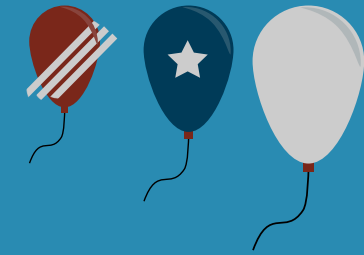


If you would like an activity/service not reflected on the calendar, please see RSC or Administrator.

Monthly Wellness checks provided by nursing the 1st thru the 10 of each month.

Activities are subject to change.

HAPPY LABOR DAY



SEPTEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Dimensions of Wellness

- Physical
- Spiritual
- Social
- Intellectual
- Nutritional
- Purposeful

Meeting Places

- L1 Location 1
- BO Bistro
- AR Activity Room
- GAT Gathering Place
- GR Game room
- CM Country Market
- RA Resident Apartment
- DR Dining Room
- LR Front living room
- LBR Library
- CS Country store
- ft front
- BP back patio

All Residents: please make sure to RSVP to the front desk receptionist for all outings you wish to attend.

Please wear your mask whenever you are outside of your apartment.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 05 10:00 Coffee and chats LBR 11:00 church GAT 02:00 yahtzee GAT	 06 Labor Day 10:00 puzzle books GAT 11:00 Cook out DR 02:00 Ice cream Social BO	 07 NATIONAL ASSISTED LIVING WEEK SEPTEMBER 12-18, 2021 09:00 Wheels in motion- make an appointment LR 10:00 Baking with Blanca AR 02:00 Country Store CS 02:30 Bible study GAT	01 10:00 Pool /card games GR 01:00 Nails- make an appointment AR 02:00 Busy Feet- Walking club LR 02:00 Shopping Trip LR	02 09:30 Country Store CM 10:00 Wii bowling GAT 02:00 Chair yoga GAT 05:45 Movie and popcorn GAT	03 09:30 Country Store RA 10:00 Roll into movement AR 02:00 Gardening BO 03:00 Happy Hour and Cards BO	04 12:00 Daily Chronicles and puzzle books RA 02:00 Bingo GAT
12 All Day Happy Assisted Living Week! 10:00 Donuts with Grandparents/ Family invite DR 11:00 church GAT 12:00 Fall Festival ft	13 10:00 Happy Feet- Exercise AR 01:00 Ice cream Social BO 03:00 Western Day/ Movie and snacks GAT	14 09:00 Wheels in motion- make an appointment LR 10:00 Chair yoga GAT 11:00 Sports Jersey Day! DR 02:00 Country Store CS	15 10:00 Happy Feet- Exercise AR 02:00 Shopping Trip LR 04:00 Olympic Games DR	16 09:30 Country Store CM 10:00 Discovery Series with Therapy GAT 1:00 Cookout and music BP 05:00 Movie and snacks GAT	17 09:30 Country Store RA 10:00 Roll into movement AR 02:00 Apple Dumplings Day and music with Gabbi DR 1pm Car Show and sock hop from 1-3pm	18 12:00 Daily Chronicles and puzzle books RA 01:00 Ice cream Social and name that tune BO 02:00 Bingo GAT
19 10:00 Coffee and chats LBR 11:00 church GAT 02:00 yahtzee GAT	20 10:00 Happy Feet- Exercise AR 12:00 Dollar Store Shopping AR 02:00 Ice cream Social and Jeopardy BO	21 09:00 Wheels in motion- make an appointment LR 10:00 Craft corner GAT 01:00 Fire Drill ft 02:00 Country Store CS	22 10:00 Busy Feet- Walking club AR 01:00 Nails- make an appointment AR 02:00 Shopping Trip LR	23 09:30 Country Store CM 10:00 Wii bowling GAT 11:00 Mens Luncheon L1 05:45 Movie and popcorn GAT	24 09:30 Country Store RA 10:00 Roll into movement AR 02:00 Healthy Cooking class with Gabbi AR 03:00 Happy Hour /karaoke BO	25 12:00 Daily Chronicles and puzzle books RA 02:00 Bingo GAT 07:00 Embassy Theater Concert L1
26 10:00 Coffee and chats LBR 11:00 church GAT 02:00 yahtzee GAT	27 10:00 Happy Feet- Exercise AR 01:00 Trivia AR 02:00 Ice cream Social BO	28 09:00 Wheels in motion- make an appointment LR 10:00 Chair yoga GAT 02:00 Country Store CS 02:30 Bible study GAT	29 01:00 Nails- make an appointment AR 02:00 Busy Feet- Walking club LR 02:00 Shopping Trip LR	30 09:30 Country Store CM 10:00 Busy Feet- Walking club AR 11:00 Women's Lunch L1 05:45 Movie and popcorn GAT	Open to the Public Events: 9/12- Fall Festival 12pm to 2pm 9/17- Car Show and Sock Hop 1-3pm	

