


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	September Birthdays	1	2	3	4	5
	Katherine W. 9/9 Marguerite L. 9/12 Sharon S. 9/20 Sadie I. 9/25 Pat C. 9/29 Charles D. 9/30	10:00 Exercise down C, D 10:30 Exercise up C, D 1:00 Bingo down A, B 2:00 Bingo A, B	10:00 Exercise down A, B 10:30 Exercise up A, B 1:00 Craft down C, D 2:00 Craft up C, D 3:00 Country Store	10 :00 Exercise down C, D 10 :30 Exercise up C, D 1:00 Craft down A, B 2:00 Craft A, B	9:00-11:00 Walk your hall schedule 1:00-3:00 Music outside of resident's windows 3:00 Country Store	10:00 Independent TV 2:00 Snack 6:00 Adult coloring & Wordsearch
6	7	8	9	10	11	12
10:00 Independent TV 2:00 Snack 6:00 Adult Coloring & Wordsearch	10 :00 Exercise downA,B 10:30 Exercise Up A&B 1:00 Bingo Down C&D 2:00 Bingo Up C & D LABOR DAY	10:00 Exercise down C, D 10:30 Exercise up C, D 1:00 Bingo down A, B 2:00 Bingo A, B	10:00 Exercise down A, B 10:30 Exercise up A, B 1:00 Craft down C, D 2:00 Craft up C, D 3:00 Country Store	10 :00 Exercise down C, D 10 :30 Exercise up C, D 1:00 Craft down A, B 2:00 Craft A, B	9:00-11:00 Walk your hall schedule 1:00-3:00 Treat Bags for each resident to celebrate Grandparent's Day 3:00 Country Store	10:00 Independent TV 2:00 Snack 6:00 Adult coloring & Wordsearch
13	14	15	16	17	18	19
10:00 Independent TV 2:00 Snack 6:00 Adult Coloring & Wordsearch Grandparent's Day	10 :00Exercise DownA,B 10:30 Exercise Up A&B 1:00 Bingo Down C&D 2:00 Bingo Up C & D	10:00 Exercise down C, D 10:30 Exercise up C, D 1:00 Bingo down A, B 2:00 Bingo A, B	10:00 Exercise down A, B 10:30 Exercise up A, B 1:00 Craft down C, D 2:00 Craft up C, D 3:00 Country Store	10 :00 Exercise down C, D 10 :30 Exercise up C, D 1:00 Craft down A, B 2:00 Craft A, B	9:00-11:00 Walk your hall schedule 1:00-3:00 Variety of activities (Trivia, Music, ETC.) 3:00 Country Store	10:00 Independent TV 2:00 Snack 6:00 Adult coloring & Wordsearch
20	21	22	23	24	25	26
10:00 Independent TV 2:00 Snacks 6:00 Adult Coloring & Wordsearch	10 :00 Exercise DownA,B 10:30 Exercise Up A&B 1:00 Bingo Down C&D 2:00 Bingo Up C &	10:00 Exercise down C, D 10:30 Exercise up C, D 1:00 Bingo down A, B 2:00 Bingo A, B	10:00 Exercise down A, B 10:30 Exercise up A, B 1:00 Craft down C, D 2:00 Craft up C, D 3:00 Country Store	10 :00 Exercise down C, D 10 :30 Exercise up C, D 1:00 Craft down A, B 2:00 Craft A, B	9:00-11:00 Walk your hall schedule 1:00-3:00 Variety of activities (Trivia, Music, ETC.) 3:00 Country Store	10:00 Independent TV 2:00 Snack 6:00 Adult coloring & Wordsearch
27	28	29	30			
10:00 Independent TV 2:00 Snacks 6:00 Adult Coloring	10 :00 Exercise DownA,B 10:30 Exercise Up A&B 1:00 Bingo Down C&D 2:00 Bingo Up C &	10:00 Exercise down C, D 10:30 Exercise up C, D 1:00 Bingo down A, B 2:00 Bingo A, B	10:00 Exercise down A, B 10:30 Exercise up A, B 1:00 Craft down C, D 2:00 Craft up C, D 3:00 Country Store	FRIDAY SEPTEMBER 4 Music outside of building for all residents 1:00pm	FRIDAY SEPTEMBER 11 Treat bags handed out to celebrate Grandparent's Day 1:00pm	Remembering September 11 