All activities are subject to change.

<u>Heritage Woods</u>

An Affordable Assisted Lifestyle Community for the Older Adult

of Belvidere

If you would like an activity/service not reflected on the calendar, please see RSC/Administrator.

Monthly wellness checks will be the 1st week of the month.

APRIL 2024	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	DOY EARTU	01	02	03	04
Dimensions of Wellness	HAPPY EARTH DAL		10:00a Coffee talk w/ Brandie COM 2:00p Exercise class w/ COM		9:30a Precious the therapy RA dog
🎢 Physical		Meeting	Healthpro	2:00p Wii bowling DIN	10:00a Walmart shopping lb
💙 Emotional		5:00p Kings in a corner CON	3:00p Country store CS	3:00p Baking Bee's (Choc COM Mousse)-RSVP	10:30a Bible Study w/ Pastor CO
🕊 Spiritual					Richard 1:00p Men's group
Senvironmental					2:00pBingoDIN3:00pCountry storeAC
Vocational					4:00p Ida Library Book mobile CO
Social	07	08	09	10	11
🖌 Intellectual	All Day Puzzle Packets!! 9:00a St. James mass COM	10:00aIN2L exerciseCON10:15aPaper closet trip-RSVPlb	1 10:00a Coffee talk w/ Brandie COM 2:00p Exercise Class w/ COM		1 10:00a Lunch @ Johnny lb Pamcakes-\$-RSVP
Meeting Places	10:00a Maisy-Therapy dog RA	2:00p AFV Marathon COM			1 1:00p Men's group AC 2:00p Bingo DIN
COM Community Room	Ali			2:00p Wii bowling DIN	
lb Lobby				3:00p Garden Club Planning COM	
DIN Dining Room				6:00p Townhall Meeting w/ COM Mickey	1
RA Resident apartment					
CS Country Store ACT Activity Room	14	15	16	17	18
t.v.L Television Lounge	All Day Puzzle Packets!! 9:00a St. James mass COM		1 10:00a Coffee talk w/ Brandie COM 1 2:00p Exercise class w/ COM	-	1 9:30a Precious the therapy RA dog
PD Private Dinning Room	6:00p Bible fellowship w/ Ali PD	2:00p Activity Planning CON Committee meeting	Healthpro	2:00p Wii bowling DIN 3:00p Wine Down Wednesday COM	10:00a 🛛 Fiesta Market 🛛 🛛 Ib
COU Courtyard		5:00p Kings in a corner COM		13.00p Wille Down Wednesday CON	1:00p Men's group AC
<u>Open to the public</u>					2:00pBingoDIN3:00pCountry storeAC
events:					4:00p Ida Library Book mobile CO
<u>evenes.</u>					
-4/22 @ 10am Native	21	22	23	24	25
-	All Day Puzzle Packets!! 9:00a St. James mass COM	10:00a Native Plants of Illinois CON by Ben Davies	1 10:00a Coffee talk w/ Brandie COM 2:00p Exercise Class w/ COM	10:00a IN2L lead Rosary COM service	1 10:40a Boone County lb Community Health
Plants of Illinois by	10:00a Maisy-Therapy dog RA	10:15a Paper closet trip-RSVP lb	Healthpro 3:00p Country store CS	1:30p Methodist Bible Study COM w/ Pastor Dan	
Ben Davies		5:00p Kings in a corner COM		2:00p Wii bowling DIN	2:00p Bingo DIN
				3:00p Do you know your COM neighbor game	1 3:00p Country store AC
Wa hana ta caa yay					
We hope to see you					
there!	28	29	30	INTELLECT	
	All Day Puzzle Packets!! 9:00a St. James mass COM		1 10:00a Coffee talk w/ Brandie COM 1 2:00p Exercise class w/ COM		
		5:00p Kings in a corner COM	1 Healthpro	Dimensions	
			3:00p Country store CS	International Council on	
				Active Aging*	
				PILON SPIRITUAL	

SATU 05 06 10:00a | IN2L Game day COM All Day Puzzle Packets!! RA 2:00p Nifty Fifties Party DIN 12:00p Card games COM 5:00p Dominoes COM 1:15p Games w/ Jaxen COM b 2:00p Bingo DIN СОМ ACT DIN ACT COU 12 13 10:00a Ntnl Licorice Day Taste COM All Day Puzzle Packets!! 12:00p Card games COM test ACT 2:00p Spring Tea Party-RSVP COM 1:15p Games w/ Jaxen COM DIN 5:00p Dominoes DIN COM 2:00p Bingo ACT 20 19 COM All Day Puzzle Packets!! 10:00a Who What Where RA 11:15a Birthday Lunch w/ COM 12:00p Card games COM Mickey-RSVP 1:15p Games w/ Jaxen COM 2:00p JOY Group Games DIN COM 2:00p Bingo ACT DIN ACT COU COM 26 27 COM All Day Puzzle Packets!! 10:00a Craft Corner-RSVP lb 12:00p \$mart Buck\$ Drawing RA 12:00p Card games COM COM 2:00p Puzzle & Ponder COM 1:15p Games w/ Jaxen ACT 5:00p Dominoes COM 2:00p Bingo DIN DIN АСТ LIVES HERE < Ask us about our 🔎 iN2L technology