

OCTOBER 2021

SUNDAY

MONDAY

TUESDAY







WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Spiritual
-  Social
-  Intellectual
-  Nutritional
-  Purposeful

Meeting Places

- GAT** Gathering Place
- AR** Activity Room
- DR** Dining Room
- BO** Bistro
- LR** Front living room
- CM** Country Market
- FP** Front Patio
- RA** Resident Apartment
- LBR** Library
- CS** Country store

**\*Monthly Wellness checks will be the 2nd Tuesday of every month starting at 10:00 am in the clinic. \*Please RSVP at the front desk for any Tuesday transportation appointments. \*If you would like an activity/service not reflected on the calendar, please see RSC/Administrator.**

RSVP for any outings.

Oct 31	Oct 01	Oct 02	Oct 03	Oct 04	Oct 05	Oct 06	Oct 07	Oct 08	Oct 09	Oct 10	Oct 11	Oct 12	Oct 13	Oct 14	Oct 15	Oct 16	Oct 17	Oct 18	Oct 19	Oct 20	Oct 21	Oct 22	Oct 23	Oct 24	Oct 25	Oct 26	Oct 27	Oct 28	Oct 29	Oct 30
<p><b>Halloween</b></p> <p>10:00 Coffee and chats 11:00 church 02:00 yahtzee</p>	<p><b>Open to the public events you don't want to miss.</b></p> <p>10-12 / Pumpkin Patch from 1pm-3pm</p> <p>10-26/ Trunk or Treat from 5:30pm-7pm</p>	<p>12:00 Daily Chronicles and puzzle books 02:00 Bingo</p>	<p>10:00 Dollar Store Shopping 01:00 Activity calendar Planning 02:00 Gardening 03:00 Happy Hour and games</p>	<p>10:00 Coffee and chats 11:00 church 02:00 yahtzee</p>	<p><b>National Breast Cancer Awareness Month!</b></p> <p><b>National Pizza and Popcorn Month!</b></p> <p>10-1 /International Seniors Day!</p>	<p>09:00 Wheels in motion-make an appointment 09:30 Baking with Blanca 02:00 Country Store</p>	<p>10:00 Craft corner 01:00 Trivia 02:00 Walmart Shopping Trip 02:00 puzzle books</p>	<p>10:00 Roll into movement 02:00 Gardening 03:00 Happy Hour and Auction</p>	<p>12:00 Daily Chronicles and puzzle books 02:00 Bingo</p>	<p>10:00 Coffee and chats 11:00 church 02:00 yahtzee</p>	<p><b>Columbus Day</b></p> <p>10:00 Happy Feet-Exercise 01:00 Trivia 02:00 Ice cream Social and chats</p>	<p>09:00 Wheels in motion-make an appointment 10:00 Giant crossword puzzle 01:00 Pumkin Patch/open to public 02:00 Country Store</p>	<p>10:00 Craft corner 01:00 Nails- make an appointment 02:00 Walmart Trip 02:00 Busy Feet- Walking club</p>	<p>09:30 Country Store 10:00 Wii bowling 02:00 Dollar Store Shopping 05:45 Movie and popcorn</p>	<p>10:00 Roll into movement 02:00 Gardening 03:00 Happy Hour and Music</p>	<p>12:00 Daily Chronicles and puzzle books 02:00 Bingo</p>	<p>10:00 Coffee and chats 11:00 church 02:00 yahtzee</p>	<p>10:00 Wii bowling 01:00 Trivia 02:00 Ice cream Social</p>	<p>09:00 Wheels in motion-make an appointment 09:30 Baking with Blanca 02:00 Country Store 02:30 Bible study</p>	<p>10:00 Craft corner 01:00 Nails- make an appointment 02:00 Walmart Shopping Trip 02:00 Busy Feet- Walking club</p>	<p>09:30 Country Store 10:00 Giant crossword puzzle 02:00 Healthy Cooking class with Gabbi 05:00 Movie and pizza party</p>	<p>10:00 Roll into movement 01:00 monster Bash Party 02:00 Gardening 03:00 Happy Hour and Cards</p>	<p>12:00 Daily Chronicles and puzzle books 02:00 Bingo</p>	<p>10:00 Coffee and chats 11:00 church 02:00 yahtzee</p>	<p>10:00 Happy Feet-Exercise 01:00 yahtzee 02:00 Ice cream Social and family feud</p>	<p>09:00 Wheels in motion-make an appointment 10:00 chair yoga 02:00 Country Store 05:30 Trunk and Treat/open to the public</p>	<p>10:00 Craft corner 01:00 Library visit 01:00 Nails- make an appointment 02:00 Walmart Shopping Trip</p>	<p>09:30 Country Store 10:00 Wii bowling 02:00 Dollar Store Shopping 05:45 Movie and popcorn</p>	<p>10:00 Roll into movement 01:00 Fire Drill 02:00 Gardening 03:00 Happy Hour /karaoke</p>	<p>12:00 Daily Chronicles and puzzle books 02:00 Bingo</p>