Calendar is Subject to Change

HAPPY HALLOWEEN

OCTOBER 2022

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

TC Treasure Cove

Happy Birthday

Herbert B. Oct 5th

Open to the public outdoor events weather permitting: National Coffee Day Oct 1st 1:30

Nacho's On the Patios Oct 21st

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Oct 30 08:30 Sit and Be Fit Exercise TC 09:00 All Faith Svc w/ Joel Osteen/Lifetime TC 10:15 Sensory Stimulation TC 01:30 Magic of Music TC 02:30 Hydration & Snack TC 03:15 Creative Coloring TC 06:00 Movie & Snack TC	**Halloween Oct 31** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:30 Music in Motion TC 01:30 HALLOWEEN PARTY TC 02:30 Hydration & Snack TC 03:15 Table Top Puzzles TC 06:00 Movie & Snack TC					**01** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Musical Moments TC 01:30 National Coffee Day TC 02:30 Hydration & Snack TC 03:15 Manicures TC 06:00 Movie & Snack TC
02 08:30 Sit and Be Fit Exercise TC 09:00 All Faith Svc w/ Joel Osteen/Lifetime TC 10:15 Sensory Stimulation TC 01:30 Magic of Music TC 02:30 Hydration & Snack TC 03:15 Creative Coloring TC 06:00 Movie & Snack TC	**03** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:30 Baking Mondays TC 11:30 Beach Ball Toss TC 02:30 Hydration & Snack TC 03:15 Table Top Puzzles TC 06:00 Movie & Snack TC	**Night of Yom Kippur 04** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Table Top Puzzles TC 01:30 Music & Motion TC 02:30 Hydration & Snack TC 03:15 Artistic Expression TC 06:00 Movie & Snack TC	**Yom Kippur 05** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Memory Puzzles TC 01:30 Toss a Ball/Exercises TC 02:30 Hydration & Snack TC 03:00 Creative Expression TC 06:00 Movie & Snack TC	**06** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Artistic Expressions TC 02:00 Inspirational Thoughts with Karen TC 02:30 Hydration & Snack TC 03:30 Physical Fun TC 06:00 Movie & Snack TC	**07** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Stepping into the Oldies TC 01:30 Bingo TC 02:30 Hydration & Snack TC 03:15 Challenge Your Brain TC 06:00 Movie & Snack TC	**08** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Musical Moments TC 01:30 Fun With Fall TC 02:30 Hydration & Snack TC 03:15 Manicures TC 06:00 Movie & Snack TC
Night of Sukkot 09 08:30 Sit and Be Fit Exercise TC 09:00 All Faith Svc w/ Joel Osteen/Lifetime TC 10:15 Sensory Stimulation TC 01:30 Magic of Music TC 02:30 Hydration & Snack TC 03:15 Creative Coloring TC 06:00 Movie & Snack TC	**Columbus Day / Sukkot 10** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:30 Activity Work Book/Have Fun TC 02:00 Spiritual Reading TC 02:30 Hydration & Snack TC 03:15 Table Top Puzzles TC 06:00 Movie & Snack TC	**Sukkot 11** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Table Top Puzzles TC 01:30 Music & Motion TC 02:30 Hydration & Snack TC 03:15 Artistic Expression TC 06:00 Movie & Snack TC	**Sukkot 12** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Memory Puzzles TC 01:30 Toss a Ball/Exercises TC 02:30 Hydration & Snack TC 03:00 Creative Expression TC 06:00 Movie & Snack TC	**Sukkot 13** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Artistic Expressions TC 02:00 Inspirational Thoughts with Karen TC 02:30 Hydration & Snack TC 03:30 Physical Fun TC 06:00 Movie & Snack TC	**Sukkot 14** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:30 Fun With Baking TC 01:30 National Dessert Day Treats TC 02:30 Hydration & Snack TC 03:15 Challenge Your Brain TC 06:00 Movie & Snack TC	**Sukkot 15** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Musical Moments TC 01:30 Fun With Fall TC 02:30 Hydration & Snack TC 03:15 Manicures TC 06:00 Movie & Snack TC
Sukkot / Night of Shemini Atzeret 16 08:30 Sit and Be Fit Exercise TC 09:00 All Faith Svc w/ Joel Osteen/Lifetime TC 10:15 Sensory Stimulation TC 01:30 Magic of Music TC 02:30 Hydration & Snack TC 03:15 Creative Coloring TC 06:00 Movie & Snack TC	**Shemini Atzeret / Night of Simchat Torah 17** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:30 Baking Mondays TC 11:30 Lets Toss The Ball TC 02:30 Hydration & Snack TC 03:15 Table Top Puzzles TC 06:00 Movie & Snack TC	**Simchat Torah 18** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Table Top Puzzles TC 01:30 Music & Motion TC 02:30 Hydration & Snack TC 03:15 Artistic Expression TC 06:00 Movie & Snack TC	**19** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Memory Puzzles TC 01:30 Toss a Ball/Exercises TC 02:30 Hydration & Snack TC 03:00 Creative Expression TC 06:00 Movie & Snack TC	**20** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Artistic Expressions TC 02:00 Inspirational Thoughts with Karen TC 02:30 Hydration & Snack TC 03:30 Physical Fun TC 06:00 Movie & Snack TC	**21** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Stepping into the Oldies TC 01:30 Lets Have Nacho's On the Patio TC 02:30 Hydration & Snack TC 03:15 Challenge Your Brain TC 06:00 Movie & Snack TC	**22** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Musical Moments TC 01:30 Fun With Fall TC 02:30 Hydration & Snack TC 03:15 Manicures TC 06:00 Movie & Snack TC
23 08:30 Sit and Be Fit Exercise TC 09:00 All Faith Svc w/ Joel Osteen/Lifetime TC 10:15 Sensory Stimulation TC 01:30 Magic of Music TC 02:30 Hydration & Snack TC 03:15 Creative Coloring TC 06:00 Movie & Snack TC	**24** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:30 Baking Mondays TC 11:30 Bean Bag Toss TC 02:30 Hydration & Snack TC 03:15 Table Top Puzzles TC 06:00 Movie & Snack TC	**25** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Table Top Puzzles TC 01:30 Music & Motion TC 02:30 Hydration & Snack TC 03:15 Artistic Expression TC 06:00 Movie & Snack TC	**26** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Memory Puzzles TC 01:30 Toss a Ball/Exercises TC 02:30 Hydration & Snack TC 03:00 Creative Expression TC 06:00 Movie & Snack TC	**27** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Artistic Expressions TC 01:30 Monthly Birthday Celebration TC 02:30 Hydration & Snack TC 03:30 Physical Fun TC 06:00 Movie & Snack TC	**28** 01:30 Bingo TC 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Stepping into the Oldies TC 02:30 Hydration & Snack TC 03:15 Challenge Your Brain TC 06:00 Movie & Snack TC	**29** 08:30 Sit and Be Fit Exercise TC 09:00 Classic Television TC 10:15 Musical Moments TC 01:30 Fun With Fall TC 02:30 Hydration & Snack TC 03:15 Manicures TC 06:00 Movie & Snack TC