Intellectual</div></div>	<div></div>	<div>New Year's Day01</div> <div>10:00 Chair Exercise *AR</div> <div>1:30 New Year Bingo with MikeDR</div> <div>3:30 Computer Games *AR</div>	<div>02</div> <div>9:30 Dr. Appt Shuttle DayFL</div> <div>10:00 Chair Exercise *AR</div> <div>11:00 National Cream Puff DayDR</div> <div>1:30 Game Club*AR</div> <div>3:00 Wii Bowling *AR</div> <div>3:00 National Bloody Mary Day-Happy HourAR</div> <div>3:00 Country StoreCS</div> <div>3:30 Computer Games *AR</div>	<div>03</div> <div>9:00 Coffee Talk-National Chocolate Covered Cherry DayAR</div> <div>1:30 Bingo with "Adam"DR</div> <div>1:30 Wii Bowling *AR</div> <div>2:30 Pretty NailsAR</div> <div>3:00 Wii Bowling *AR</div>	<div>04</div> <div>10:00 Outing -Dollar Tree Sign up at Front DeskFL</div> <div>10:00 Chair Exercise *AR</div> <div>1:30 Men's ClubAR</div> <div>3:00 Country StoreCS</div> <div>3:30 Computer Games *AR</div>	<div>05</div> <div>10:00 Chair Exercise *AR</div> <div>2:00 Pass The Pig GameAR</div> <div>3:00 Wii Bowling *AR</div> <div>3:30 Computer Games *AR</div> <div>6:30 *Movie Night-O Brother Where Art ThouILDR</div>	<div>06</div> <div>1:30 BingoDR</div> <div>3:00 Wii Bowling *AR</div> <div>3:30 Computer Games *AR</div> <div>6:30 Game Club*AR</div>		
	<div>Meeting Places</div> <div><div>DR</div> Dining Room</div> <div><div>AR</div> Activity Room</div> <div><div>FL</div> Front Lobby</div> <div><div>IL DR</div> IL Dining Room</div> <div><div>CS</div> Country Store</div> <div><div>PDR</div> Private Dining Room</div>	<div>07</div> <div>8:00 Word Search*-Available In ARAR</div> <div>10:30 Catholic CommunionPDR</div> <div>1:30 Church Sermon with New Testament BaptistDR</div> <div>2:30 The Great ToursILDR</div>	<div>08</div> <div>8:00 Pack Away Christmas DecorFL</div> <div>10:00 Chair Exercise *AR</div> <div>10:30 Activity MeetingAR</div> <div>1:30 Bingo with "Adam"DR</div> <div>3:00 Snowflakes CraftAR</div> <div>3:30 Computer Games *AR</div>	<div>09</div> <div>9:30 Dr. Appt Shuttle DayFL</div> <div>10:00 Chair Exercise *AR</div> <div>1:30 Game Club*AR</div> <div>2:30 Happy Hour-GrasshoppersAR</div> <div>3:00 Wii Bowling *AR</div> <div>3:00 Country StoreCS</div> <div>3:30 Computer Games *AR</div>	<div>10</div> <div>9:00 Coffee TalkAR</div> <div>10:00 Senior Yoga *-Open to the PublicILDR</div> <div>1:30 Bingo with "Adam"DR</div> <div>1:30 Wii Bowling *AR</div> <div>3:00 Wii Bowling *AR</div>	<div>11</div> <div>10:00 Resident Council *DR</div> <div>10:00 Chair Exercise *AR</div> <div>11:00 Outing -Wendy's Sign up at Front DeskFL</div> <div>1:30 Smart Bucks RaffleAR</div> <div>3:00 Country StoreCS</div> <div>3:30 Computer Games *AR</div>	<div>12</div> <div>10:00 Chair Exercise *AR</div> <div>2:30 Happy Hour-Kahlua and MilkAR</div> <div>3:00 Dice GameAR</div> <div>3:30 Computer Games *AR</div> <div>6:30 *Movie Night-Indiana Jones and the Dial of DestinyILDR</div>	<div>13</div> <div>1:30 BingoDR</div> <div>3:00 Wii Bowling *AR</div> <div>3:30 Computer Games *AR</div> <div>6:30 Game Club*AR</div>	
	<div>An activity with * means you will earn smart bucks for participating.</div>	<div>14</div> <div>8:00 Word Search*-Available In ARAR</div> <div>10:30 Catholic CommunionPDR</div> <div>1:30 Church Sermon with Cornerstone UMCDR</div> <div>2:30 The Great ToursILDR</div>	<div>Birthday of Martin Luther King, Jr.15</div> <div>10:00 Chair Exercise *AR</div> <div>1:30 Bingo with Carlyle HealthcareDR</div> <div>3:30 Computer Games *AR</div>	<div>16</div> <div>9:30 Dr. Appt Shuttle DayFL</div> <div>10:00 Chair Exercise *AR</div> <div>1:30 Game Club*AR</div> <div>3:00 Wii Bowling *AR</div> <div>3:00 National Fig Newton Day, coffee & Fig NewtonsAR</div> <div>3:00 Country StoreCS</div> <div>3:30 Computer Games *AR</div>	<div>17</div> <div>9:00 Coffee TalkAR</div> <div>10:00 Senior Yoga *-Open to the PublicILDR</div> <div>1:30 Bingo with "Adam"DR</div> <div>1:30 Wii Bowling *AR</div> <div>2:30 Wellness Wednesday ChatDR</div> <div>2:30 Pretty NailsAR</div> <div>3:00 Wii Bowling *AR</div>	<div>18</div> <div>10:00 Outing -Walmart Sign up at Front DeskFL</div> <div>10:00 Chair Exercise *AR</div> <div>1:30 Men's ClubAR</div> <div>3:00 Country StoreCS</div> <div>3:30 Computer Games *AR</div>	<div>19</div> <div>10:00 Chair Exercise *AR</div> <div>2:00 DenMark ft. Mark Vogel-open to the publicFL</div> <div>2:30 National Popcorn Day-served while DenMark playsFL</div> <div>3:00 Wii Bowling *AR</div> <div>3:30 Computer Games *AR</div> <div>6:30 *Movie Night-Coat of Many ColorsILDR</div>	<div>20</div> <div>1:30 BingoDR</div> <div>3:00 Wii Bowling *AR</div> <div>3:30 Computer Games *AR</div> <div>6:30 Game Club*AR</div>	
	<div>Beauty Shop opens at 1 p.m. each Thursday</div>	<div>21</div> <div>8:00 Word Search*-Available In ARAR</div> <div>10:30 Catholic CommunionPDR</div> <div>1:30 Church Sermon with First UMCAR</div> <div>2:30 The Great ToursILDR</div>	<div>22</div> <div>10:00 Chair Exercise *AR</div> <div>1:30 Community Winter BINGODR</div> <div>3:00 Craft Day-Valentine SuncatcherAR</div> <div>3:30 Computer Games *AR</div>	<div>23</div> <div>9:30 Dr. Appt Shuttle DayFL</div> <div>10:00 Chair Exercise *AR</div> <div>1:30 Game Club*AR</div> <div>3:00 Wii Bowling *AR</div> <div>3:00 Country StoreCS</div> <div>3:30 Computer Games *AR</div>	<div>24</div> <div>9:00 Coffee TalkAR</div> <div>10:00 Senior Yoga *-Open to the PublicILDR</div> <div>1:30 Bingo with "Adam"DR</div> <div>1:30 Wii Bowling *AR</div> <div>2:30 Cooking with Genny-Peanut Butter CookiesAR</div> <div>3:00 Wii Bowling *AR</div>	<div>25</div> <div>10:00 Outing - Dollar General Sign up at Front DeskFL</div> <div>10:00 Chair Exercise *AR</div> <div>1:30 Men's ClubAR</div> <div>2:30 Happy Hour-National Irish Coffee DayAR</div> <div>3:00 Country StoreCS</div> <div>3:30 Computer Games *AR</div>	<div>26</div> <div>10:00 Chair Exercise *AR</div> <div>2:00 Ice Cream SocialAR</div> <div>3:00 Wii Bowling *AR</div> <div>3:30 Computer Games *AR</div> <div>6:30 *Movie Night-Daddy Daughter TripILDR</div>	<div>27</div> <div>1:30 BingoDR</div> <div>3:00 Wii Bowling *AR</div> <div>3:30 Computer Games *AR</div> <div>6:30 Game Club*AR</div>	
	<div>Open To Public-Senior Yoga-every Wednesday 10 a.m.</div>	<div>28</div> <div>7:00 National Blueberry Pancake DayDR</div> <div>8:00 Word Search*-Available In ARAR</div> <div>10:30 Catholic CommunionPDR</div> <div>1:30 Church Sermon with New Testament BaptistDR</div> <div>2:30 The Great ToursILDR</div>	<div>29</div> <div>10:00 Chair Exercise *AR</div> <div>10:30 Meeting with MandyAR</div> <div>1:30 Bingo with "Adam"DR</div> <div>3:00 Monthly Birthday Celebration!AR</div> <div>3:30 Computer Games *AR</div>	<div>30</div> <div>9:30 Dr. Appt Shuttle DayFL</div> <div>10:00 Chair Exercise *AR</div> <div>1:30 Game Club*AR</div> <div>3:00 Wii Bowling *AR</div> <div>3:00 Universal Yums!AR</div> <div>3:00 Country StoreCS</div> <div>3:30 Computer Games *AR</div>	<div>31</div> <div>9:00 Coffee Talk-National Hot Chocolate DayAR</div> <div>10:00 Senior Yoga *-Open to the PublicILDR</div> <div>1:30 Bingo with "Adam"DR</div> <div>1:30 Wii Bowling *AR</div> <div>2:30 Pretty NailsAR</div> <div>3:00 Wii Bowling *AR</div>	<div>National Days-Bloody Mary Day-01/02</div> <div>Cream Puff Day-01/02</div> <div>Choc Cov'd Cherry Day-01/03</div> <div>Fig Newton Day-01/16</div> <div>Popcorn Day-01/19</div> <div>Irish Coffee Day-01/25</div> <div>Blueberry Pancake Day-01/28</div> <div>Hot Chocolate Day-01/31</div>			<div></div>
<div>Community Winter Bingo- 01/22 1:30 p.m.</div>									
<div>DenMark Music- 01/19 2 p.m.</div> <div></div>									

An activity with * means you will earn smart bucks for participating.

Beauty Shop opens at 1 p.m. each Thursday

Open To Public-

Senior Yoga-every Wednesday 10 a.m.

Community Winter Bingo- 01/22 1:30 p.m.

DenMark Music- 01/19 2 p.m.