Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
EAu	gust	<ul> <li>10:00am Jumbo Uno</li> <li>11:30am Wii Shuffle board</li> <li>The Amazing Spider-Man (Disney+)</li> <li>1:45pm General Store</li> <li>2:00pm AA</li> <li>2:00pm Library</li> <li>7:00pm Five Crowns - Resident Led</li> <li>National Spider-Man Day</li> </ul>	<ul> <li>№ 8:30am</li> <li>№ 9:45am</li> <li>№ 10:00am</li> <li>№ 12:00pm</li> <li>№ 2:00pm</li> <li>№ 2:00pm</li> <li>№ 3:30pm</li> <li>№ 3:30pm</li> <li>№ 7:00pm</li> <li>Physician Appointments</li> <li>Wednesday Worship</li> <li>Open Craft Time</li> <li>Resident Council Officer Mtg</li> <li>Exercise - Low impact</li> <li>Non-denominational Bible study-resident led</li> <li>Billiards in the Pub</li> <li>Spades - Resident Led</li> </ul>	9:30am Walking Group Women's Bible Study w/ Helen 10:15am Sign Language 10:30am Walmart Outing - 2 groups Unsolved Crime Cases — interactive mystery with Cassandra 2:30pm Dungeons & Dragons Create a vision board	10:30am Exercise - Low impact 10:30am General Store 11:30am Friday Foodie Outing - location TBD  2:00pm AA 3:00pm Euchre 5:00pm Move Room open for group/individual use	10:30am Garden weekly upkeep 1:00pm Crochet Group 3:30pm Walking Group 7:00pm Poker Night - Resident Led
6	7	8	9	10	11	12
<ul> <li>9:30am Highland Avenue Church of the Brethren</li> <li>2:00pm Northwest Bible Baptist Church Sunday Service</li> <li>3:30pm Walking Group</li> </ul>	10:30am Exercise - hand weights 10:30am Creative Writing Activity 1:30pm Coffee Bar 3:30pm Bingo 7:00pm Yahtzee	<ul> <li>9:30am Walking Group</li> <li>10:00am Giant Size Games</li> <li>1:45pm General Store</li> <li>2:00pm AA</li> <li>3:00pm Nat'l Frozen Custard Day - Culver's Scoopie &amp; Custard</li> <li>Five Crowns - Resident Led</li> </ul>	<ul> <li>▶ 8:30am</li> <li>▶ 10:00am</li> <li>▶ 10:00am</li> <li>▶ 10:00am</li> <li>▶ 10:00am</li> <li>▶ 12:30pm</li> <li>▶ 2:00pm</li> <li>▶ 2:00pm</li> <li>▶ 2:00pm</li> <li>► Xercise - Low impact</li> <li>▶ Non-denominational Bible study-resident led</li> </ul>	<ul> <li>9:30am</li> <li>9:45am</li> <li>10:00am</li> <li>11:00am</li> <li>11:5pm</li> <li>2:30pm</li> <li>5:00pm</li> <li>Walking Group</li> <li>Clue Board Game</li> <li>Women's Bible Study w/ Helen</li> <li>Theater Thursday Movie TBD</li> <li>Wii Bowling</li> <li>Dungeons &amp; Dragons</li> <li>Move Room open for group/individual use</li> </ul>	<ul> <li>7 10:00am Exercise - Low impact</li> <li>8 10:30am General Store</li> <li>12:30pm Exploding Kittens game of strategy</li> <li>2:00pm AA</li> <li>3:00pm Euchre</li> <li>7:00pm Game Night in the Pub - Resident Led</li> </ul>	10:30am Garden weekly upkeep 1:00pm Crochet Group 3:30pm Walking Group 7:00pm Poker Night - Resident Led
13	14	15	16	17	18	19
9:30am Highland Avenue Church of the Brethren 10:00am Crochet Group 2:00pm Northwest Bible Baptist Church Sunday Service 3:30pm Walking Group	10:00am Exercise - Low impact 10:30am Sign Language 12:00pm Hawaiian Themed Craft 2:00pm Microwave Meal Monday 3:30pm Grease Trivia in the Pub Yahtzee	9:30am Walking Group 10:00am Jumbo Scrabble 11:30am Billiards in the Pub 1:45pm General Store 2:00pm AA 2:00pm Library 3:30pm Card Bingo 7:00pm Five Crowns - Resident Led	** 8:30am Physician Appointments  ** 10:00am Wednesday Worship  ** 10:30am Smarty Pants trivia game - join any time  ** 12:30pm Darts in the Pub  ** 2:00pm Resident Council Open Mtg  ** 2:00pm Exercise - Low impact  ** Non-denominational Bible study-resident led	9:30am Walking Group Women's Bible Study w/ Helen 10:30am Dollar Tree Outing - 2 groups 2:30pm Dungeons & Dragons Thrift Shop  National Thrift Shop Day	10:00am Exercise - Low impact 10:30am General Store 11:30am Open Craft Time 2:00pm Hawaiian Shirt Day Luau party 2:00pm AA  Hawaiian Shirt Day	All Day Pub – Pool/Darts Garden weekly upkeep 1:00pm Crochet Group Themed Role Play Game - Resident Led 3:30pm Walking Group Poker Night - Resident Led
