



HAPPY LABOR DAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SEPTEMBER 2023
12th- Chocolate Milkshake Day 	21st- World Mini Golf Day 		29th- National Coffee Day 	11th- Patriot Day, Remembering 9/11 	01 8:00 Morning News AR 10:30 Ball Toss & Tone AR 11:00 Funny Fashions Humor Talk AR 2:00 Bingo Bonanza AR 3:30 Root Beer Float Friday AR	02 8:00 Morning News AR 9:00 Exercise Time I 9:00 Hymn Singing LOB 1:00 Rummikub LIB 2:00 Creative Art Expression AR 3:15 Game Show Network AR	<div>Dimensions of Wellness</div> <div> Physical</div> <div> Emotional</div> <div> Spiritual</div> <div> Environmental</div> <div> Vocational</div> <div> Social</div> <div> Intellectual</div> <div>Meeting Places</div> <div>AR Activity Room</div> <div>I Independent</div> <div>LOB Lobby</div> <div>LIB Library</div> <div>OG Outside Grounds</div> <div>SR Sunroom</div> <div>All All Floors</div> <div>Please see the Daily Activity Sheets posted in the lobby for any changes.</div> <div>Happy Birthday!</div> <div>Michael I. 9/3</div> <div>Nancy H. 9/14</div> <div>Al J. 916</div> <div>Art C. 9/20</div> <div>Betsy H. 9/21</div>
03 8:00 Morning News AR 9:00 Exercise Time I 10:30 Morning Social AR 2:00 Poker Game AR	04 Labor Day 8:00 Morning News AR 9:00 Hymn Singing LOB 10:30 All About Labor Day Social AR 2:00 Bingo Bonanza AR	05 8:00 Morning News AR 8:30 Outside Walking Group LOB 10:00 Food Lion Outing OG 10:30 Stretch & Flex AR 11:00 Who Am I? Trivia Game AR 1:15 Bible Study with Betty AR 2:00 Cornhole Game SR	06 8:00 Morning News AR 9:00 Hymn Singing LOB 10:30 Travelogue- Milan, Italy AR 2:00 Bingo Bonanza AR	07 8:00 Morning News AR 10:00 Ready, Steady, Roll Game AR 2:00 Sip & Paint (Beer Tasting) AR 3:15 OP Community Church - Communion Offered SR	08 8:00 Morning News AR 9:00 Hymn Singing LOB 10:30 Ball Toss & Tone AR 2:00 Bingo Bonanza AR 6:00 First Baptist Hymn Singing SR	09 8:00 Morning News AR 9:00 Exercise Time I 10:30 Colorful Suncatcher Craft AR 1:00 Rummikub LIB 2:00 Music Time with Laura AR 3:00 Dominoes Game AR	
10 8:00 Morning News AR 9:00 Exercise Time I 10:30 Foil Art Project AR 2:00 Grandparents Day Tea Time Social AR	11 8:00 Morning News AR 9:30 Ocean Downs Casino Trip/Lunch OG 10:30 Stretch & Flex AR 11:00 Remembering 9/11 AR 2:00 Bingo Bonanza AR 3:30 Yahtzee Game AR	12 National Choco Milkshake Day All 8:00 Morning News AR 8:30 Outside Walking Group LOB 9:00 Hymn Singing LOB 10:00 Food Lion Outing OG 10:30 Time to Bake AR 2:00 Sept. Birthday/Milkshake Social AR	13 8:00 Morning News AR 10:30 Working out with Weights AR 11:00 Star of the Month: Brooke Shields AR 12:30 Pop Up Library Visit AR 2:00 Bingo Bonanza AR	14 7:30 Men's Breakfast AR 8:00 Morning News AR 9:00 Hymn Singing LOB 10:30 Race Game AR 2:00 Bowling Game SR	15 8:00 Morning News AR 10:30 Picnic/Scenic Ride OG 10:30 Ball Toss & Tone AR 2:00 Bingo Bonanza AR 3:30 Root Beer Float Friday AR	16 8:00 Morning News AR 9:00 Exercise Time I 9:00 Hymn Singing LOB 1:00 Rummikub LIB 3:15 Game Show Network AR	
17 8:00 Morning News AR 9:00 Exercise Time I 10:30 Morning Social AR 2:00 Poker Game AR	18 8:00 Morning News AR 9:00 Hymn Singing LOB 10:30 Stretch & Flex AR 11:00 What Am I? Trivia Game AR 2:00 Bingo Bonanza AR	19 8:00 Morning News AR 8:30 Outside Walking Group LOB 10:00 Food Lion Outing OG 10:00 Frisbee Bocce SR 1:15 Bible Study with Betty LIB 2:00 Flower Arrangements w/ Garden Club AR	20 8:00 Morning News AR 9:00 Hymn Singing LOB 10:30 Working out with Weights AR 11:00 Jeopardy Trivia AR 2:00 Bingo Bonanza AR	21 World Mini Golf Day All 8:00 Morning News AR 10:30 Coffee & Trivia Social AR 2:00 Test your Mini Golf Skills AR	22 8:00 Morning News AR 9:00 Hymn Singing LOB 10:00 Ball Toss & Tone AR 10:30 Food For Thought- Apple Cider AR 2:00 Bingo Bonanza AR	23 8:00 Morning News AR 10:00 Time to Bake Cookies AR 2:00 Cornhole Toss SR	
24 8:00 Morning News AR 9:00 Exercise Time I 10:30 Morning Social AR 2:00 Poker Game AR 2:00 Creative Art/Craft AR	25 8:00 Morning News AR 10:30 Stretch & Flex AR 11:00 The Daily Chronicles & Discussion AR 2:00 Bingo Bonanza AR 6:00 Brain Fitness Puzzlers AR	26 8:00 Morning News AR 8:30 Outside Walking Group LOB 9:00 Hymn Singing LOB 10:00 Food Lion Outing OG 2:00 Resident Council AR	27 8:00 Morning News AR 10:30 Working out with Weights AR 11:00 Who Am I? Trivia Game AR 2:00 Bingo Bonanza AR	28 8:00 Morning News AR 9:00 Hymn Singing LOB 10:30 Coffee & Trivia Social AR 2:00 Dominoes Game AR 4:00 Garden Ribbon Cutting Ceremony OG	29 National Coffee Day All 8:00 Morning News AR 9:30 Scenic Ride LOB 10:30 Ball Toss & Tone AR 2:00 Bingo Bonanza AR 3:30 Coffee Bar AR	30 8:00 Morning News AR 9:00 Exercise Time I 9:00 Hymn Singing LOB 1:00 Rummikub LIB 3:15 Game Show Network AR	