






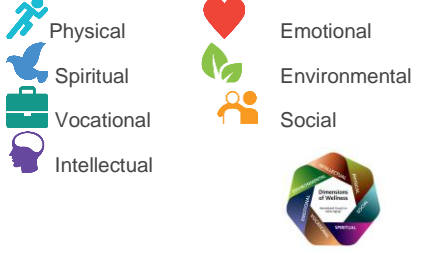


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1 9:15am Exercise - Seated Yoga 10:00am General Store 12:00pm St Mary's Communion Srvc 3:00pm Nat'l Humor Month-Come share your favorite jokes. 7:00pm Game Night in the Lounge-Player Choice 	2 9:45am Jumbo Uno 10:15am Nat'l Grilled Cheese Month-Air Fryer demo 1:30pm Library 2:00pm AA 3:30pm Card Bingo 7:00pm Spades - Resident Led	3 10:00am Wednesday Worship 11:00am Exercise - Fitness drumming 2:00pm Resident Council Officer Mtg 3:15pm Non-denominational Bible study-resident led 3:15pm Spring Craft 7:00pm Spades - Resident Led	4 8:45am You Again -Comedy (Hulu) 10:00am Dollar Tree - 1 Group 12:30pm The Cobbler -Comedy/Fantasy (Hulu) 2:00pm Dollar Tree - 1 Group 2:30pm Dungeons & Dragons 7:00pm Game Night in the Lounge-Player Choice	5 10:00am General Store 11:00am Friday Foodie Outing - White Castle 2:00pm Exercise - Low impact 3:00pm Physical Wellness Month Activity 7:00pm The Amazing Spider-Man 2 (Netflix)	6 9:30am The Good Mother - Drama/Thriller (Hulu) 10:30am Crochet Group 2:00pm Apples to Apples-Resident Led 7:00pm Game Night in the Lounge-Player Choice		
	7 9:30am Yahtzee - Resident Led 9:30am Highland Avenue Church of the Brethren 2:00pm Noah (Netflix) 2:00pm Northwest Bible Baptist Church Onsite Sunday Service	8 9:15am Exercise - Seated Yoga 10:00am General Store 12:00pm St Mary's Communion Srvc 2:00pm DIY All Natural Bed Bug Repellent Spray 3:30pm Bingo 7:00pm Game Night in the Lounge-Player Choice	9 9:45am Jumbo Uno 10:30am Tuesday Trivia 2:00pm AA 3:00pm Garden Stepping Stone painting 7:00pm Spades - Resident Led 	10 10:00am Wednesday Worship 11:00am Exercise - Fitness drumming 1:00pm Wii Bowling-join anytime 3:15pm Non-denominational Bible study-resident led 7:00pm Five Crowns - Resident Led	11 9:30am Boss Baby - animated comedy (Netflix) 10:00am Walmart - 1 Group 2:00pm Walmart - 1 Group 2:30pm Dungeons & Dragons 7:00pm Game Night in the Lounge-Player Choice	12 10:00am General Store 11:00am Friday Foodie Outing 2:00pm Menu Committee Mtg 2:00pm Exercise - Low impact 3:00pm Crafts & Cuisine World Tour: Japan - Cuisine 	13 9:30am Rustin - Drama (Netflix) 10:30am Crochet Group 2:00pm Five Crowns - Resident Led 7:00pm Game Night in the Lounge-Player Choice	
14 9:30am Highland Avenue Church of the Brethren 10:00am Farkel - Resident Led 2:00pm Northwest Bible Baptist Church Onsite Sunday Service 7:00pm Scrabble - Resident Led	15 9:15am Exercise - Seated Yoga 10:00am General Store 12:00pm St Mary's Communion Srvc 1:30pm McDonald's Day Outing 7:00pm Game Night in the Lounge-Player Choice	16 9:45am Jumbo Uno 10:30am Temporary Tattoo Time 1:30pm Library 2:00pm AA 3:30pm Card Bingo 7:00pm Spades - Resident Led	17 10:00am Wednesday Worship 11:00am Exercise - Fitness drumming 2:00pm Resident Council Open Mtg 3:15pm Non-denominational Bible study-resident led 7:00pm Five Crowns - Resident Led	18 8:45am