






































































































October 2023

Cambridge House of Swansea

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p> 9:00am Church on TV In Front Lobby, 1st floor lobby</p> <p> 10:00am Thinking Games- October IQ, 1st floor lobby</p> <p> 1:30pm Movie in Media Room, MR</p>	<p> 10:00am Chair Zumba, 1st floor lobby</p> <p> 10:15am Hangman Game, AC</p> <p> 1:00pm Non-Denominational Bible Study, 2FLAC</p> <p> 2:00pm Activity Planning Meeting with Amanda, DR</p>	<p> 8:00am Essential Only Dr's Appointments, 1st floor lobby</p> <p> 10:00am Resident Directed Activities, APT</p> <p> 10:00am Walking Club Outdoors or Indoors, 2nd floor common area</p> <p> 2:00pm Card Flip with Marilyn A, DR</p>	<p> 10:00am Chair Zumba- resident directed, 1st floor lobby</p> <p> 2:00pm Bingo with Susan, DR</p>	<p> 10:00am Fall festival with Caseyville township- sign up required, 1st floor lobby</p> <p> 2:00pm Meet and Greet with Crystal- New in House Nurse Practitioner, DR</p>	<p> 10:00am Chair Zumba- resident directed, 1st floor lobby</p> <p> 2:00pm Card Flip with Marilyn A, DR</p>	<p> 10:00am Thinking Games- Famous October Birthdays, 1st floor lobby</p> <p> 2:00pm Bingo with Georgia, DR</p>
8	9	10	11	12	13	14
<p> 9:00am Church on TV In Front Lobby, 1st floor lobby</p> <p> 10:00am Thinking Games- New Mexico, 1st floor lobby</p> <p> 2:00pm Bingo with Norma and Friends, DR</p>	<p> 10:00am Chair Zumba, 1st floor lobby</p> <p> 10:15am Blessings Pumpkin Activity, 1st floor lobby</p> <p> 1:00pm Non-Denominational Bible Study, 2FLAC</p> <p> 2:00pm Pumpkin Social, DR</p>	<p> 8:00am Essential Only Dr's Appointments, 1st floor lobby</p> <p> 10:00am Resident Directed Activities, APT</p> <p> 10:00am Walking Club Outdoors or Indoors, 2nd floor common area</p> <p> 10:00am Catholic Service, 2nd floor common area</p> <p> 2:00pm Card Flip with Marilyn A, DR</p>	<p> 10:00am Chair Zumba, 1st floor lobby</p> <p> 10:15am Categories Game, 1st floor lobby</p> <p> 2:00pm Boost Your Brain Smoothies, AC</p>	<p> 9:30am Shopping at Wal-Mart, 1st floor lobby</p> <p> 2:00pm Bingo, DR</p>	<p> 9:30am Rummikub Game - Resident Directed, AC</p> <p> 11:00am Health Fair with vendors, 1st floor lobby</p>	<p> 10:00am Thinking Games - You hold the "key", 1st floor lobby</p> <p> 2:00pm Bingo with Susan, DR</p>
15	16	17	18	19	20	21
<p> 9:00am Church on TV In Front Lobby, 1st floor lobby</p> <p> 10:00am Thinking Games- I Love Coffee, 1st floor lobby</p> <p> 2:00pm Bingo with the Moose, DR</p>	<p> 11:00am Lunch Out to Round Table In Belleville - Sign Up is Required, 1st floor lobby</p> <p> 1:00pm Non-Denominational Bible Study, 2FLAC</p> <p> 2:00pm Dirty Poker, DR</p>	<p> 8:00am Essential Only Dr's Appointments, 1st floor lobby</p> <p> 10:00am Resident Directed Activities, APT</p> <p> 10:00am Walking Club Outdoors or Indoors, 2nd floor common area</p> <p> 2:00pm Card Flip with Marilyn A, DR</p>	<p> 10:00am Chair Zumba, 1st floor lobby</p> <p> 10:15am Trivia Time, 1st floor lobby</p> <p> 2:00pm Bingo with Susan, DR</p>	<p> 9:00am Open Transportation 9 - 12pm, 1st floor lobby</p> <p> 2:00pm Resident / Food Council, DR</p>	<p> 10:00am Boost Your Brain Smoothies, AC</p> <p> 2:00pm Deer hunting game, 1st floor lobby</p>	<p> 10:00am Thinking Games- Mixed- Up Candy, 1st floor lobby</p> <p> 2:00pm Bingo with Georgia, DR</p>
22	23	24	25	26	27	28
<p> 9:00am Church on TV In Front Lobby, 1st floor lobby</p> <p> 10:00am Thinking Games- A-mazing Bat, 1st floor lobby</p> <p> 1:30pm Movie in Media Room, MR</p>	<p> 10:00am Chair Zumba, 1st floor lobby</p> <p> 10:30am Pet Parade with Halloween Costumes on the Dogs- Pet Therapy, 1st floor lobby</p> <p> 1:00pm Non-Denominational Bible Study, 2FLAC</p> <p> 1:30pm Fall Craft time, AC</p>	<p> 8:00am Essential Only Dr's Appointments, 1st floor lobby</p> <p> 10:00am Resident Directed Activities, APT</p> <p> 10:00am Walking Club Outdoors or Indoors, 2nd floor common area</p> <p> 2:00pm Card Flip with Marilyn A, DR</p>	<p> 10:00am Chair Zumba, 1st floor lobby</p> <p> 10:15am Who, What and Where Game, 1st floor lobby</p> <p> 2:00pm Resident birthday party with the piano man, DR</p>	<p> 9:30am Shopping at ALDIs, 1st floor lobby</p> <p> 2:00pm Wii Bowling, 1st floor lobby</p>	<p> 10:00am Chair Zumba, 1st floor lobby</p> <p> 2:00pm Rummikub Game - Resident Directed, AC</p> <p> 6:30pm Trunk or Treat Event, PL</p>	<p> 10:00am Thinking Games- Sassy Squirrel, 1st floor lobby</p> <p> 2:00pm Bingo with Susan, DR</p>
29	30	31			MEETING PLACES	DIMENSIONS OF WELLNESS
<p> 9:00am Church on TV In Front Lobby, 1st floor lobby</p> <p> 10:00am Thinking Games- Yellow and Orange, 1st floor lobby</p> <p> 1:30pm Movie in Media Room, MR</p>	<p> 10:00am Chair Zumba, 1st floor lobby</p> <p> 10:15am "Corny" Halloween Jokes, 1st floor lobby</p> <p> 1:00pm Non-Denominational Bible Study, 2FLAC</p> <p> 2:00pm Halloween Themed Bingo, DR</p>	<p> 8:00am Essential Only Dr's Appointments, 1st floor lobby</p> <p> 10:00am Resident Directed Activities, APT</p> <p> 10:00am Walking Club Outdoors or Indoors, 2nd floor common area</p> <p> 2:00pm Card Flip with Marilyn A, DR</p> <p> 7:00pm Movie Night Feature- Madea Boo Movie, DR</p>		<p>Activities are subject to change</p> 	<p>MR - Second Floor Media Room</p> <p>AC - Activity center</p> <p>2FLAC - 2nd Floor Lobby and Activity Center</p> <p>DR - Dining room</p> <p>APT - In Your Apt</p> <p>PL - Front parking lot</p>	<div> Physical</div> <div> Spiritual</div> <div> Vocational</div> <div> Intellectual</div> <div> Emotional</div> <div> Environmental</div> <div> Social</div>

