



NOVEMBER 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<div>Dimensions of Wellness</div> <div><div>Physical</div><div>Emotional</div><div>Spiritual</div><div>Environmental</div><div>Vocational</div><div>Social</div><div>Intellectual</div></div> <div>Meeting Places</div> <div><div>2nd</div>2nd Floor</div> <div><div>Flr</div></div> <div><div>DR</div>Dining Room</div> <div><div>CS</div>RSC Office/ Country Store</div> <div><div>ER</div>Exercise Room</div> <div><div>BS</div>Beauty Shop</div> <div><div>TV</div>TV Lounge</div> <div><div>FFL</div>First Floor Lobby</div> <div><div>LIB</div>Library</div> <div><div>RCD</div>Reception desk</div> <div><div>AR</div>Activity Room</div> <div><div>NBC</div>Live on NBC</div>
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If you would like to see an activity/event not reflected on the calendar, please see RSC/Administrator.

Activities are subject to change.

Monthly wellness checks conducted by nursing the 1st - 5th

♥ - Activity must be signed up for prior to event.

\$ - Smart Buck Activity