**JANUARY 2024 SUNDAY** TUESDAY **WEDNESDAY** MOND IURSDAY 03 New Year's Day 01 04 **Dimensions of Wellness** 9:00 Wellness Clinic (9-11, 1-2, ER 9:00 Wellness Clinic (9-11, 1-2, 8:30 Doctor 9:00 🚦 Wellness Clinic (9-11, 1-2, 🛛 🗉 Physical 2:30-3, & 6-7) Appointments/Open 2:30-3, & 6-7) 2:30-3, & 6-7) 10:00 \$ Coffee Group! Transportation 0:00 Beautician 9:00 🛯 Walmart Trips Emotional 9:00 Wellness Clinic (9-11, 1-2, ER 10:00 **\$** Exercises with Bands 11:00 V Cooking w/ Sandy! Flr 2n 🕊 Spiritual Cambridge House 10:30 Country Store Open 2:30-3, & 6-7) Flr 2:00 SMART BUCKS Environmental (10:30 - 11) 9:00 Walmart trips 10:30 Country Store Open DRAWING!!!!!!! Maryville 1:00 **\$** Chair Exercises (10:30 - 11) 2nd 2:00 Live Entertainment w/ Vocational 60 2:00 Bingo with Michael Flr The Nitpickers DR Social 3:15 Partners for Pets FFL lntellectual 07 08 09 10 11 **Meeting Places** 9:30 TV Stream - church 10:30 Country Store Open 8:30 Doctor RCE 10:00 Beautician 10:00 Country Store Open (10 **Dining Room** (10:30 - 11) 10:00 \$ Exercises with Bands DR Appointments/Open - 10:30) services 2n 2nd Floor 1:00 Sunday Matinee Movie 1:00 \$ Exercise Games with Transportation 11:00 🚦 🎔 Luncheon -2nd FFL 10:30 Country Store Open Michael 9:00 Walmart trips Spring Garden Flr 2:00 \$ Matching Baby Animals! 1:15 Discovery Series with (10:30 - 11) 1:00 \$ Cookies & Chat with 2nd RSC Office/ Country Store CS 2:00 Bingo with Michael DR Therapy Flr Kara! Exercise Room ER 3:00 🚦 \$ iN2L Trivia 2:00 | Happy Hour! Reception desk RCD Flr First Floor Lobby FFL BS Beauty Shop Activity Room AR Birthday of Martin 17 16 18 14 15 LIB Library Luther King, Jr. TV TV Lounge 9:30 TV Stream - church 8:30 Doctor 10:00 Beautician 9:00 Walmart Trips RCD EEI 9:00 MLK Jr. Activity 10:00 **\$** Exercises with Bands 11:00 🖤 Cooking w/ Sandy! services Appointments/Open Handouts! 1:00 Sunday Matinee Movie Transportation 1:00 \$ iN2L Brain Exercises If you would like to see an 10:00 \$ Chair Exercises 2nd 9:00 Walmart trips FFL 10:30 Country Store Open with Michael Flr 2:00 \$ Resident Council DR (10:30 - 11) 2:00 Monthly Birthdays activity/event not reflected on AR 2:30 \$ Food Council 1:00 Veramics DR 2:00 Bingo with Michael Party FFL 3:15 Partners for Pets the calendar, please see RSC/Administrator. 22 23 24 21 25 Activities are subject to change. 9:30 TV Stream - church 10:30 Country Store Open 8:30 Doctor RCD 9:30 Mother of Perpetual 10:00 Country Store Open (10 FFL TV (10:30 - 11) Appointments/Open Help Communion 10:30) services 1:00 🚦 \$ Exercise Games with 1:00 | Sunday Matinee Movie Transportation 0:00 Beautician 11:00 🚦 🎔 Luncheon - New China 🗄 9:00 Walmart trips FFL 10:00 \$ Exercises with Bands 1:00 | \$ Cookies & Chat with Michael Monthly wellness checks 1:30 **V** Crafts with Michael 2:00 Live Entertainment w/ Kara! 1:00 Country Store Open (1 -2:00 Snowball Fight! **Tommy Tunes** conducted by nursing the 1st -2:00 **\$** Opposite Words with 1:30) 2:00 Bingo with Michael Michael 5th 7:00 Night at the Movies w/ DR Michael 29 30 31 28 9:30 TV Stream - church FFL 10:00 **\$ Coffee Group!** 8:30 Doctor RCE 10:00 Beautician Appointments/Open 10:00 **\$** Exercises with Bands services Activity must be signed up for 1:00 Sunday Matinee Movie 10:30 Country Store Open Transportation (10:30 - 11) 9:00 Walmart trips FFL 10:30 Country Store Open prior to event. 1:00 **\$** Exercise Games with 1:00 🚦 🎔 Cooking with AR (10:30 - 11)

Dietary

AR

2:00 Bingo with Michael

3:15 Partners for Pets

DR

FFL

Michael

2:00 Scattergories and Blank

1:00 **V** Ceramics

Slate

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**FRIDAY** 

## **SATURDAY**

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ER FFL AR DR	<b>05</b> 9:00 Wellness Clinic (9-11, 1-2, 2:30-3, & 6-7) 10:00 \$ Chair Exercises with Michael 10:30 Country Store Open (10:30 -11) 1:30 Manicures! with Michael	ER 2nd Flr CS 2nd Flr		Bible Study Weekly Chronicles & Word Games (pick up)	LIB RCD
CS FFL FFL DR	<ul> <li>12</li> <li>10:00 \$ Chair Exercises with Michael</li> <li>10:30 Country Store Open (10:30 -11)</li> <li>2:00 Bingo w/ Kara!</li> </ul>	2nd Flr CS 2nd Flr	10:00	Card Games - activity room Bible Study Weekly Chronicles & Word Games (pick up)	2nd Flr LIB RCD
FFL AR 2nd Flr DR	<ul> <li>19</li> <li>10:00 \$ Chair Exercises with Michael</li> <li>10:30 Country Store Open (10:30 - 11)</li> <li>1:30 Popcorn and Manicures! with Michael</li> </ul>	2nd Flr CS 2nd Flr		Bible Study Weekly Chronicles & Word Games (pick up)	LIB RCD
CS FFL FFL DR	26 10:00 \$ Chair Exercises with Michael 10:30 Country Store Open (10:30 -11) 2:00 Cake Walk!	2nd Flr CS DR	10:00	Card Games - activity room Bible Study Weekly Chronicles & Word Games (pick up)	2nd Flr LIB RCD
	BHUROHUMTAL BHUROHUMTAL Dimensions of Wellness Wardington Condition Structure Conditio			IVES HERE Ask us about our IN2L technology	