

# HAPPY FOURTH OF JULY

JULY 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Nursing will conduct wellness checks the 1st through the 10th of the month.



**01**  
 10:00 | Morning Prayer AR  
 10:30 | Octaband Exercise w/ Music AR  
 01:00 | Baker's Corner AR  
 03:00 | Country Store 1 person @ a time CS  
 03:00 | Wii-Bowling TH

**02**  
 10:00 | Morning Prayer AR  
 10:30 | Walking Club AR  
 01:00 | Friday Fun Games-Pool Practice PR  
 01:00 | Country Store CS  
 02:00 | Wii Bowling TH  
 06:30 | Euchre! (GREEN EVENT) with Bennie and Harry AR

**03**  
 10:00 | Adult Coloring RR  
 01:00 | Independent Word Search/Sudoku Puzzles RR  
 02:00 | Open House for Arts and Crafts with Sheri AR  
 05:00 | Indoor/Outdoor Walking MOB

**04**  
**Independence Day**  
 10:30 | Channel 16 WNDU Catholic Mass RR  
 01:30 | Bingo GP  
 03:00 | Catholic Prayer Service with Holy Communion GP  
 05:00 | Independent Walking or Exercise Out

**05**  
 10:00 | Morning Prayer AR  
 10:30 | Sit & Be Fit AR  
 01:00 | Creative Art and Expression-Rock Painting AR  
 02:00 | Garden Club AR  
 02:00 | Wii Bowling TH  
 03:00 | Country Store 1 person @ a time CS

**06**  
 10:00 | Bus outing to Goodwill MOB  
 02:30 | Knitting Class AR  
 03:00 | Wii-Bowling TH  
 06:00 | Chick Flick Night at the Movies TH

**07**  
 10:00 | Morning Prayer AR  
 10:30 | Dancercise AR  
 01:30 | Bingo DR  
 03:00 | Country Store 1 person @ a time CS  
 03:00 | Social Hour AR  
 06:00 | Action Movie Night TH

**08**  
 10:00 | Morning Prayer AR  
 10:30 | Octaband Exercise w/ Music AR  
 01:00 | Healthy Eating with Ziggy AR  
 03:00 | Country Store 1 person @ a time CS  
 03:00 | Wii-Bowling TH

**09**  
 10:00 | Morning Prayer AR  
 10:00 | Walking Club AR  
 01:00 | Friday Fun Games-Family Feud AR  
 01:00 | Country Store CS  
 02:00 | Wii Bowling TH  
 06:30 | Euchre! (GREEN EVENT) with Bennie and Harry AR

**10**  
 10:00 | Adult Coloring RR  
 01:00 | Independent Word Search/Sudoku Puzzles RR  
 02:00 | Open House for Arts and Crafts with Sheri AR  
 05:00 | Indoor/Outdoor Walking MOB

**11**  
 10:30 | Channel 16 WNDU Catholic Mass RR  
 01:30 | Bingo GP  
 03:00 | Catholic Prayer Service with Holy Communion GP  
 05:00 | Independent Walking or Exercise Out

**12**  
 10:00 | Morning Prayer AR  
 10:30 | Sit & Be Fit AR  
 01:00 | Creative Art and Expression-Make an "Eye of God" AR  
 02:00 | Garden Club AR  
 02:00 | Wii Bowling TH  
 03:00 | Country Store 1 person @ a time CS

**13**  
 10:00 | Morning Prayer AR  
 10:30 | Balloon Pong AR  
 01:30 | Smart Bucks Raffle AR  
 02:30 | Knitting Class AR  
 03:00 | Wii-Bowling TH  
 06:00 | Chick Flick Night at the Movies TH

**14**  
 10:00 | Morning Prayer AR  
 10:30 | Dancercise AR  
 01:30 | Bingo DR  
 03:00 | Country Store 1 person @ a time CS  
 03:00 | Social Hour AR  
 06:00 | Action Movie Night TH

**15**  
 10:00 | Morning Prayer AR  
 10:30 | Octaband Exercise w/ Music AR  
 01:00 | Pool Tournament PR  
 03:00 | Country Store 1 person @ a time CS  
 03:00 | Wii-Bowling TH

**16**  
 10:00 | Morning Prayer AR  
 10:00 | Walking Club AR  
 01:00 | Resident Council Meeting GP  
 02:00 | Wii Bowling TH  
 03:00 | Country Store CS  
 06:30 | Euchre! (GREEN EVENT) with Bennie and Harry AR