Elemental - animated/ family (Disney+) 10:00am Dollar Tree - 1 Group 2:00pm Dollar Tree - 1 Group 2:30pm Dungeons & Dragons 7:00pm Game Night in the Lounge-Player Choice	19 8:45am The Little Mermaid-2023 version (Disney+) 10:00am General Store 11:30am Are you Smarter than a 5th grader-join anytime 2:00pm Exercise - Low impact 3:00pm Crafts & Cuisine World Tour: Japanese Fan Craft 	20 8:30am Open craft time - resident led 10:30am Crochet Group 1:30pm Postcards from the Edge-resident newsletter meeting 7:00pm Game Night in the Lounge-Player Choice		
21 9:30am Highland Avenue Church of the Brethren 9:45am Uno - Resident Led 2:00pm Northwest Bible Baptist Church Onsite Sunday Service 3:30pm Balderdash bluffing game - resident led 7:00pm Damsel - fantasy (Netflix)	22 9:15am Exercise - Seated Yoga 10:00am General Store 12:00pm St Mary's Communion Srvc 1:45pm Nat'l Jelly Bean Day treat & trivia 3:30pm Bingo 7:00pm Game Night in the Lounge-Player Choice 	23 9:45am Jumbo Uno 10:30am Nail Spa DIY 12:00pm Resident Volunteer Luncheon 2:00pm AA 7:00pm Spades - Resident Led	24 10:00am Wednesday Worship 11:00am Exercise - Fitness drumming 12:00pm Wii Carnival Games - Resident Led 3:15pm Non-denominational Bible study-resident led 7:00pm Five Crowns - Resident Led	25 8:45am Fried Green Tomatoes - Drama (Netflix) 10:00am Woodman's - 1 Group 2:00pm Woodman's - 1 Group 2:30pm Dungeons & Dragons 7:00pm Game Night in the Lounge-Player Choice	26 10:00am General Store 11:00am Friday Foodie Outing 1:45pm Nat'l Pretzel Day Social 3:30pm Exercise - Low impact 7:00pm Equalizer 3 - Action Thriller (Netflix) 	27 8:30am Open craft time - resident led 10:30am Crochet Group 2:00pm Five Crowns - Resident Led 7:00pm Game Night in the Lounge-Player Choice		
28 9:30am Highland Avenue Church of the Brethren 10:00am Farkel - Resident Led 2:00pm Northwest Bible Baptist Church Onsite Sunday Service 7:00pm Scrabble - Resident Led	29 9:15am Exercise - Seated Yoga 10:00am General Store 11:30am Monday Movie Outing - 1 group 12:00pm St Mary's Communion Srvc 7:00pm Game Night in the Lounge-Player Choice	30 9:45am Jumbo Uno 10:30am Finger Knitting craft 1:30pm Tuesday Trivia 2:00pm AA 3:30pm Card Bingo 7:00pm Spades - Resident Led	Physical Wellness Month Activity April 5, 2024 3:00-4:00p.m. <i>Residents</i>			Craft & Cuisine World Tour: Japan - Cuisine April 12, 2024 3:00-4:00p.m. <i>Residents</i>		NATIONAL PRETZEL DAY SOCIAL April 26, 2024 1:45-2:45p.m. <i>Residents, Family</i>
DIMENSIONS OF WELLNESS 								

Nursing vitals checks:
 ➤ Full monthly set of vitals, which includes weight and bp, will be done during the first week of the month.
 ➤ Daily vitals will be done once per day by the P.M. shift.

 **iN2L** Touch screen technology. Contact Tiffany or Cassandra to schedule your appointment.

Activities are subject to change. If you would like to request an activity/service not reflected on the calendar, please notify Resident Services.

