



All activities are subject to change.

If you would like an activity/service not reflected on the calendar, please see RSC/Administrator.

Monthly wellness checks will be the 1st week of the month.

JANUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- COM** Community Room
- t.v.L** Television Lounge
- DIN** Dining Room
- lb** Lobby
- ACT** Activity Room
- RA** Resident apartment
- CS** Country Store
- PD** Private Dining Room

Happy Birthday:

- Marina P. 1/1
- Ruth R. 1/1
- Clyde M. 1/3
- Joan J. 1/4
- Rhonda H. 1/6
- Ella S. 1/9
- Bonnie S. 1/10
- Dorothy G. 1/11
- Tennes M. 1/13
- Mary B. 1/13
- Ed F. 1/19
- Judy K. 1/28
- Donna S. 1/28

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|--|---|--|---|--|---|---|---|--|
| | <p>Happy New Year! Goodbye 2023, Hello 2024!</p> | <p>01 New Year's Day</p> <p>10:00a Drum Circle exercise COM</p> <p>2:00p Universal Yums (Best of 2023) COM</p> <p>5:00p Kings in a corner COM</p> | <p>02</p> <p>10:00a Coffee talk COM</p> <p>2:00p Exercise Class w/ Healthpro COM</p> <p>3:00p Country store CS</p> | <p>03</p> <p>10:00a IN2L lead Rosary service COM</p> <p>2:00p Wii bowling DIN</p> <p>3:00p Happy Hour & Trivia COM</p> | <p>04</p> <p>10:00a Walmart shopping trip-\$-RSVP lb</p> <p>10:30a Bible Study w/ Pastor Richard COM</p> <p>1:00p Men's group ACT</p> <p>2:00p Bingo DIN</p> <p>3:00p Country store ACT</p> | <p>05</p> <p>10:00a New Years Resolution activity COM</p> <p>2:00p Friday Flick & Popcorn t.v.L</p> <p>5:00p Dominoes COM</p> | <p>06</p> <p>All Day Puzzle Packets!!</p> <p>12:00p Card games COM</p> <p>1:15p Games w/ Jaxen COM</p> <p>2:00p Bingo DIN</p> | |
| | <p>07</p> <p>All Day Puzzle Packets!!</p> <p>9:00a St. James mass COM</p> <p>6:00p Classic Movie Night w/ Ali t.v.L</p> | <p>08</p> <p>10:00a IN2L exercise COM</p> <p>2:00p Resident Council Meeting DIN</p> <p>5:00p Kings in a corner COM</p> | <p>09</p> <p>10:00a Coffee talk COM</p> <p>2:00p Exercise class w/ Healthpro COM</p> <p>3:00p Country store CS</p> | <p>10</p> <p>10:00a IN2L lead Rosary service COM</p> <p>2:00p Wii bowling DIN</p> <p>3:00p Baking Bee's (thumbprint cookies)-RSVP COM</p> | <p>11</p> <p>9:30a Precious & Tessa (Therapy dogs) RA</p> <p>10:00a Boone county Museum tour-RSVP lb</p> <p>1:00p Men's group ACT</p> <p>2:00p Ida Library Book mobile COU</p> <p>2:00p Bingo DIN</p> <p>3:00p Country store ACT</p> | <p>12</p> <p>10:00a IN2L Game day COM</p> <p>2:00p Natnl Hot Tea day- Tea Time COM</p> <p>5:00p Dominoes COM</p> | <p>13</p> <p>All Day Puzzle Packets!!</p> <p>12:00p Card games COM</p> <p>2:00p Bingo DIN</p> | |
| | <p>14</p> <p>All Day Puzzle Packets!!</p> <p>9:00a St. James mass COM</p> <p>6:00p Bible fellowship w/ Ali PD</p> | <p>15 Birthday of Martin Luther King, Jr.</p> <p>10:00a Drum circle exercise COM</p> <p>2:00p National Rubber Ducky Day activity COM</p> <p>5:00p Kings in a corner COM</p> | <p>16</p> <p>10:00a Coffee talk COM</p> <p>2:00p Exercise Class w/ Healthpro COM</p> <p>3:00p Country store CS</p> | <p>17</p> <p>10:00a IN2L lead Rosary service COM</p> <p>2:00p Wii bowling DIN</p> <p>3:00p Jeopardy COM</p> | <p>18</p> <p>10:30a Lunch @ Machine Shed-\$-RSVP lb</p> <p>1:00p Men's group ACT</p> <p>2:00p Bingo DIN</p> <p>3:00p Country store ACT</p> | <p>19</p> <p>10:00a Hangman COM</p> <p>11:00a Birthday Lunch w/ Mickey-RSVP COM</p> <p>2:00p Ntnl Popcorn Day- Popcorn tasting COM</p> <p>5:00p Dominoes COM</p> | <p>20</p> <p>All Day Puzzle Packets!!</p> <p>12:00p Card games COM</p> <p>1:15p Games w/ Jaxen COM</p> <p>2:00p Bingo DIN</p> | |
| | <p>21</p> <p>All Day Puzzle Packets!!</p> <p>9:00a St. James mass COM</p> | <p>22</p> <p>10:00a IN2L exercise COM</p> <p>1:00p Veterans club meeting COM</p> <p>2:00p Book Club COM</p> <p>5:00p Kings in a corner COM</p> | <p>23</p> <p>10:00a Coffee talk COM</p> <p>2:00p Exercise class w/ Healthpro COM</p> <p>3:00p Country store CS</p> | <p>24</p> <p>10:00a IN2L lead Rosary service COM</p> <p>2:00p Wii bowling DIN</p> <p>3:00p Ntnl Compliment Day activity ACT</p> | <p>25</p> <p>9:30a Precious & Tessa (Therapy dogs) RA</p> <p>10:00a Dollar tree shopping trip-\$-RSVP lb</p> <p>1:00p Men's group ACT</p> <p>2:00p Ida Library Book mobile COU</p> <p>2:00p Bingo DIN</p> <p>3:00p Country store ACT</p> | <p>26</p> <p>10:00a Craft Corner-RSVP COM</p> <p>12:00p \$smart Buck\$ Drawing RA</p> <p>2:00p Universal Yums COM</p> <p>5:00p Dominoes COM</p> | <p>27</p> <p>All Day Puzzle Packets!!</p> <p>12:00p Card games COM</p> <p>2:00p Bingo DIN</p> | |
| | <p>28</p> <p>All Day Puzzle Packets!!</p> <p>9:00a St. James mass COM</p> <p>6:00p Bible fellowship w/ Ali PD</p> | <p>29</p> <p>10:00a Drum Circle exercise COM</p> <p>1:00p Make a difference Monday COM</p> <p>2:00p Ntnl storytelling Day Activity COM</p> <p>5:00p Kings in a corner COM</p> | <p>30</p> <p>10:00a Coffee talk COM</p> <p>2:00p Exercise Class w/ Healthpro COM</p> <p>3:00p Country store CS</p> | <p>31</p> <p>10:00a IN2L lead Rosary service COM</p> <p>2:00p Wii bowling DIN</p> <p>3:00p Happy Hour COM</p> | | | | |