

April

Activities are subject to change

APRIL 2024

SUNDAY

MONDAY

TUESDAY








WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual

Meeting Places

- AR** Activity Room
- 2nd floor
- ER** Exercise Room
- LOB** Lobby
- THE** Theatre
- CH** Chapel
- Bis** Bistro
- GR1** Game Room
- 1st floor
- LB** Loft-Balcony
- 2nd floor
- G-** Garden Patio
- Pat**

	01	02	03	04	05	06	
	10:15a \$Strength & Flexibility ER 10:30a \$Brain Aerobics ER 11:00a Trivia Masters LOB 1:00p Convenience Store AR 1:30p \$ Walking Club LOB 1:30p Fellowship w/Barb CH 2:00p Refreshments with Barb AR 2:30p \$Card Club AR 2:30p Mid Day Movie THE	8:00a Doctors Appts. LOB 9:00a Deacon--Rosary CH 10:15a \$ Chair-Chi ER 11:00a Trivia Masters LOB 1:30p \$ Walking Club LOB 2:30p Mid Day Movie THE 3:30p Meet Up: Assisting Hands ER	10:15a \$Stretch & Balance ER 10:30a \$Brain Aerobics ER 11:00a Trivia Masters LOB 1:00p Bingo Bonanza! AR 1:30p \$ Walking Club LOB 2:30p Mid Day Movie THE 2:30p Dollar Tree Shopping LOB	8:00a Doctors Appts. LOB 9:00a Bistro Shop Open Bis 9:00a Veterans' Club GR1 10:15a \$ Fitness Fun! ER 11:00a Trivia Masters LOB 1:30p \$ Walking Club LOB 2:30p Mid Day Movie THE 2:30p \$ Pool, Puzzles & Board Games GR1	10:00a \$Zumba ER 10:30a \$Brain Aerobics ER 11:00a Trivia Masters LOB 11:30a Pet Therapy w/Gracie & Charlie LOB 1:00p \$Diamond Art Club LB 1:30p \$ Walking Club LOB 2:30p Mid Day Movie THE 2:30p Friday Social LOB	10:00a Morning Devotion CH 10:15a \$ Virtual Exercise ER 1:00p Resident Led Bingo AR 1:30p \$ Walking Club LOB 2:30p MidDay Movie THE 3:00p Chit-chat at the Lobby LOB	
	07 10:00a Virtual Church Svc (Non Denominational) THE 10:30a Rosary CH 1:30p \$ Walking Club LOB 1:30p Bible Study & Refreshment w/ Jose CH 2:30p MidDay Movie THE	08 10:15a \$Strength & Flexibility ER 10:30a \$Brain Aerobics ER 11:00a Trivia Masters LOB 1:00p Convenience Store AR 1:30p \$ Walking Club LOB 1:30p Fellowship w/Barb CH 2:00p Refreshments with Barb AR 2:30p Mid Day Movie THE 2:30p \$Card Club GR1	09 8:00a Doctors Appts. LOB 9:00a Deacon--Rosary CH 10:15a \$ Chair-Chi ER 11:00a Trivia Masters LOB 1:30p \$ Walking Club LOB 2:30p Mid Day Movie THE 3:30p Meet Up: Healthy Living ER	10 10:15a \$Stretch & Balance ER 10:30a \$Brain Aerobics ER 11:00a Trivia Masters LOB 1:00p Bingo Bonanza! AR 1:30p \$ Walking Club LOB 2:30p Mid Day Movie THE 2:30p At The Patio with Chip Messiner G-Pat	11 8:00a Doctors Appts. LOB 9:00a Bistro Shop Open Bis 9:00a Veterans' Club GR1 10:15a \$ Fitness Fun! ER 11:00a Trivia Masters LOB 1:30p \$ Walking Club LOB 2:30p Mid Day Movie THE 2:30p \$ Pool, Puzzles & Board Games GR1	12 10:00a \$Zumba ER 10:30a \$Brain Aerobics ER 11:00a Trivia Masters LOB 11:30a Pet Therapy w/Gracie & Charlie LOB 1:00p \$Diamond Art Club LB 1:30p \$ Walking Club LOB 2:30p Mid Day Movie THE 2:30p Sip & Sing Along Bis	13 10:00a Morning Devotion CH 10:15a \$ Virtual Exercise ER 1:00p Resident Led Bingo AR 1:30p \$ Walking Club LOB 2:30p MidDay Movie THE 3:00p Chit-chat at the Lobby LOB
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