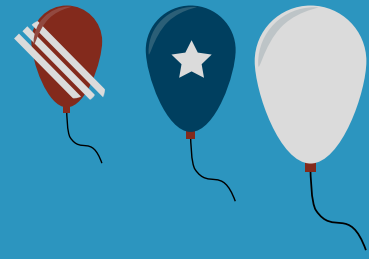
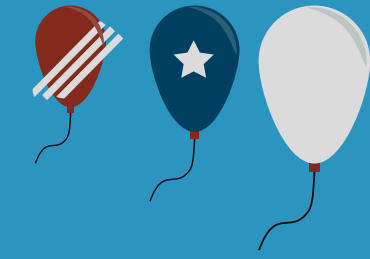


National Assisted Living Week- September 12-18, 2021!



HAPPY LABOR DAY



SEPTEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Dimensions of Wellness

- Physical
- Spiritual
- Social
- Intellectual
- Nutritional
- Purposeful

Meeting Places

- AR** Activity Room
- MOB** Mobile
- Out** Outside
- GP** Gathering Place
- CS** Country Store
- DR** Dining Room
- TH** Theater
- RR** Resident Room
- LLL** LL Lounge
- FL** Front Lobby

Feel free to give suggestions to Director of Resident Engagement for activities that you would like and do not see here!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>05</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Channel 16 WNDU Catholic Mass RR 01:30 Bingo GP 03:00 Catholic Prayer Service with Holy Communion GP 05:00 Independent Walking or Exercise Out</p>	<p>Labor Day 06</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Sit & Be Fit AR 01:00 Creative Art and Expression-Finish Bird Houses AR 02:00 Bible Study LLL 02:00 Wii Bowling TH 03:00 Country Store 1 person @ a time CS</p>	<p>07</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Bus Trip to Meijer and Dollar Tree MOB 10:30 Balloon Pong AR 02:30 Knitting Class AR 03:00 Wii-Bowling TH</p>	<p>01</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Dancercise AR 01:30 Bingo DR 03:00 Country Store 1 person @ a time CS 03:00 Social Hour AR</p>	<p>02</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Octaband Exercise w/ Music AR 01:00 Baker's Corner AR 03:00 Wii-Bowling TH 03:00 Country Store 1 person @ a time CS 06:00 Bunco Club AR</p>	<p>03</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Balloon Pong AR 01:00 Country Store CS 01:00 Friday Fun Games-Trivia AR 02:00 Learn to Play Euchre! GP 06:30 Euchre! (GREEN EVENT) AR</p>	<p>04</p> <p>10:00 Adult Coloring RR 10:00 Jigsaw Puzzle Alley AR 01:00 Independent Word Search/Sudoku Puzzles RR 02:00 Open House for Arts and Crafts with Sheri AR 05:00 Indoor/Outdoor Walking MOB</p>
<p>12</p> <p>All Day Grandparent's Day 10:00 Jigsaw Puzzle Alley AR 10:30 Channel 16 WNDU Catholic Mass RR 01:30 Bingo GP 03:00 Catholic Prayer Service with Holy Communion GP 05:00 Independent Walking or Exercise Out</p>	<p>13</p> <p>10:30 Sit & Be Fit AR 01:00 Creative Art -Kindness Rocks AR 02:00 Garden Club AR 02:00 Wii Bowling TH 03:00 Country Store 1 person at time CS 05:00 Visit from KONA ICE Truck FL</p>	<p>14</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Bus Trip to Four Winds South Bend MOB 10:30 Balloon Pong AR 02:30 Knitting Class AR 03:00 Wii-Bowling TH 06:00 1st Anniversary Celebration! -Resident Talent Show DR</p>	<p>15</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Dancercise AR 01:30 Bingo DR 03:00 Country Store 1 person @ a time CS 03:00 Social Hour AR</p>	<p>16</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Octaband Exercise w/ Music AR 01:00 Outdoor Concert Out 03:00 Wii-Bowling TH 03:00 Country Store 1 person @ a time CS 06:00 Bunco Club AR</p>	<p>17</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Balloon Pong AR 01:00 Resident Council Meeting GP 02:00 Friday Fun Games-Family Feud GP 03:00 Country Store CS 06:30 Euchre! (GREEN EVENT) AR</p>	<p>18</p> <p>08:00 Special "Grateful for You: Breakfast DR 10:00 Adult Coloring RR 10:00 Jigsaw Puzzle Alley AR 01:00 Independent Word Search/Sudoku Puzzles RR 02:00 Open House for Arts and Crafts with Sheri AR 05:00 Indoor/Outdoor Walking MOB</p>
<p>19</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Channel 16 WNDU Catholic Mass RR 01:30 Bingo GP 03:00 Catholic Prayer Service with Holy Communion GP 05:00 Independent Walking or Exercise Out</p>	<p>20</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Sit & Be Fit AR 01:00 Creative Art and Expression Decoupage Puzzles AR 02:00 Bible Study LLL 02:00 Wii Bowling TH 03:00 Country Store 1 person @ a time CS</p>	<p>21</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Bus Trip to Walmart MOB 10:30 Balloon Pong AR 02:30 Knitting Class AR 03:00 Wii-Bowling TH</p>	<p>22</p> <p>10:00 Managing Your Weight with Jill Conn AR 10:30 Dancercise AR 01:30 Bingo DR 03:00 Country Store 1 person @ a time CS 03:00 Social Hour AR</p>	<p>23</p> <p>10:30 Octaband Exercise w/ Music AR 01:00 PAMPER YOU! Waterless Foot Massage AR 02:00 Discovery Series: Part 4 GP 03:00 Wii-Bowling TH 03:00 Country Store 1 person @ a time CS 06:00 Bunco Club AR</p>	<p>24</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Balloon Pong AR 01:00 Country Store CS 01:00 Friday Fun Games-Trivia AR 02:00 Smart Bucks Raffle/Silent Auction AR 06:30 Euchre! (GREEN EVENT) AR</p>	<p>25</p> <p>10:00 Adult Coloring RR 10:00 Jigsaw Puzzle Alley AR 01:00 Independent Word Search/Sudoku Puzzles RR 02:00 Open House for Arts and Crafts with Sheri AR 05:00 Indoor/Outdoor Walking MOB</p>
<p>26</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Channel 16 WNDU Catholic Mass RR 01:30 Bingo GP 03:00 Catholic Prayer Service with Holy Communion GP 05:00 Independent Walking or Exercise Out</p>	<p>27</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Sit & Be Fit AR 01:00 Creative Art and Expression-Rock Painting AR 02:00 Garden Club AR 02:00 Wii Bowling TH 03:00 Country Store 1 person @ a time CS</p>	<p>28</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Bus Trip MOB 10:30 Balloon Pong AR 02:30 Knitting Class AR 03:00 Wii-Bowling TH</p>	<p>29</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Dancercise AR 01:30 Bingo DR 03:00 Country Store 1 person @ a time CS 03:00 Social Hour AR</p>	<p>30</p> <p>10:00 Jigsaw Puzzle Alley AR 10:30 Octaband Exercise w/ Music AR 03:00 Wii-Bowling TH 03:00 Country Store 1 person @ a time CS 06:00 Bunco Club AR</p>	<p>The following events are free and open to the Community: 1 September 14th-1st Anniversary Celebration 2 September 17-Outdoor Concert</p>	<p>Nursing will conduct Wellness Checks the 1st through the 10th of month</p>