



"April Showers Brings May Flowers"

APRIL 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- AR Activity Room
- DR Dining Room

Calendar is subjected to change.

Please sign up for all bus trips in advance!!!

Music Concert Event 04/11/2024 2pm-4pm

Interactive Movie Night 04/19/2024 5:30pm-8:00pm

		01	02	03	04	05	06
		9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine 10:00-1:00p Bank Trip/Walmart AR 2:00-3:00p Book Club AR	9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine 1:00-2:00p Bingo With Carol AR 3:00-4:00p National Peanut Butter and Jelly Day AR	9:00-9:15a Hot Topics AR 9:15-9:30a Morning Walk/National Walking Day AR 2:00-3:00p Arts & Crafts AR 3:00-4:00p Women Wine Wednesday With Nicole AR	9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 1:00-2:00p Bingo with Carol AR 3:00-4:00p Cooking Club/National Burrito Day AR	9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 1:00-2:00p Button Making AR 3:00-4:00p Happy Hour AR	10:00-11:00a Name That Tune AR 2:00-3:00p Bingo With Carol AR
	07 10:00-11:00a Crossword 1:00-2:00p Church Service AR	08 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 10:00-11:00a Aromatherapy AR 1:00-2:00p Spring Trivia AR 2:00-3:00p Arts & Crafts AR	09 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 1:00-2:00p Bingo With Carol AR 2:30-3:30p Nails With Charmaine AR	10 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 2:00-3:00p Arts & Crafts AR 3:30-4:30p Cooking Club AR	11 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 1:00-2:00p Bingo With Carol AR 3:00-4:00p National Submarine Day AR	12 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 1:30-2:30p National Grill Cheese Day AR 3:00-4:00p Movie/Popcorn AR	13 10:00-11:00a Snack Social AR 2:00-3:00p Bingo With Carol AR
	14 10:00-11:00a Exercise with Charmaine 1:00-2:00p Church Service AR	15 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 1:00-2:00p Sports Talk AR 2:00-3:00p Arts & Crafts AR	16 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 1:00-2:00p Bingo With Carol AR 3:00-4:00p Resident Council Meeting AR	17 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 10:00-11:00a Shoe Carnival AR 2:00-3:00p Women Wine Wednesday With Nicole AR	18 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 1:00-2:00p Bingo With Carol AR 3:00-4:00p Flower Making AR	19 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 10:00-11:00a Mall Trip AR 2:00-3:00p Happy Hour AR	20 10:00-11:00a Bid Whiz AR 2:00-3:00p Bingo With Carol AR
	21 10:00-11:00a Exercise with Charmaine 1:00-2:00p Church Service AR	22 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 10:00-11:00a Family Fued AR 1:30-2:30p Knitting with Dajae AR	23 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 10:30-1:00p Movie Theatre Day AR 2:30-3:30p Nails by Charmaine AR	24 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 2:00-3:00p Mens Club AR 3:30-4:30p National Pigs In Blanket Day AR	25 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 10:00-11:00a Pizza Outing AR 1:00-2:00p Bingo With Carol AR	26 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 10:00-11:00a Walmart AR 12:00-1:00p National Pretzel Day AR	27 10:00-11:00a Connect Four AR 2:00-3:00p Bingo With Carol AR
	28 10:00-11:00a Exercise with Charmaine 1:00-2:00p Church Service AR	29 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 2:00-3:00p Arts & Crafts AR	30 9:00-9:15a Hot Topics AR 9:15-9:30a Morning Exercise With Charmaine AR 1:00-2:00p End of Month Birthday Celebration DR				