**17**  
 10:00 | Adult Coloring RR  
 01:00 | Independent Word Search/Sudoku Puzzles RR  
 02:00 | Open House for Arts and Crafts with Sheri AR  
 05:00 | Indoor/Outdoor Walking MOB

**18**  
 10:30 | Channel 16 WNDU Catholic Mass RR  
 01:30 | Bingo GP  
 03:00 | Catholic Prayer Service with Holy Communion GP  
 05:00 | Independent Walking or Exercise Out

**19**  
 10:00 | Morning Prayer AR  
 10:30 | Sit & Be Fit AR  
 01:00 | Creative Art and Expression-Rock Painting AR  
 02:00 | Garden Club AR  
 02:00 | Wii Bowling TH  
 03:00 | Country Store 1 person @ a time CS

**20**  
 10:00 | Morning Prayer AR  
 10:30 | Balloon Pong AR  
 02:30 | Knitting Class AR  
 03:00 | Wii-Bowling TH  
 06:00 | Chick Flick Night at the Movies TH

**21**  
 10:00 | Morning Prayer AR  
 10:30 | Dancercise AR  
 01:30 | Bingo DR  
 03:00 | Country Store 1 person @ a time CS  
 03:00 | Social Hour AR  
 06:00 | Action Movie Night TH

**22**  
 10:00 | Morning Prayer AR  
 10:30 | Octaband Exercise w/ Music AR  
 01:00 | Learn to Play Euchre! AR  
 03:00 | Country Store 1 person @ a time CS  
 03:00 | Wii-Bowling TH

**23**  
 10:00 | Morning Prayer AR  
 10:00 | Walking Club AR  
 01:00 | Friday Fun Games-Corn Hole Game AR  
 01:00 | Country Store CS  
 02:00 | Wii Bowling TH  
 06:30 | Euchre! (GREEN EVENT) with Bennie and Harry AR

**24**  
 10:00 | Adult Coloring RR  
 01:00 | Independent Word Search/Sudoku Puzzles RR  
 02:00 | Open House for Arts and Crafts with Sheri AR  
 05:00 | Indoor/Outdoor Walking MOB

**25**  
 10:30 | Channel 16 WNDU Catholic Mass RR  
 01:30 | Bingo GP  
 03:00 | Catholic Prayer Service with Holy Communion GP  
 05:00 | Independent Walking or Exercise Out

**26**  
 10:00 | Morning Prayer AR  
 10:30 | Sit & Be Fit AR  
 01:00 | Creative Art and Expression-Rock Painting AR  
 02:00 | Garden Club AR  
 02:00 | Wii Bowling TH  
 03:00 | Country Store 1 person @ a time CS

**27**  
 10:00 | Bus outing to Walmart MOB  
 02:30 | Knitting Class AR  
 03:00 | Wii-Bowling TH  
 06:00 | Chick Flick Night at the Movies TH

**28**  
 10:00 | Morning Prayer AR  
 10:30 | Managing Your Diabetes II with Jill Conn GP  
 01:30 | Bingo DR  
 03:00 | Country Store 1 person @ a time CS  
 03:00 | Social Hour AR  
 06:00 | Action Movie Night TH

**29**  
 10:00 | Morning Prayer AR  
 10:30 | Octaband Exercise w/ Music AR  
 02:00 | Discovery Series: Part 3 GP  
 03:00 | Country Store 1 person @ a time CS  
 03:00 | Wii-Bowling TH

**30**  
 10:00 | Morning Prayer AR  
 10:00 | Walking Club AR  
 01:00 | Country Store CS  
 01:00 | Friday Fun Games-Trivia AR  
 02:00 | Wii Bowling TH  
 06:30 | Euchre! (GREEN EVENT) with Bennie and Harry AR

**31**  
 10:00 | Adult Coloring RR  
 01:00 | Independent Word Search/Sudoku Puzzles RR  
 02:00 | Open House for Arts and Crafts with Sheri AR  
 05:00 | Indoor/Outdoor Walking MOB

Dimensions of Wellness

- Physical
- Spiritual
- Social
- Intellectual
- Nutritional
- Purposeful

Meeting Places

- Pool Room
- Activity Room
- Country Store
- Gathering Place
- Theater
- Resident Room
- Mobile
- Outside
- Dining Room

Feel free to give suggestions to Director of Resident Engagement for activities that you would like and do not see here!