



Happy Thanksgiving



NOVEMBER 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- DR** Dining Room
- AR** Activity Room
- LIB** Library

Calendar is subjected to change.

Please sign up for all bus trips in advance!!!

					01	02	03	
					10:00 – 10:15a Hot Topics DR 10:15 – 11:15a Daily Workout/Arr DR 1:00 – 2:00p Bingo DR 2:00 – 3:00p Book Club DR	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout/Ball Toss DR 1:00 – 2:00p Trivia DR 2:00 – 3:00p Cooking Club/Pizza Making AR	10:00 – 10:15a Hot Topics DR 10:15 – 11:15a Bank Trip/Family Dollar DR 1:00 – 2:00p Happy Hour DR 2:00 – 3:00p National Sandwich Day DR	10:00 – 11:00a Daily Workout with Charmaine DR 1:00 – 2:00p Biz Whiz DR
	05	06	07	08	09	10	11	
	10:00 – 11:00a Daily Workout with Charmaine DR 1:00 – 2:00p Church Service LIB	10:00 – 10:15a Hot Topics AR 10:15 – 10:30a Daily Workout DR 11:00 – 1:00p National Nacho Day @11am DR 1:00 – 2:00p Bingo DR 2:00 – 3:00p Ring Toss DR	10:00 – 10:15a Hot Topics AR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Jewelry Making DR 2:00 – 3:00p Men's Club DR	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Bingo DR 3:00 – 5:00p Holiday Dinner DR	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout AR 1:00 – 2:00p Dart Game DR 2:00 – 3:00p Tugs of War DR	10:00 – 10:15a Hot Topics DR 10:30 – 11:30a Riveroaks Mall/Trip DR 1:00 – 2:00p Veterans Day Acknowledgen DR 2:00 – 4:00p Frank Rossi DR	Veterans Day DR 12:00 – 12:00a Daily Workout with Charmaine DR 1:00 – 2:00p Music social DR	
	12	13	14	15	16	17	18	
	10:00 – 11:00a Daily Workout with Charmaine DR 1:00 – 2:00p Church Service LIB	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout DR 11:00 – 12:00p Caregiver Appreciate Day DR 1:00 – 2:00p Bingo DR 2:00 – 3:00p Women's Club DR	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p National Diabetes Day/ GuestSpeaker DR 2:00 – 3:00p Designs Picture Frames DR	10:00 – 10:15a Hot Topics AR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Bingo DR 2:00 – 2:30p Nail Day DR	10:00 – 10:15a Hot Topic DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p National Button Day/Button Making DR 2:00 – 3:00p Price is Right DR	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Jenn Care/Bingo DR 2:00 – 3:00p Happy Hour DR	10:00 – 11:00a Daily Workout with Charmaine DR 1:00 – 2:00p Movie and Popcorn DR	
	19	20	21	22	23	24	25	
	10:00 – 11:00a Daily Workout with Charmaine DR 1:00 – 2:00p Church Service LIB	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Bingo DR 2:00 – 3:00p Music Social DR	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Resident Council DR 2:00 – 3:00p Wheel of Fortune DR	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Bingo DR 2:00 – 3:00p Arts and Craft DR	Thanksgiving Day DR 10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Thanksgiving Day DR	10:00 – 10:15a Hot Topics AR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Bingo DR 2:00 – 3:00p Movie Day\Black Friday DR	10:00 – 11:00a Daily Workout with Charmaine DR 1:00 – 2:00p Biz Whiz DR	
	26	27	28	29	30			
	10:00 – 11:00a Daily Workout DR 1:00 – 2:00p Church Service LIB	10:00 – 10:15a Hot Topic DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Bingo DR 2:00 – 3:00p Arts & Crafts DR	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Name that Tune DR 2:00 – 3:00p Cooking Club/French Toast DR	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Bingo DR 2:00 – 3:00p Arts & Crafts/Design Turkeys DR	10:00 – 10:15a Hot Topics DR 10:15 – 10:30a Daily Workout DR 1:00 – 2:00p Family Feud DR 2:00 – 3:00p Women's Club DR			