



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	JANUARY 2024
	<b>01</b> New Year's Day 8:00  Morning News 8:30  Hymn Singing 9:00  Mummers Parade Showtime 10:00  NY First Garden Walk 10:30  Eating Grapes & Resolutions 12:00  NY Toast 2:00  Bingo Bonanza	<b>02</b> 8:00  Morning News 10:00  Food Lion Outing 10:30  Working out with Weights 1:15  Bible Study with Betty 2:00  Happy Birthday, Jack Hanna	<b>03</b> 8:00  Morning News 8:30  Hymn Singing 9:00  OC Library Train Exhibit Trip 2:00  Bingo Bonanza	<b>04</b> 8:00  Morning News 10:30  Stretch & Flex 11:00  Who Am I? Trivia Game 2:00  Travelogue- Newfoundland & Labrador 3:15  OP Comm. Church - Comm. Offered	<b>05</b> 8:00  Morning News 8:30  Hymn Singing 10:30  Ball Toning Exercises 11:00  The Daily Chronicles & Discussion 2:00  Bingo Bonanza	<b>06</b> 8:00  Morning News 9:00  Exercise Time 9:30  Pinochle Game/Learn to Play 2:00  Word Puzzles 3:15  Game Show Network	<div>Dimensions of Wellness</div> <div> Physical</div> <div> Emotional</div> <div> Spiritual</div> <div> Environmental</div> <div> Vocational</div> <div> Social</div> <div> Intellectual</div> <div>Meeting Places</div> <div> Activity Room</div> <div> Lobby</div> <div> Outside Grounds</div> <div> Dining Room</div> <div> Sunroom</div> <div> Independent</div> <div> Library</div> <div> All Floors</div> <div>Please see the Daily Activity Sheets posted in the lobby for any changes.</div> <div>Happy Birthday!</div> <div>1/28 Frances R.</div> <div>1/29 Jenilee B.</div> <div>1/31 Phyllis S.</div>
<b>07</b> 8:00  Morning News 9:00  Exercise Time 9:30  Pinochle Game/Learn to Play 2:00  Table Games of your Choice	<b>08</b> 8:00  Morning News 8:30  Hymn Singing 10:30  Stretch & Flex 11:00  Star of the Month- Tom Selleck 2:00  Bingo Bonanza	<b>09</b> 8:00  Morning News 9:00  Ocean Downs Casino Trip 10:00  Food Lion Outing 2:00  Winter Painting	<b>10</b> 8:00  Morning News 8:30  Hymn Singing 10:30  Working out with Weights 11:00  Mixed-up Buffet Word Puzzle Game 12:30  Pop Up Library Visit 2:00  Bingo Bonanza	<b>11</b> 8:00  Morning News 10:30  Coffee & Trivia Social 1:30  Afternoon Movie Matinee	<b>12</b> 8:00  Morning News 8:30  Hymn Singing 10:30  Ball Toning Exercises 11:00  The Daily Chronicles & Discussion 2:00  Bingo Bonanza 6:00  First Baptist Hymn Singing	<b>13</b> 8:00  Morning News 9:00  Exercise Time 9:30  Pinochle Game/Learn to Play 10:30  Craft Time: Button Wreath 2:00  Music Time with Laura 3:15  Game Show Network	
<b>14</b> 8:00  Morning News 9:00  Exercise Time 9:30  Pinochle Game/Learn to Play 10:30  DIY Photo Frame 1:30  Afternoon Movie Matinee	<b>15</b> Birthday of Martin Luther King, Jr. 8:00  Morning News 8:30  Hymn Singing 10:30  Stretch & Flex 11:00  MLK Discussion 1:00  Pet Visit with Sasha (Poodle) 2:00  Bingo Bonanza	<b>16</b> 8:00  Morning News 10:00  Food Lion Outing 10:30  Time to Bake 1:15  Bible Study with Betty 2:00  January Birthday Party	<b>17</b> 8:00  Morning News 8:30  Hymn Singing 10:30  Working out with Weights 11:00  Word Mining 2:00  Bingo Bonanza	<b>18</b> 8:00  Morning News 10:00  Coffee & Trivia Social 11:00  Out to Lunch Trip- TBD 2:00  St. John Neuman - Communion Offered 2:45  Time to Make PB Puppy Chow Mix	<b>19</b> 8:00  Morning News 8:30  Hymn Singing 10:30  Ball Toning Exercises 11:00  The Daily Chronicles & Discussion 2:00  Bingo Bonanza 3:30  Popcorn Bar	<b>20</b> 8:00  Morning News 9:00  Exercise Time 9:30  Pinochle Game/Learn to Play 2:00  Word Puzzles 3:15  Game Show Network	
<b>21</b> 8:00  Morning News 9:00  Exercise Time 9:30  Pinochle Game/Learn to Play 2:00  Table Games of your Choice	<b>22</b> 8:00  Morning News 8:30  Hymn Singing 10:30  Stretch & Flex 11:00  Who Are We? Trivia Game 2:00  Bingo Bonanza	<b>23</b> 7:30  Men's Breakfast 8:00  Morning News 10:00  Food Lion Outing 10:30  Craft Time 2:00  Resident Council	<b>24</b> 8:00  Morning News 8:30  Hymn Singing 9:30  Scenic Ride 2:00  Bingo Bonanza	<b>25</b> Natl. Clashing Clothes Day 8:00  Morning News 10:30  Working out with Weights 10:30  Coffee & Trivia Social 11:00  Going by "Car" Word Trivia 2:00  Jewelry Making	<b>26</b> 8:00  Morning News 8:30  Hymn Singing 10:30  Ball Toning Exercises 11:00  The Daily Chronicles & Discussion 2:00  Bingo Bonanza 3:30  Happy Hour Social	<b>27</b> 8:00  Morning News 9:00  Exercise Time 9:30  Pinochle Game/Learn to Play 2:00  Valentine Card Project 3:15  Game Show Network	
<b>28</b> 8:00  Morning News 9:00  Exercise Time 9:30  Pinochle Game/Learn to Play 10:30  Morning Social 2:00  Valentine Painting Project	<b>29</b> 8:00  Morning News 8:30  Hymn Singing 10:00  Ocean Downs Casino Trip 2:00  Bingo Bonanza	<b>30</b> 8:00  Morning News 10:00  Food Lion Outing 10:30  Working out with Weights 11:00  What's "New" w/ You? Word Game 2:00  Cornhole Toss	<b>31</b> 8:00  Morning News 8:30  Hymn Singing 10:30  Natl. H... Is Freezing Over Party 2:00  Bingo Bonanza		January Trips 1/3-OC Lib. Train Exhibit 1/9-Casino 1/18-Out to Lunch-TBD 1/24-Scenic Ride 1/28-Casino/Lunch	