

FEBRUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- AR Activity Room
- SR Sunroom
- LIB Library
- I Independent
- LOB Lobby
- OG Outside Grounds
- All Floors
- DR Dining Room

Please see the Daily
Activity Sheets posted in
the lobby for any changes.

Happy Birthday!

2/3 Mary H.

2/5 Audrey N.

2/13 Dotti W.

2/21 Martina V.

Entertainment 2/12 at 2pm



February Outings

2/5 Scenic Ride

2/15 Casino

2/21 Out to Lunch

Food Lion Shopping

Every Tuesday

Walmart Shopping

2/12 & 2/26

01

8:00 Morning News AR

10:30 Coffee & Trivia Social AR

2:00 Shut the Box Game AR

3:15 OP Community Church - Communion Offered SR

02

All Day Nat'I Wear Red Day

8:00 Morning News AR

8:30 Hymn Singing LIB

10:30 Ball Toning Exercises AR

11:00 The Daily Chronicles & Discussion AR

2:00 Bingo Bonanza AR

3:30 Rummikub Game AR

03

8:00 Morning News AR

9:00 Exercise Time I

9:30 Pinochle Game/Learn to Play AR

10:30 Word Puzzles AR

3:15 Game Show Network AR

04

8:00 Morning News AR

9:00 Exercise Time I

9:30 Pinochle Game/Learn to Play AR

1:30 Word Puzzles AR

05

8:00 Morning News AR

8:30 Hymn Singing LIB

9:00 Scenic Ride LOB

1:00 Pet Visit with Sasha (Poodle) LOB

2:00 Bingo Bonanza AR

06

8:00 Morning News AR

10:00 Food Lion Outing OG

10:30 Stretch & Flex AR

11:00 Who Am I? Trivia Game AR

1:15 Bible Study with Betty LIB

2:30 No Sew Snowmen Craft AR

07

12:00 Candy Gram Sale LOB

8:00 Morning News AR

8:30 Hymn Singing LIB

10:30 Working out with Weights AR

11:00 Star of the Month- Clark Gable AR

2:00 Bingo Bonanza AR

08

8:00 Morning News AR

10:30 Coffee/Reminiscing Social: Playing in the Snow AR

2:00 Travelogue-New Orleans for Mardi Gras AR

09

Wear Your Jersey Day All

8:00 Morning News AR

8:30 Hymn Singing LIB

10:30 Ball Toning Exercises AR

11:00 The Daily Chronicles & Discussion AR

2:00 Bingo Bonanza AR

6:00 First Baptist Hymn Singing SR

10

8:00 Morning News AR

9:00 Exercise Time I

9:30 Pinochle Game/Learn to Play AR

2:00 Creative Craft Project AR

3:15 Game Show Network AR

11

Superbowl Sunday All

8:00 Morning News AR

9:00 Exercise Time I

9:30 Pinochle Game/Learn to Play AR

1:30 Afternoon Movie Matinee: It Happened One Night AR

6:30 Superbowl Viewing/Party AR

12

8:00 Morning News AR

8:30 Hymn Singing LIB

10:30 Stretch & Flex AR

1:00 Walmart Shopping Trip LOB

2:00 Entertainment/Dance w/ Suzette DR

13

12:00 Mardi Gras All

8:00 Morning News AR

10:00 Food Lion Outing OG

10:30 Move and Groove Mardi Gras Game AR

2:00 Bingo Bonanza AR

14 Valentine's Day

8:00 Morning News AR

8:30 Hymn Singing LIB

10:30 Working out with Weights AR

12:30 Pop Up Library Visit AR

2:00 Bingo Bonanza AR

6:00 After Dinner Cocktails, Photobooth & Music DR

15

8:00 Morning News AR

9:00 Ocean Downs Casino Trip LOB

2:00 St. John Neuman - Communion Offered AR

3:00 Root Beer Float Social AR

16

8:00 Morning News AR

8:30 Hymn Singing LIB

10:30 Ball Toning Exercises AR

11:00 The Daily Chronicles & Discussion AR

2:00 Bingo Bonanza AR

17

8:00 Morning News AR

9:00 Exercise Time I

9:30 Pinochle Game/Learn to Play AR

1:00 Rummikub Game AR

3:15 Game Show Network AR

18

8:00 Morning News AR

9:00 Exercise Time I

9:30 Pinochle Game/Learn to Play AR

1:30 Word Puzzles AR

19 President's Day

8:00 Morning News AR

8:30 Hymn Singing LIB

10:30 Stretch & Flex AR

11:00 What Am I? Trivia Game AR

1:00 Pet Visit with Sasha (Poodle) LOB

2:00 Bingo Bonanza AR

20

8:00 Morning News AR

10:00 Food Lion Outing OG

10:00 Nat'I Muffin Day: Muffin Making AR

1:15 Bible Study with Betty LIB

2:00 Nat'I Chip Week- Chip Tasting Social AR

21

8:00 Morning News AR

8:30 Hymn Singing LIB

10:00 Working out with Weights AR

11:00 Out to Lunch Trip LOB

2:00 Bingo Bonanza AR

22

All Day Nat'I Margarita Day

8:00 Morning News AR

10:30 Coffee & Trivia Social AR

2:00 Happy Hour Social AR

3:00 Heart Healthy Nutrition Presentation SR

23

8:00 Morning News AR

8:30 Hymn Singing LIB

10:30 Ball Toning Exercises AR

11:00 The Daily Chronicles & Discussion AR

2:00 Bingo Bonanza AR

3:30 Rummikub Game AR

24

8:00 Morning News AR

9:00 Exercise Time I

9:30 Pinochle Game/Learn to Play AR

2:00 Creative Craft Project AR

3:15 Game Show Network AR

25

8:00 Morning News AR

9:00 Exercise Time I

9:30 Pinochle Game/Learn to Play AR

10:30 Morning Social AR

2:00 Root Beer Float Social AR

26

All Day Carnival Day

8:00 Morning News AR

8:30 Hymn Singing LIB

9:00 Walmart Shopping Trip LOB

10:30 Stretch & Flex AR

2:00 Bingo Bonanza AR

27

8:00 Morning News AR

10:00 Food Lion Outing OG

10:00 Shut the Box Game AR

2:00 Resident Council AR

3:15 Rummikub Game AR

28

7:30 Men's Breakfast AR

8:30 Hymn Singing LIB

10:30 Working out with Weights AR

2:00 Bingo Bonanza AR

29

8:00 Morning News AR

10:30 Coffee & Trivia Social AR

1:30 Afternoon Movie Matinee: The Misfits AR

