



FEBRUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- Dining Room
- 2nd Floor
- RSC Office/ Country Store
- Exercise Room
- First Floor Lobby
- Activity Room
- The whole building
- Library
- Reception desk
- TV Lounge
- Beauty Shop

If you would like to see an activity/event not reflected on the calendar, please see

RSC/Administrator.

Activities are subject to change.

Monthly wellness checks conducted by nursing the 1st - 5th

♥ - Activity must be signed up for prior to event.

\$ - Smart Buck Activity



Ash Distribution on 2/14  
&  
60's Chicks on 2/15  
are open to the public!  
Please invite your loved ones to join!



01

9:00 Wellness Clinic (9-11, 1-2, 2:30-3, & 6-7) ER  
9:00 Walmart Trips FFL  
1:00 \$ Cookies & Chat with Kara! FFL  
2:00 Crafts Make-up Day 2nd Flr

02

9:00 Wellness Clinic (9-11, 1-2, 2:30-3, & 6-7) ER  
10:00 \$ Chair Exercises with Michael 2nd Flr AR  
10:30 ♥ Cooking with Sandy B  
1:00 Ground Hog Day Seek! 2nd Flr  
2:00 Manicures! with Michael 2nd Flr

03

9:00 Wellness Clinic (9-11, 1-2, 2:30-3, & 6-7) ER  
10:00 Bible Study LIB  
10:30 Weekly Chronicles & Word Games (pick up) RCD

04

9:00 Wellness Clinic (9-11, 1-2, 2:30-3, & 6-7) ER  
9:30 TV Stream - church services FFL  
1:00 Sunday Matinee Movie TV

05

9:00 Wellness Clinic (9-11, 1-2, 2:30-3, & 6-7) ER  
10:30 Country Store Open (10:30 -11) CS  
1:00 \$ Exercise Games with Michael 2nd Flr  
1:30 Opposite Words with Michael 2nd Flr  
2:30 \$ iN2L Trivia 2nd Flr

06

8:30 Doctor Appointments/Open Transportation RCD  
9:00 Walmart trips FFL  
1:00 \$ Discovery Series with Therapy 2nd Flr

07

10:00 Beautician BS  
10:00 \$ Exercises with Bands 2nd Flr CS  
1:00 Country Store Open (1 - 1:30)  
2:00 Bingo with Michael DR

08

10:00 Country Store Open (10 - 10:30) CS  
11:00 ♥ Luncheon - Fire-n-Smoke FFL  
1:00 \$ Cookies & Chat with Kara! FFL  
2:00 ♥ Crafts with Michael 2nd Flr

09

10:00 \$ Chair Exercises with Michael 2nd Flr  
10:30 Country Store Open (10:30 -11) CS  
1:00 Activity / Calendar Meeting 2nd Flr  
2:00 Happy Hour! DR

10

9:00 Card Games - activity room 2nd Flr  
10:00 Bible Study LIB  
10:30 Weekly Chronicles & Word Games (pick up) RCD

11

9:00 Super Bowl game day goodies RCD  
9:30 TV Stream - church services FFL  
1:00 Sunday Matinee Movie TV

12

10:00 \$ Breakfast Trivia! 2nd Flr  
10:30 \$ Coffee Group! 2nd Flr  
1:00 \$ Exercise Games with Michael 2nd Flr  
1:00 ♥ Ceramics AR  
1:30 Country Store Open (1:30 -2) CS  
2:30 Scattergories and Blank 2nd

13

8:30 Doctor Appointments/Open Transportation RCD  
9:00 Walmart trips FFL  
2:00 Mardi Gras Celebration! DR



14 Valentine's Day

10:00 Beautician BS  
10:00 \$ Exercises with Bands 2nd Flr TV  
10:30 Ash Distribution OMOPH  
1:00 Country Store Open (1 - 1:30) CS  
2:00 Valentine's Day Party DR  
3:15 Partners for Pets FFL

15

9:00 Walmart Trips FFL  
1:00 \$ Cookies & Chat with Kara! FFL  
2:00 60's Chicks Live!!! DR

16

10:00 \$ Chair Exercises with Michael 2nd Flr  
1:00 Country Store Open (1 - 1:30) CS  
1:30 Manicures! with Michael 2nd Flr

17

10:00 Bible Study LIB  
10:30 Weekly Chronicles & Word Games (pick up) RCD

18

9:30 TV Stream - church services FFL  
1:00 Sunday Matinee Movie TV

19 President's Day

9:00 ♥ Breakfast with the boys! 2nd Flr  
1:00 \$ Exercise Games with Michael 2nd Flr  
1:30 Country Store Open (1:30 -2) CS  
2:00 iN2L - President's Day Trivia with Michael 2nd Flr  
3:00 Rummage Event!!! 2nd Flr

20

8:30 Doctor Appointments/Open Transportation RCD  
9:00 Walmart trips FFL  
2:00 \$ Resident Council DR  
2:30 \$ Food Council DR

21

10:00 Beautician BS  
10:00 \$ Exercises with Bands 2nd Flr CS  
1:00 Country Store Open (1 - 1:30)  
2:00 Bingo with Michael DR

22

10:00 Country Store Open (10 - 10:30) CS  
10:30 ♥ Luncheon - Santino's Italian Restaurant FFL  
2:00 Happy Hour! DR

23

10:00 \$ Chair Exercises with Michael 2nd Flr  
1:00 Country Store Open (1 - 1:30) CS  
2:00 Monthly Birthdays Party DR

24

9:00 Card Games - activity room 2nd Flr  
10:00 Bible Study LIB  
10:30 Weekly Chronicles & Word Games (pick up) RCD

25

9:30 TV Stream - church services FFL  
1:00 Sunday Matinee Movie TV

26

10:00 \$ Coffee Group! 2nd Flr  
10:30 Country Store Open (10:30 -11) CS  
1:00 \$ Exercise Games with Michael 2nd Flr  
1:00 ♥ Ceramics AR  
2:00 Online Safety & Digital Day with Michael! 2nd Flr

27

8:30 Doctor Appointments/Open Transportation RCD  
9:00 Walmart trips FFL

28

9:30 Mother of Perpetual Help Communion TV  
10:00 Beautician BS  
10:00 \$ Exercises with Bands 2nd Flr CS  
1:00 Country Store Open (1 - 1:30)  
2:00 Bingo with Michael DR  
3:15 Partners for Pets FFL

29

9:00 Walmart Trips FFL  
1:00 \$ Cookies & Chat with Kara! FFL  
2:00 Winter Chili Cook-off! DR

