

happy new year

JANUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- TGP** The Gathering Place
- ML** 1st Floor Lobby
- ACT** Activity Room
- BIS** Bistro
- GS** General Store
- PDR** Private Dining Room

*Wellness Checks are daily 6-10 am and 6-10 pm.

*Activities are subject change.

If you have any activities you would like to see on the calendar, please share your ideas with Sherri Ganka or Josh Dodds.

Discover a new pleasure or purpose in 2024!

Don't live the same year 75 times and call it a life.

—Robin Sharma

@weareteachers

Smart Bucks earned for a healthy lifestyle!



Learn More Jan. 4th

New Year's Day

01

- 10:00 General Store
- 10:30 Chair Exercise\$
- 2:00 Bowling\$
- 3:30 Poetry Club

- GS
- TGP
- TGP
- ACT

02

- 10:00 Trip: Kroger
- 1:30 Ask the Administrator Josh
- 3:00 Cooking with Friends\$
- 6:30 Game Night: Canasta, Euchre

- ML
- ML
- ACT
- ACT

03

- 10:00 Drumming Exercise\$
- 11:00 Rosary with Mass following
- 2:00 General Store
- 2:30 Food Council with Rich
- 6:30 Service with City Church

- TGP
- PDR
- GS
- BIS
- ML

04

- 10:00 Trip: Goodwill
- 2:30 Smart Bucks Introduction\$
- 3:30 Bingo with Sharon

- ML
- ACT
- TGP

05

- 10:00 General Store
- 10:30 Chair Exercise\$
- 2:30 Happy Hour- January in Review
- 4:00 Weekend Packets

- GS
- TGP
- BIS
- ML

06

- 1:00 Work on Weekend Packet
- 1:30 Puppy Party
- 3:30 Bingo with Sharon

- ACT
- TGP
- TGP

07

- 10:00 Sunday School with Wanda
- 1:30 Sunday Movie Matinee
- 3:30 Work on Weekend Packet

- TGP
- ACT
- ACT

08

- 10:00 General Store
- 10:30 Chair Exercise\$
- 2:00 Bowling\$
- 3:30 Poetry Club

- GS
- TGP
- TGP
- ACT

09

- 10:00 Trip: French Lick Casino
- 1:30 Bible Study with Sherri
- 3:00 Artist Club
- 6:30 Game Night: Canasta, Euchre

- ML
- ACT
- ACT
- ACT

10

- 10:00 Drumming Exercise\$
- 11:00 Rosary with Mass following
- 1:00 Music with Valerie
- 2:00 General Store
- 2:30 Resident Council
- 6:30 Service with City Church

- TGP
- PDR
- TGP
- GS
- TGP
- ML

11

- 10:00 Trip: West Side Shopping
- 2:00 Word Games\$
- 3:30 Bingo with Sharon

- ML
- ACT
- TGP

12

- 10:00 General Store
- 10:30 Chair Exercise\$
- 2:30 Happy Hour with Stillwater Band!
- 4:00 Weekend Packets

- GS
- TGP
- BIS
- ML

13

- 1:00 Work on Weekend Packet
- 1:30 Puppy Party
- 3:30 Bingo with Sharon

- ACT
- TGP
- TGP

14

- 10:00 Sunday School with Wanda
- 1:30 Sunday Movie Matinee
- 3:30 Work on Weekend Packet

- TGP
- ACT
- ACT

Birthday of Martin Luther King, Jr.

15

- 10:00 General Store
- 10:30 Chair Exercise\$
- 11:00 Library Services
- 1:00 Healthy Living - Therapy\$
- 2:00 Bowling\$
- 3:30 Poetry Club Honoring Martin Luther King, Jr.

- GS
- TGP
- ML
- ACT
- TGP
- ACT

16

- 10:00 Trip: Kroger
- 1:30 Bible Study with Sherri
- 3:00 Artist Club
- 6:30 Game Night: Canasta, Euchre

- ML
- ACT
- ACT
- ACT

17

- 10:00 Drumming Exercise\$
- 11:00 Rosary with Mass following
- 2:00 General Store
- 6:30 Service with City Church

- TGP
- PDR
- GS
- ML

18

- 10:30 Artist Series - Judy Garland
- 12:45 Trip: Bowling- Classic Lanes\$
- 3:30 Bingo with Sharon

- ACT
- ML
- TGP

19

- 10:00 General Store
- 10:30 Chair Exercise\$
- 2:30 Happy Hour with Nathan!
- 4:00 Weekend Packets

- GS
- TGP
- BIS
- ML

20

- 1:00 Work on Weekend Packet
- 1:30 Puppy Party
- 3:30 Bingo with Sharon

- ACT
- TGP
- TGP

21

- 10:00 Sunday School with Wanda
- 1:30 Sunday Movie Matinee
- 3:30 Work on Weekend Packet

- TGP
- ACT
- ACT

22

- 10:00 General Store
- 10:30 Chair Exercise\$
- 2:00 Bowling\$
- 3:30 Poetry Club

- GS
- TGP
- TGP
- ACT

23

- 1:30 Preparation for Swap n' Shop
- 2:00 Swap n' Shop
- 6:30 Game Night: Canasta, Euchre

- TGP
- TGP
- ACT

24

- 10:00 Drumming Exercise\$
- 11:00 Rosary with Mass following
- 1:00 Music with Valerie
- 2:00 General Store
- 6:30 Service with City Church

- TGP
- PDR
- TGP
- GS
- ML

25

- 10:30 Artist Club
- 1:15 Trip: St. Charles School
- 2:30 Word Games\$
- 3:30 Bingo with Sharon

- ACT
- ML
- ACT
- TGP

26

- 10:00 General Store
- 10:30 Chair Exercise\$
- 2:30 Happy Hour Birthday Party
- 4:00 Weekend Packets

- GS
- TGP
- BIS
- ML

27

- 1:00 Work on Weekend Packet
- 1:30 Puppy Party
- 3:30 Bingo with Sharon

- ACT
- TGP
- TGP

28

- 10:00 Sunday School with Wanda
- 1:30 Sunday Movie Matinee
- 3:30 Work on Weekend Packet

- TGP
- ACT
- ACT

29

- 10:00 General Store
- 10:30 Chair Exercise\$
- 11:00 Library Services
- 2:00 Bowling\$
- 3:30 Poetry Club

- GS
- TGP
- ML
- TGP
- ACT

30

- 10:00 Trip: Walmart
- 1:30 Bible Study with Sherri
- 6:30 Game Night: Canasta, Euchre

- ML
- ACT
- ACT

31

- 10:00 Drumming Exercise\$
- 11:00 Rosary with Mass following
- 2:00 General Store
- 6:30 Service with City Church

- TGP
- PDR
- GS
- ML

