



HAPPY NEW YEAR



JANUARY 2024

SUNDAY

MONDAY

TUESDAY








WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual

Meeting Places

- AR** Activity Room
- CA** Common Areas
- RR** Resident Rooms
- DR** Dining Room

Happy Birthday

1/14

Russ T

January

1st Happy New Years

Rose Bowl Game

10th Bittersweet
Chocolate Day






15th MLK Day

21 New England Clam
Chowder Day






26th Have Fun at
Work Day



New Year's Day 01

- 12:00–1:00  New Years Eve Pajama Party **AR**
- 9:30–10:00  Memory Support Game **AR**
- 1:00–2:00  Bingo **AR**
- 2:00–3:00  Dominoes **AR**
- 3:00–4:00  M*A*S*H Monday **AR**






02

- 9:30–10:00  memory support game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 12:30–1:30  Resident Council Meeting-\$ **AR**
- 1:00–3:30  TV time or Music residents Choice **AR**
- 1:00–3:00  Nail Glamour **AR**

03

- 9:30–10:00  Memory Support Games **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 1:30–2:00  Resident Council Meeting-\$ **AR**
- 2:00–3:00  Church w/Terry, Gerry and Ken **AR**
- 3:00–4:00  Music Residents Choice **AR**




04

- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 12:30–1:30  Arts and Crafts **AR**
- 1:30–2:30  Game Hang man **AR**
- 2:30–3:30  Brian Wright Therapy Dog **AR**




05

- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 12:30–1:30  Bingo **AR**
- 2:00–3:00  Movie Residents Choice **AR**
- 3:00–4:00  Puzzles & Friday treat day-\$ **AR**






06

- 8:00–11:00  Morning News /TV time **AR**
- 1:00–2:00  Creative Coloring Christmas Stockings **CA**
- 1:30–2:30  Puzzle Packet-\$ **RR**

07

- 8:00–11:00  TV Worship-check your local listing **RR**
- 12:30–1:30  Crossword Puzzles \$ **RR**
- 2:00–3:00  Brooks Layman church services Cedar Grove **AR**






08

- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 1:00–2:00  Bingo **AR**
- 2:00–3:00  UNO CARD GAME **AR**
- 3:00–4:00  M*A*S*H Monday **AR**

09

- 9:30–10:00  Memory Support Game **AR**
- 10:00–10:30  Pet Therapy **AR**
- 1:00–3:00  Nail Glamour **AR**
- 1:30–2:30  New Hope Baptist Church **AR**
- 2:00–3:00  Music Karaoke **AR**



10

- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 12:30–1:30  Bingo **AR**
- 2:00–3:00  Church w/Terry, Gerry and Ken **AR**
- 3:00–4:00  Music Residents Choice **AR**




11

- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 12:30–1:30  Discovery Series W/Anna PT-\$ **AR**
- 2:30–3:00  Brian Wright Therapy Dog **AR**
- 3:00–4:00  Ladies Social **AR**






12

- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 12:30–1:30  Bingo **AR**
- 2:00–3:00  Puzzles & Friday treat day-\$ **AR**
- 3:00–4:00  GAMES **AR**






13

- 8:00–11:00  Morning News /TV time **AR**
- 1:30–2:30  Puzzle Packet-\$ **RR**
- 3:00–4:00  Creative Coloring **CA**

14

- 8:00–11:00  TV Worship-check your local listing **RR**
- 11:00–12:00  Happy Birthday Russ T **DR**
- 12:30–1:30  Crossword Puzzles \$ **RR**
- 2:00–3:00  Brooks Layman church services Cedar Grove **AR**
- 3:00–4:00  Creative Coloring **CA**





Birthday of Martin Luther King, Jr. 15

- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 1:00–2:00  Bingo **AR**
- 2:00–3:00  UNO CARD GAME **AR**
- 3:00–4:00  M*A*S*H Monday **AR**






16

- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 1:00–3:00  Nail Glamour **AR**
- 1:30–2:30  New Hope Baptist Church **AR**
- 2:00–3:00  Music Karaoke **AR**

17

- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 2:00–3:00  Church w/Terry, Gerry and Ken **AR**
- 3:00–4:00  Music Residents Choice **AR**





18

- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 12:30–1:30  Arts and Crafts **AR**
- 2:30–3:00  Brian Wright Therapy Dog **AR**
- 3:00–4:00  Men"s Social **AR**




19

- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 12:30–1:30  Bingo **AR**
- 2:00–3:00  Puzzles & Friday treat day-\$ **AR**
- 3:00–4:00  GAMES **AR**






20

- 8:00–11:00  Morning News /TV time **AR**
- 9:30–10:00  Memory Support Game **AR**
- 1:30–2:30  Puzzle Packet-\$ **RR**
- 3:00–4:00  Creative Coloring **CA**

21

- 8:00–11:00  TV Worship-check your local listing **RR**
- 12:30–1:30  Crossword Puzzles \$ **RR**
- 3:00–4:00  Cedar Grove Community Church **AR**





22

- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 1:00–2:00  Bingo **AR**
- 2:00–3:00  UNO CARD GAME **AR**
- 3:00–4:00  M*A*S*H Monday **AR**






23

- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 1:00–3:00  Nail Glamour **AR**
- 1:30–2:30  New Hope Baptist Church **AR**
- 2:00–3:00  Music Karaoke **AR**





24

- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 2:00–3:00  Church w/Terry, Gerry and Ken **AR**
- 3:00–4:00  Music Residents Choice **AR**





25

- 12:00–12:00  Group Chat **AR**
- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 12:30–1:30  Arts and Crafts **AR**
- 2:30–3:00  Brian Wright Therapy Dog **AR**




26

- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 12:30–1:30  Bingo **AR**
- 2:00–3:00  Smart Bucks Prize Raffle **AR**
- 3:00–4:00  GAMES **AR**






27

- 8:00–11:00  Morning News /TV time **AR**
- 9:30–10:00  Memory Support Game **AR**
- 1:30–2:30  Puzzle Packet-\$ **RR**
- 3:00–4:00  Creative Coloring **CA**







28

- 8:00–11:00  TV Worship-check your local listing **RR**
- 12:30–1:30  Crossword Puzzles \$ **RR**
- 2:00–3:00  Brooks Layman church services Cedar Grove **AR**






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- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 1:00–2:00  Bingo **AR**
- 2:00–3:30  UNO CARD GAME **AR**
- 3:00–4:00  M*A*S*H Monday **AR**

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- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 1:00–3:00  Nail Glamour **AR**
- 1:30–2:30  New Hope Baptist Church **AR**
- 2:00–3:00  Music Karaoke **AR**
- 2:00–3:00  Music Karaoke **AR**

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- 9:30–10:00  Memory Support Game **AR**
- 10:00–11:00  Exercise & hydrate- \$ **AR**
- 1:00–2:00  Bingo **AR**
- 2:00–3:00  Church w/Terry, Gerry and Ken **AR**
- 3:00–4:00  Music Residents Choice **AR**

