

Happy Holidays!

DECEMBER 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual

Meeting Places

- 2nd Flr** 2nd Floor
- AR** Activity Room
- 3rd Flr** Shuffleboard
- DR** Dining Room
- CS** RSC Office/ Country Store
- RCD** Reception desk
- FFL** First Floor Lobby
- ER** Exercise Room
- LIB** Library
- TV** TV Lounge
- BS** Beauty Shop
- Out** Outdoors

If you would like to see an activity/event not reflected on the calendar, please see RSC/Administrator.

Activities are subject to change.

Monthly wellness checks conducted by nursing the 1st - 5th

♥ - Activity must be signed up for prior to event.

\$ - Smart Buck Activity

Dec 31

- 9:30 TV Stream - church services **FFL**
- 1:00 Sunday Matinee Movie **TV**



Entertainment on 12/14 & 12/22 and Hanging out with Reindeer on 12/7 are open to the public!



01

- 9:00 Wellness Clinic (9-11, 1-2, 2:30-3, & 6-7) **ER**
- 10:00 \$ Chair Exercises with Michael **2nd Flr**
- 10:30 Country Store Open (10:30 -11) **CS**
- 2:00 Ornaments! **AR**

02

- 9:00 Wellness Clinic (9-11, 1-2, 2:30-3, & 6-7) **ER**
- 9:00 Card Games - activity room **2nd Flr**
- 10:00 Bible Study **LIB**
- 10:30 Weekly Chronicles & Word Games (pick up) **RCD**

03

- 9:00 Wellness Clinic (9-11, 1-2, 2:30-3, & 6-7) **ER**
- 9:30 TV Stream - church services **FFL**
- 1:00 Sunday Matinee Movie **TV**

04

- 9:00 Wellness Clinic (9-11, 1-2, 2:30-3, & 6-7) **ER**
- 10:00 Mother of Perpetual Help Communion **TV**
- 10:30 Country Store Open (10:30 -11) **CS**
- 1:00 \$ Exercise Games with Michael **2nd Flr**
- 2:00 National Cookie Day! Come decorate some **AR**

05

- 8:30 Doctor Appointments/Open Transportation **RCD**
- 9:00 Wellness Clinic (9-11, 1-2, 2:30-3, & 6-7) **ER**
- 9:00 Walmart trips **FFL**
- 2:00 History of Christmas presented by Nick **DR**

06

- 10:00 \$ Exercises with Bands **2nd Flr**
- 10:00 Beautician **BS**
- 10:30 Country Store Open (10:30 -11) **CS**
- 1:00 Copper Creek Christian Church **TV**
- 2:00 Bingo with Michael **DR**
- 3:15 Partners for Pets **FFL**

07

- 9:00 Walmart Trips **FFL**
- 1:00 \$ Cookies & Chat with Kara! **FFL**
- 2:00 Hanging Out with Reindeer! **Out**



08

- 10:00 \$ Chair Exercises with Michael **2nd Flr**
- 10:30 Country Store Open (10:30 -11) **CS**
- 2:00 Winter Trivia with Michael **2nd Flr**
- 3:00 Manicures! with Michael **2nd Flr**

09

- 10:00 Bible Study **LIB**
- 10:30 Weekly Chronicles & Word Games (pick up) **RCD**

10

- 9:30 Bingo with Kara! **2nd Flr**
- 9:30 TV Stream - church services **FFL**
- 1:00 Sunday Matinee Movie **TV**

11

- 10:30 Calendar and Activity Group **2nd Flr**
- 1:00 \$ Exercise Games with Michael **2nd Flr**
- 1:00 ♥ Ceramics **AR**
- 2:00 Scattergories and Blank Slate **2nd Flr**
- 6:00 ♥ Christmas Lights at Our Lady of Snows! **FFL**

12

- 10:00 Country Store Open (10 - 10:30) **CS**
- 1:30 Resident Christmas Party! and Shining Star! **DR**

