



APRIL 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- C** Second Floor T.V. Lounge
- J** Off Sight
- X** Country Store
- F** Third Floor Fitness Circle
- E** Third Floor Library
- D** Second Floor Activity Room
- B** Lobby
- A** Dining room

Open to Public Events

April 10

Free cell phone sign-up

April 29

Music with Bryan Foggs/ Soda Float

ACTIVITIES ARE SUBJECT TO CHANGE

| | | | | | | | |
|--|--|--|---|--|---|--|---|
| | | <p>01</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>1:00 Poker Club E</p> <p>2:00 Cover the Number D</p> <p>6:00 Crochet Club D</p> | <p>02</p> <p>8:00 Essential Medical Transport B</p> <p>10:00 Country Store X</p> <p>2:00 Movie Matinee C</p> <p>6:30 Table Games D</p> | <p>03</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>11:00 Mary's Market A</p> <p>1:00 Poker Club E</p> <p>6:00 Crochet Club D</p> | <p>04</p> <p>8:30 Thursday Challenge - B</p> <p>10:00 Shopping at Walmart J</p> <p>1:00 Country Store X</p> <p>1:00 Menu Committee Meeting D</p> <p>2:00 Wii bowling with staff F</p> <p>3:00 Cardinals Opening day snacks C</p> | <p>05</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>2:00 Yahtzee D</p> <p>6:00 Crochet Club D</p> | <p>06</p> <p>9:00 Pick Up Your Puzzle Pages B</p> <p>10:00 Bible Study D</p> <p>1:00 Dirty Poker D</p> |
| <p>07</p> <p>10:00 Catholic Church Services C</p> <p>2:30 Bingo A</p> | <p>08</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>12:15 Solar Eclipse Outing to Maryville Cambridge J</p> <p>12:45 O'Fallon Public Safety Education D</p> <p>1:00 Poker Club E</p> <p>6:00 Crochet Club D</p> | <p>09</p> <p>8:00 Essential Medical Transport B</p> <p>10:00 Country Store X</p> <p>2:00 Movie Matinee C</p> <p>6:30 Table Games D</p> | <p>10</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>10:00 Pet Therapy, Play time with Esther D</p> <p>10:30 Communion with Rev. Joe C</p> <p>11:00 Mary's Market A</p> <p>1:00 Poker Club E</p> <p>2:00 Free Cell Phone sign up D</p> <p>6:00 Crochet Club D</p> | <p>11</p> <p>8:30 Thursday Challenge - B</p> <p>10:00 Shopping at Dollar Tree J</p> <p>1:00 Country Store X</p> <p>2:30 Resident Council Meeting A</p> <p>6:00 Movie: C</p> | <p>12</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>2:00 Chair volleyball F</p> <p>6:00 Crochet Club D</p> | <p>13</p> <p>9:00 Pick Up Your Puzzle Pages B</p> <p>10:00 Bible Study D</p> <p>1:00 Pinochle Club D</p> | |
| <p>14</p> <p>10:00 Catholic Church Services C</p> <p>2:30 Bingo A</p> | <p>15</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>1:00 Poker Club E</p> <p>2:00 Shuffleboard D</p> <p>6:00 Crochet Club D</p> | <p>16</p> <p>8:00 Essential Medical Transport B</p> <p>10:00 Country Store X</p> <p>10:00 Morning Chat w/ Lee A</p> <p>2:00 Movie Matinee C</p> <p>6:30 Table Games D</p> | <p>17</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>11:00 Mary's Market A</p> <p>1:00 Poker Club E</p> <p>2:00 Food Council Meeting A</p> <p>6:00 Crochet Club D</p> | <p>18</p> <p>8:30 Thursday Challenge - B</p> <p>10:00 Shopping at Walmart J</p> <p>1:00 Country Store X</p> <p>2:00 Ladies Tea Party D</p> <p>6:00 Movie: C</p> | <p>19</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>2:30 Music with Sam Brown A</p> <p>6:00 Crochet Club D</p> | <p>20</p> <p>9:00 Pick Up Your Puzzle Pages B</p> <p>10:00 Bible Study D</p> <p>1:00 Dirty Poker D</p> | |
| <p>21</p> <p>10:00 Catholic Church Services C</p> <p>2:30 Bingo A</p> | <p>22</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>11:30 Lunch out to Lotawata Creek J</p> <p>1:00 Poker Club E</p> <p>2:00 Cover the Number Game D</p> <p>6:00 Crochet Club D</p> | <p>23</p> <p>8:00 Essential Medical Transport B</p> <p>10:00 Country Store X</p> <p>2:00 Movie Matinee C</p> <p>6:30 Table Games D</p> | <p>24</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>11:00 Mary's Market A</p> <p>1:00 Poker Club E</p> <p>2:00 Wii Bowling with Maryville residents F</p> <p>6:00 Crochet Club D</p> | <p>25</p> <p>8:30 Thursday Challenge - B</p> <p>10:00 Open Transport J</p> <p>1:00 Country Store X</p> <p>2:00 Happy Hour D</p> <p>6:00 Movie: C</p> | <p>26</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>2:00 Birthday Party with Dave Sheppard A</p> <p>6:00 Crochet Club D</p> | <p>27</p> <p>9:00 Pick Up Your Puzzle Pages B</p> <p>10:00 Bible Study D</p> <p>1:00 Pinochle Club D</p> | |
| <p>28</p> <p>10:00 Catholic Church Services C</p> <p>2:30 Bingo A</p> | <p>29</p> <p>10:00 Country Store X</p> <p>10:00 Exercise/Morning March F</p> <p>1:00 Poker Club E</p> <p>2:30 Byron Foggs/Soda Float A</p> <p>6:00 Crochet Club D</p> | <p>30</p> <p>8:00 Essential Medical Transport B</p> <p>10:00 Country Store X</p> <p>1:30 Health Pro Education D</p> <p>2:00 Movie Matinee C</p> <p>6:30 Table Games D</p> | | | | | |