

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	NOVEMBER 2023
November Outings: 11/6- Ocean Downs Casino 11/15- Scenic Ride 11/22- Ocean Downs Casino	 Veterans Day 11/11	 ALZHEIMER'S AWARENESS MONTH	01 8:00 Morning News AR 8:30 Hymn Singing LOB 10:30 Working out with Weights AR 11:00 Would you Rather? Discussion AR 2:00 Bingo Bonanza AR	02 8:00 Morning News AR 10:30 Coffee & Trivia Social AR 1:30 Wizard of Oz Anniversary- Movie Day AR 3:15 OP Community Church - Communion Offered SR	03 8:00 Morning News AR 8:30 Hymn Singing LOB 10:30 Ball Toning Exercises AR 11:00 Star of the Month- Vivien Leigh AR 2:00 Bingo Bonanza AR	04 8:00 Morning News AR 9:00 Exercise Time I 9:30 Pinochle Game/Learn to Play AR 2:00 Fall Leaf Chalk Art AR 3:15 Game Show Network AR	Dimensions of Wellness  Physical  Emotional  Spiritual  Environmental  Vocational  Social  Intellectual Meeting Places AR Activity Room LOB Lobby SR Sunroom I Independent All All Floors OG Outside Grounds LIB Library Please see the Daily Activity Sheets posted in the lobby for any changes. <i>Happy Birthday!</i> Pat B. 11/2 Ray B. 11/4 Harland H. 11/6 Tacy P. 11/9 Shirley R. 11/11 Babe C. 11/11 Hilda H. 11/14
05 8:00 Morning News AR 9:00 Exercise Time I 9:30 Pinochle Game/Learn to Play AR 10:30 Morning Social- Roy Rogers Day AR 2:00 Roll A Turkey Dice Game AR	06 Wear Your Orange Day All 8:00 Morning News AR 9:00 Ocean Downs Casino Trip LOB 2:00 Bingo Bonanza AR	07 8:00 Morning News AR 8:30 Hymn Singing LOB 10:00 Food Lion Outing OG 10:30 Stretch & Flex AR 11:00 Who Am I? Trivia Game AR 1:15 Bible Study with Betty AR 2:00 Travelogue-Israel AR	08 8:00 Morning News AR 9:30 Working out with Weights AR 10:00 Bold & Spicy Tasting AR 11:00 Tongue Twister Time AR 12:30 Pop Up Library Visit AR 2:00 Bingo Bonanza AR	09 Nat'l Louisiana Day All 8:00 Morning News AR 8:30 Hymn Singing LOB 10:30 Coffee & Trivia Social AR 1:30 Afternoon Movie- "Gone with the Wind" AR	10 8:00 Morning News AR 10:30 Ball Toning Exercises AR 11:00 The Daily Chronicles & Discussion AR 2:00 Bingo Bonanza AR 6:00 First Baptist Hymn Singing SR	11 Veterans Day 8:00 Morning News AR 8:30 Hymn Singing LOB 9:00 Exercise Time I 9:30 Pinochle Game/Learn to Play AR 10:30 Veterans Day Social AR 2:00 Music Time with Laura AR 3:15 Game Show Network AR	
12 8:00 Morning News AR 9:00 Exercise Time I 9:30 Pinochle Game/Learn to Play AR 10:30 Morning Social AR 2:00 Fall Fashion Show AR	13 8:00 Morning News AR 8:30 Hymn Singing LOB 9:30 Stretch & Flex AR 10:00 Pine Cone Turkeys Craft AR 2:00 Bingo Bonanza AR	14 12:00 Nat'l Pickle Day All 7:30 Men's Breakfast AR 8:00 Morning News AR 8:30 Outside Walking Group LOB 10:00 Food Lion Outing OG 10:30 Biscuits & Coffee Social AR 2:00 Pajama Party Day AR	15 8:00 Morning News AR 8:30 Hymn Singing LOB 9:30 Scenic Ride LOB 2:00 Bingo Bonanza AR	16 8:00 Morning News AR 10:30 Coffee & Trivia Social AR 2:00 St. John Neuman - Communion Offered AR 2:45 Happy Hour Social AR	17 Mickey Mouse Day All 8:00 Morning News AR 8:30 Hymn Singing LOB 10:30 Ball Toning Exercises AR 11:00 The Daily Chronicles & Discussion AR 2:00 Bingo Bonanza AR	18 8:00 Morning News AR 9:00 Exercise Time I 9:30 Pinochle Game/Learn to Play AR 10:30 Time to Bake AR 2:00 November Birthday Social AR 3:15 Game Show Network AR	
19 8:00 Morning News AR 9:00 Exercise Time I 9:30 Pinochle Game/Learn to Play AR 10:30 Morning Social AR 2:00 Fall Tree Art AR	20 Nat'l PB Fudge Day All 8:00 Morning News AR 9:30 Stretch & Flex AR 10:30 PB Fudge Making w/ Kim AR 11:00 What Am I? Trivia Game AR 2:00 Bingo Bonanza AR	21 8:00 Morning News AR 8:30 Hymn Singing LOB 8:30 Outside Walking Group LOB 10:00 Food Lion Outing OG 10:00 Gingerbread Cookie Time AR 11:00 Let's Talk Turkey Tuesday AR 1:15 Bible Study with Betty LIB 2:00 Resident Council AR	22 8:00 Morning News AR 10:00 Ocean Downs Casino Trip/Lunch LOB 2:00 Bingo Bonanza AR	23 Thanksgiving Day 8:00 Morning News AR 8:30 Hymn Singing LOB 10:30 Coffee & Macy's Day Parade AR 2:00 Turkey Toss Game AR	24 8:00 Morning News AR 10:30 Ball Toning Exercises AR 11:00 The Daily Chronicles & Discussion AR 2:00 Bingo Bonanza AR	25 8:00 Morning News AR 8:30 Hymn Singing LOB 9:00 Exercise Time I 9:30 Pinochle Game/Learn to Play AR 2:00 Root Beer Float Social AR 3:15 Game Show Network AR	
26 8:00 Morning News AR 9:00 Exercise Time I 9:30 Pinochle Game/Learn to Play AR 10:30 Morning Social AR 2:00 Tree Ornament Craft AR	27 8:00 Morning News AR 8:30 Hymn Singing LOB 10:30 Stretch & Flex AR 11:00 Word Games AR 2:00 Bingo Bonanza AR	28 8:00 Morning News AR 8:30 Outside Walking Group LOB 10:00 Food Lion Outing OG 10:30 Biscuit Social AR 2:00 Musical Entertainment by "Pine Tones" AR	29 8:00 Morning News AR 8:30 Hymn Singing LOB 10:30 Working out with Weights AR 2:00 Bingo Bonanza AR	30 Mississippi Day AR 8:00 Morning News AR 10:30 Coffee & Trivia Social AR 2:00 Cornhole Toss SR			