20	21	22	23	24	25	26
<ul> <li>9:30am Highland Avenue Church of the Brethren</li> <li>2:00pm Northwest Bible Baptist Church Sunday Service</li> <li>3:30pm Walking Group</li> </ul>	Cranium Crunches & Brain Games  10:00am Exercise - Low impact Wii Horseshoes  2:00pm Recipe Book Craft Si30pm Bingo 7:00pm Yahtzee	10:00am Uno 11:00am Friends Game (The Television Series)  1:45pm General Store 2:00pm AA	** 8:30am Physician Appointments Wednesday Worship  11:00am Exercise - Low impact  11:30am Are you smarter than a 5th grader - wii  3:00pm Non-denominational Bible study-resident led  7:00pm Game Night in the Pub - Resident Led	All Day 9:30am 9:30am Valking Group Women's Bible Study w/ Helen 10:30am Walmart Outing – Group 1 New Resident Meet & Greet 2:30pm Dungeons & Dragons iN2L Trivia Hour	<ul> <li>10:00am Exercise - Low impact</li> <li>10:30am General Store</li> <li>1:30pm Banana Split grab &amp; go</li> <li>2:00pm AA</li> <li>3:00pm Euchre</li> <li>7:00pm Car-Dun-Al Therapy Dog Visit</li> <li>National Banana Split Day</li> </ul>	All Day S:30am Huntley Farmer's Market 10:30am Garden weekly upkeep Crochet Group Walking Group 7:00pm Poker Night - Resident Led
27	28	29	30	31		DIMENSIONS OF WELLNESS
All Day Independent Use - Pub  9:30am Highland Avenue Church of the Brethren  Northwest Bible Baptist Church Sunday Service  3:30pm Walking Group	10:00am Exercise - Low impact Ride Along (Netflix) 10:30am Microwave Meal Monday 1:30pm Farkel Dice Game 2:00pm Nat'l Thoughtful Day Event 3:00pm St. Mary's Mass 7:00pm Yahtzee	9:30am Walking Group 10:00am Giant Size Games 10:30am Triominos 1:45pm General Store 2:00pm AA 3:30pm Card Bingo 7:00pm Five Crowns - Resident Led	**S:30am Physician Appointments **10:00am Wednesday Worship **2:00pm Exercise - Low impact I, Frankenstein (Netflix) **3:00pm Non-denominational Bible study-resident led  Frankenstein Day	<ul> <li>9:30am Walking Group</li> <li>10:00am Build your own trail mix</li> <li>10:30am Women's Bible Study w/ Helen Cranium Crunches &amp; Brain Games</li> <li>11:00am Theater Thursday - Movie TBD Dungeons &amp; Dragons</li> <li>National Trail Mix Day</li> </ul>	Reminder  The fitness room is available for residents to use all day every day.  It is located on the 2 <sup>nd</sup> floor in Hall 2.	Physical Emotional Spiritual Environmental Vocational Intellectual

Activities are subject to change. If you would like to request an activity/service not reflected on the calendar, please notify Resident Services.

## Mursing vitals checks:

- Full monthly set of vitals, which includes weight and bp, will be done during the first week of the month.

  Daily vitals will be done once per day by the P.M. shift.

## National Frozen Custard Day

August 8, 2023 3:00-3:30p.m.

Culver's Frozen Custard & visit from Scoopie

Residents & Family

## Hawaiian Shirt Day

August 18, 2023 2:00~3:00p.m.

Luau Social

Residents

## National Thoughtful Day

August 28, 2023 2:00~3:00p.m.

Public

of Huntley

SUPPORTIVE LIVING COMMUNITY

