

<div>Dimensions of Wellness</div> <div><div></div>Physical</div> <div><div></div>Emotional</div> <div><div></div>Spiritual</div> <div><div></div>Environmental</div> <div><div></div>Vocational</div> <div><div></div>Social</div> <div><div></div>Intellectual</div>

Meeting Places

ML

1st Floor Lobby

ACT

Activity Room

BIS

Bistro

TGP

The Gathering Place

MD

Main Dining Room

PDR

Private Dinning Room

GS

General Store

*Wellness Checks are daily 6-10 am and 6-10 pm.

*Activities are subject change.

If you have any activities you would like to see on the calendar, please share your ideas with Sherri Ganka or Josh Dodds.

What's New

6th - "Sole Hope" IU Club Presentation

Tuesdays: Arts and Crafts Bible Study

10th- Veteran's Recognition

VETERANS DAY

 Thanks & Giving Starts Nov. 15 | World Series Gathering to be announced. 2023 | Family Thanksgiving, Nov. 21, 11:30 | 01 10:00 Drumming Exercise TGP 11:00 Rosary PDR 11:30 Mass PDR 2:00 General Store GS 2:30 Food Council with Rich BIS 6:30 Service with City Church ML | 02 10:00 Applacres and Arby's-Bedford ML 2:30 Word Games ACT 3:30 Bingo with Sharon TGP | 03 10:00 General Store GS 10:30 Chair Exercise TGP 2:30 Happy Hour BIS 4:00 Weekend Packets ML | 04 1:00 Work on Weekend Packet ACT 2:00 Independent Art ACT 3:30 Bingo with Sharon TGP || | 05 10:00 Sunday School with Wanda TGP 1:30 Sunday Movie Matinee ACT 3:30 Work on Weekend Packet ACT | 06 10:00 General Store GS 10:30 Chair Exercise TGP 11:00 Library Services ML 2:00 Bowling TGP 3:30 "Sole Hope" Project - IU Club Presentation ACT | 07 10:00 Trip: Kroger ML 1:30 Ask the Administrator Josh ML 2:00 Arts and Crafts ACT 3:00 Cooking with Friends ACT 6:30 Game Night: Canasta, Euchre ACT | 08 10:00 Drumming Exercise TGP 11:00 Rosary PDR 11:30 Mass PDR 1:00 Music with Valerie TGP 2:30 Resident Council TGP 6:30 Service with City Church ML | 09 10:00 Trip: Zaharakos-Columbus, IN ML 2:30 Word Games ACT 3:30 Bingo with Sharon TGP | 10 10:00 General Store GS 10:30 Chair Exercise TGP 2:00 Veterans Recognition Ceremony MD 2:30 Happy Hour BIS 4:00 Weekend Packets ML | Veterans Day 11 1:00 Work on Weekend Packet ACT 2:00 Independent Art ACT 3:30 Bingo with Sharon TGP |
	12 10:00 Sunday School with Wanda TGP 1:30 Sunday Movie Matinee ACT 3:30 Work on Weekend Packet ACT	13 8:30 Podiatry Waiting Room ACT 10:00 General Store GS 1:00 Healthy Living - Therapy ACT 2:00 Bowling TGP 3:30 Poetry Club ACT	14 10:00 Trip: Walmart ML 1:30 Euchre ACT 2:00 Arts and Crafts ACT 3:00 Bible Study with Sherri ACT 6:30 Game Night: Canasta, Euchre ACT	15 10:00 Drumming Exercise TGP 11:00 Rosary PDR 11:30 Mass PDR 1:30 "Thanks and Giving" Program Begins ACT 2:00 General Store GS 6:30 Service with City Church ML	16 10:30 Hoosier Hills Culinary Thanksgiving! ML 2:30 Word Games ACT 3:30 Bingo with Sharon TGP	17 10:00 General Store GS 10:30 Chair Exercise TGP 2:30 Happy Hour Birthday Party with Nathan BIS 4:00 Weekend Packets ML	18 1:00 Work on Weekend Packet ACT 2:00 Independent Art ACT 3:30 Bingo with Sharon TGP
	19 10:00 Sunday School with Wanda TGP 3:30 Work on Weekend Packet ACT	20 10:00 General Store GS 10:00 Trip: Kroger ML 11:00 Library Services ML 2:00 Bowling TGP 3:30 Poetry Club ACT	21 11:30 Family Thanksgiving Meal MD 2:00 Arts and Crafts ACT 3:00 Bible Study with Sherri ACT 6:30 Game Night: Canasta, Euchre ACT	22 10:00 Drumming Exercise TGP 11:00 Rosary PDR 11:30 Mass PDR 2:00 General Store GS 6:30 Service with City Church ML	Thanksgiving Day 23 9:00 Macy's Thanksgiving Parade NBC ACT 2:00 Thanksgiving Humor! TGP 3:30 Bingo with Sharon TGP	24 10:00 General Store GS 10:30 Chair Exercise TGP 2:30 Happy Hour with John! BIS 4:00 Weekend Packets ML	25 1:00 Work on Weekend Packet ACT 2:00 Independent Art ACT 3:30 Bingo with Sharon TGP
	26 10:00 Sunday School with Wanda TGP 1:30 Sunday Movie Matinee ACT 3:30 Work on Weekend Packet ACT	27 10:00 General Store GS 10:30 Chair Exercise TGP 2:00 Bowling TGP 3:30 Poetry Club ACT	28 10:00 Trip: West Side Shopping ML 2:00 Arts and Crafts ACT 3:00 Bible Study with Sherri ACT 6:30 Game Night: Canasta, Euchre ACT	29 10:00 Drumming Exercise TGP 11:00 Rosary PDR 11:30 Mass PDR 2:00 General Store GS 3:00 Music Artist Series - Julie Andrews ACT 6:30 Service with City Church ML	30 1:45 Trip: St. Charles School ML 3:00 Word Games ACT 3:30 Bingo with Sharon TGP	INTELLECTUAL PHYSICAL SOCIAL SPIRITUAL VOCATIONAL EMOTIONAL ENVIRONMENTAL Dimensions of Wellness International Council on Active Aging®	iN2L™ LIVES HERE Ask us about our IN2L technology!