

Activities Subject to change



JANUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- OUT** Outing (Van)
- AR** Activity Room
- ULOB** Upstairs Lobby
- DR** Dining Room
- DLOB** Downstairs Lobby
- TVL** TV Lounge

JANUARY BIRTHDAYS

1/8 Mary Beth L.

1/16 Gale W.

1/17 Sue B.

1/18 Jean G & Pat T.

1/19 Anna D.

1/21 Loren B.

1/28 Mona F.

1/30 Joyce S.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		New Year's Day 01 10:00 Independent Bible Study & Devotions ULOB 10:30 Activity Sheets on Table by Front desk DLOB 1:30 Wii Bowling TVL	02 9:00 Open Transport OUT 1:30 Bingo DR	03 9:00 Open Transport DLOB 1:30 Cookie Club AR 3:30 Country Store AR	04 10:00 First United Methodist Church ULOB 1:30 Bingo DR 2:45 Balloon Noodleball DLOB	05 10:00 First Baptist Church of Benton ULOB 2:00 Bean Bags ULOB 3:30 Country Store AR	06 10:00 Independent T.V TVL 1:00 Yahtzee AR 6:00 Adult Coloring AR
	07 10:00 Independent TV DLOB 6:00 Adult Coloring AR	08 10:00 Independent Bible Study & Devotions ULOB 10:15 iN2L - Morning Stretch ULOB 1:30 Wii Bowling TVL 2:30 Story Time - Benton Public ULOB	09 9:00 Open Transport OUT 1:30 Bingo DR 2:45 Music and Chat ULOB	10 9:00 Open Transport DLOB 1:30 Pass the Pigs AR 3:30 Country Store AR	11 10:00 Catholic Mass DLOB 1:30 Bingo DR 2:45 Bean Bags DLOB	12 10:00 iN2L - Chair Exercises ULOB 1:30 LCR AR 3:30 Country Store AR	13 10:00 Independent T.V TVL 1:00 Yahtzee AR 6:00 Adult Coloring AR
	14 10:00 Independent TV DLOB 6:00 Adult Coloring AR	15 Birthday of Martin Luther King, Jr. 10:00 Independent Bible Study & Devotions ULOB 10:15 iN2L - Morning Stretch ULOB 1:30 Wii Bowling TVL 2:00 Natl Hat Day AR	16 9:00 Open Transport OUT 1:30 Bingo DR 2:45 Play Ball DLOB	17 9:00 Open Transport DLOB 1:00 Resident & Food Councils AR 3:30 Country Store AR	18 10:00 Rescue Church ULOB 1:30 Natl Popcorn Day & Afternoon Movie ULOB	19 10:00 Balloon Noodleball ULOB 1:00 Karaoke Fun AR 2:00 Therapy Discovery Series AR 3:30 Country Store AR	20 10:00 Independent T.V TVL 1:00 Yahtzee AR 3:00 7th Day Adventist Church of WF ULOB 6:00 Adult Coloring AR
	21 10:00 Independent TV DLOB 6:00 Adult Coloring AR	22 10:00 Independent Bible Study & Devotions ULOB 10:15 iN2L - Morning Stretch ULOB 1:30 Wii Bowling TVL 2:30 Story Time - Benton Public ULOB	23 9:00 Open Transport OUT 1:30 Pie Bingo (Natl Pie Day) DR 2:45 Pictionary ULOB	24 9:00 Open Transport DLOB 1:00 Let's Drive ULOB 3:30 Country Store AR	25 10:00 iN2L - Chair Exercises ULOB 2:00 Resident Birthday Party DR	26 10:00 Happy Feet DLOB 2:00 Natl Kazoo Day (Jan 28) ULOB 3:30 Country Store AR	27 10:00 Independent T.V TVL 1:00 Yahtzee AR 6:00 Adult Coloring AR
	28 10:00 Independent TV DLOB 6:00 Adult Coloring AR	29 10:00 Independent Bible Study & Devotions ULOB 10:15 iN2L - Morning Stretch ULOB 1:30 Crafts (Natl Puzzle Day) AR 1:30 Wii Bowling TVL	30 9:00 Open Transport OUT 1:30 Bingo DR 2:45 Thumb Ball AR	31 9:00 Open Transport DLOB 1:30 Music Social DR 3:30 Country Store AR			