

November 2018

Berkeley Oaks

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 5 th -Steven P.				1 9:00 Exercise 9:30 Make Turkeys 10:00 Snack & Daily Chronicles 10:30 Hot Potato 11:00 Short Stories 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Yahtzee 3:30 More Clue Trivia 4:00 Reminiscing with soft music 6:00 Puzzles & Table Games	2 9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 10:30 Make A Gratitude Tree 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Table Games 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Floor Games	3 9:00 Exercise 9:30 Bean Bag Toss 10:00 Snack & Daily Chronicles 10:30 Turkey Ticklers 11:00 Wise Sayings Fill in the Blank 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Floor Games 3:30 Adult Coloring 4:00 Reminiscing with soft music 6:00 Television Time
4	5	6	7	8	9	10
9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 10:30 The Daily Bread 11:00 Hymn Music (Youtube) 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Trivia 3:30 Table Games 4:00 Reminiscing with soft music 6:00 Television Time	9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 10:30 Crafts-make pillows 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Story Time 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Floor Games	9:00 Exercise 9:30 Toss & Kickball 10:00 Bible Study & Snack 10:30 Make Banana Pudding 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Table Games & Puzzles 3:30 Trivia 4:00 Reminiscing with soft music 6:00 Adult Coloring & soft music	9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Chat 10:30 Missing Letters 11:00 Turkey Ticklers 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Outside Time 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Movie & Popcorn	9:00 Exercise 9:30 Toss & Kickball 10:00 Snack & Daily Chronicles 10:30 Entertainment with Jack Enea 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Yahtzee 3:30 More Clue Trivia 4:00 Music Time 4:00 Reminiscing with soft music 6:00 Puzzles & Table Games	9:00 Zumba with Peggy 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 10:30 Make Thanksgiving Cards 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Table Games 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Floor Games	9:00 Exercise 9:30 Bean Bag Toss 10:00 Snack & Daily Chronicles 10:30 States & Cities 11:00 Wise Sayings Fill in the Blank 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Floor Games 3:30 Adult Coloring 4:00 Reminiscing with soft music 6:00 Television Time
11	12	13	14	15	16	17
9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 11:00 Hymn Music (Youtube) 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Trivia 3:30 Table Games 4:00 Reminiscing with soft music 6:00 Television Time	9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 11:00 We Salute Our Veterans 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Story Time 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Floor Games	9:00 Exercise 9:30 Toss & Kickball 10:00 Snack & Daily Chronicles 10:30 Make Apple Cinnamon muffins 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Table Games & Puzzles 3:30 Trivia 4:00 Reminiscing with soft music 6:00 Adult Coloring & soft music	9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Chat 10:30 Crafts-Thanksgiving decorations 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Outside Time 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Movie & Popcorn	9:00 Exercise 9:30 Toss & Kickball 10:00 Snack & Daily Chronicles 10:30 Hunter O'Neille Performs 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Yahtzee 3:30 More Clue Trivia 4:00 Reminiscing with soft music 6:00 Puzzles & Table Games	9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 10:30 Travelogue-Ethiopia 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Table Games 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Floor Games	9:00 Exercise 9:30 Bean Bag Toss 10:00 Snack & Daily Chronicles 10:30 Turkey Ticklers 11:00 Wise Sayings Fill in the Blank 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Floor Games 3:30 Adult Coloring 4:00 Reminiscing with soft music 6:00 Television Time
18	19	20	21	22	23	24
9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 11:00 Hymn Music (Youtube) 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Trivia 3:30 Table Games 4:00 Reminiscing with soft music 6:00 Television Time	9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 10:30 Make Popcorn Turkeys 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Story Time 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Floor Games	9:00 Exercise 9:30 Toss & Kickball 10:00 Bible Study & Snack 10:30 Balloon Volleyball 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Table Games & Puzzles 3:30 Trivia 4:00 Reminiscing with soft music 6:00 Adult Coloring & soft music	9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Chat 10:30 History of the White House 11:00 Charades 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Outside Time 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Movie & Popcorn	9:00 Exercise 9:30 Macy's Thanksgiving Parade-TV 10:00 Snack & Daily Chronicles 10:30 Thanksgiving Trivia 11:30 Hand Washing 4 Lunch 12:00 Family Thanksgiving Meal 1:00 Thanksgiving entertainment w/Dan 2:00 Snack & Chat 2:30 Yahtzee 3:30 Turkey Ticklers 4:00 Reminiscing with soft music 6:00 Puzzles & Table Games	9:00 Zumba with Peggy 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 10:30 Turkey Bingo 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Table Games 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Floor Games	9:00 Exercise 9:30 Bean Bag Toss 10:00 Snack & Daily Chronicles 10:30 States & Capitals 11:00 Wise Sayings Fill in the Blank 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Floor Games 3:30 Adult Coloring 4:00 Reminiscing with soft music 6:00 Television Time
25	26	27	28	29	30	DIMENSIONS OF WELLNESS
9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 11:00 Hymn Music (Youtube) 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Trivia 3:30 Table Games 4:00 Reminiscing with soft music 6:00 Television Time	9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 10:30 Music with Jack Gorman 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Star of the Month-Charles Bronson 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Floor Games	9:00 Exercise 9:30 Toss & Kickball 10:00 Daily Chronicles & Stories 10:00 Make Smores 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Table Games & Puzzles 3:30 Trivia 4:00 Reminiscing with soft music 6:00 Adult Coloring & soft music	9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Chat 10:30 States & Capitals 11:00 Charades 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Outside Time 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Movie & Popcorn	9:00 Exercise 9:30 Toss & Kickball 10:00 Snack & Daily Chronicles 10:30 it's Addition 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Yahtzee 3:30 More Clue Trivia 4:00 Reminiscing with soft music 6:00 Puzzles & Table Games	9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack & Daily Chronicles 11:00 Number Bingo 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time/One-on-One 2:00 Snack & Chat 2:30 Table Games 3:30 Daily Chronicle & Readings 4:00 Reminiscing with soft music 6:00 Floor Games	Physical Spiritual Vocational Intellectual Purposeful Emotional Environmental Social Nutritional