13

- 8:30 Doctor Appointments/Open Transportation **RCD**
- 9:00 Walmart trips **FFL**
- 10:00 Beautician **BS**
- 10:00 \$ Exercises with Bands **2nd Flr**
- 2:00 Stockings! **2nd Flr**

14

- 10:00 Country Store Open (10 - 10:30) **CS**
- 1:00 \$ Cookies & Chat with Kara! **FFL**
- 2:00 Elvis Live!!! **DR**
- 3:30 \$ iN2L Brain Exercises with Michael **2nd Flr**
- 6:00 ♥ Christmas Lights at Our Lady of Snows! **FFL**

15

- 10:00 \$ Chair Exercises with Michael **2nd Flr**
- 10:30 Country Store Open (10:30 -11) **CS**
- 2:00 Happy Hour! **DR**

16

- 9:00 Card Games - activity room **2nd Flr**
- 10:00 Bible Study **LIB**
- 10:30 Weekly Chronicles & Word Games (pick up) **RCD**

17

- 9:30 TV Stream - church services **FFL**
- 1:00 Sunday Matinee Movie **TV**

18

- 10:00 \$ Exercise Games with Michael **2nd Flr**
- 10:30 \$ Coffee Group! **2nd Flr**
- 1:00 Country Store Open (10:30 -11) **CS**
- 1:00 ♥ Ceramics **AR**
- 2:00 Shuffleboard with Michael **3rd Flr**

19

- 8:30 Doctor Appointments/Open Transportation **RCD**
- 9:00 Walmart trips **FFL**
- 2:00 \$ Resident Council **DR**
- 2:30 \$ Food Council **DR**

20

- 10:00 Beautician **BS**
- 10:00 \$ Exercises with Bands **2nd Flr**
- 10:30 Country Store Open (10:30 -11) **CS**
- 1:30 Employee Christmas Party **2nd Flr**
- 3:15 Partners for Pets **FFL**

21

- 9:00 Walmart Trips **FFL**
- 2:00 Christmas Door Winners and Snowy Treats! **DR**
- 3:30 \$ iN2L Brain Exercises with Michael **2nd Flr**

22

- 10:00 \$ Chair Exercises with Michael **2nd Flr**
- 10:30 Country Store Open (10:30 -11) **CS**
- 2:00 Entertainment - Dave Sheppard **DR**
- 3:00 Manicures! with Michael **2nd Flr**

23

- 10:00 Bible Study **LIB**
- 10:30 Weekly Chronicles & Word Games (pick up) **RCD**

24

- 9:30 TV Stream - church services **FFL**
- 1:00 Sunday Matinee Movie **TV**

25

- Christmas Day**
- 10:00 \$ Resident led chair exercises **2nd Flr**
 - 1:00 Puzzles of Christmas Past! **RCD**



26

- 8:30 Doctor Appointments/Open Transportation **RCD**
- 9:00 Walmart trips **FFL**
- 1:00 Discovery Series with Therapy **2nd Flr**
- 2:00 Candy Canes and Cocoa! **DR**

27

- 10:00 Beautician **BS**
- 10:00 \$ Exercises with Bands **2nd Flr**
- 10:30 Country Store Open (10:30 -11) **CS**
- 2:00 Bingo with Michael **DR**

28

- 10:00 Country Store Open (10 - 10:30) **CS**
- 1:00 \$ Cookies & Chat with Kara! **FFL**
- 2:00 Monthly Birthday Party **DR**
- 3:30 \$ iN2L Brain Exercises with Michael **2nd Flr**

29

- 10:00 \$ Chair Exercises with Michael **2nd Flr**
- 10:30 Country Store Open (10:30 -11) **CS**
- 1:00 ♥ Cooking with Dietary **AR**
- 2:00 Happy Hour! **DR**

30

- 9:00 Card Games - activity room **2nd Flr**
- 10:00 Bible Study **LIB**
- 10:30 Weekly Chronicles & Word Games (pick up) **RCD**